

that continue to support apartheid, while maintaining active professional relationships with those who advocate ending apartheid and the development of an integrated, unitary health service and who can be seen to be working towards those ends. (As an example, those responsible for education in medicine and nursing are likely to be helped in their difficult task by support, following the recent desegregation of such education, given the enormous discrepancies which currently exist in the education provided for different racial groups.)

- (3) In view of the pace of change possible in South Africa, the President of the Royal College of Psychiatrists should review the time-scale of the College's activities and consider whether an official visit should take place in advance of the two years previously proposed by the Resolution passed by the Annual Meeting in 1989, in order to examine the role and anti-apartheid activities of the Society of Psychiatrists of South Africa (see particular recommendations below).
- (4) The delegation believes that there would be significant advantages of continuity if the delegation which makes the future official visit includes those members who made the preliminary visit and this is recommended. The impact of the future visit and recommendations stemming from it are important, and it is suggested that the future delegation should be augmented by one or two additional members

and that one of these should be a very senior member of the College, such as an ex-President. The delegation should be multi-racial.

The Society of Psychiatrists of South Africa

- (1) The Royal College of Psychiatrists should take note that the SPSA may wish to examine its current position in relation to the provision of psychiatric, mental health and primary health care services in South Africa.
- (2) The Society could adopt a higher profile as a representative professional body giving advice to the South African government. It could liaise more actively with other organisations such as MASA, NAMDA, OASSSA and SAHWCO, in order that co-ordinated, multidisciplinary opinions and responses can be provided.
- (3) The delegation thinks that, if the Society wishes to become more effective, it should implement organisational changes which were under consideration at the time of the visit, e.g., lengthening the term of office of the Chairman and Secretary.

FIONA CALDICOTT
RICHARD WILLIAMS
PETER RICE

*Approved by the Executive
and Finance Committee
February 1991*

The Morris Markowe Prize

Entries for this public education prize should be submitted by 1 May 1991.

Last year's entries were varied and interesting, but few authors had the knack of making what they had to say pithy and pertinent for lay readers. We are not looking for under-referenced, watered-down scientific papers. Be erudite by all means, but be a journalist too: keep it simple, keep it short, make the

message plain, and on an up-beat. A paper which makes excellent use of a case history is available from Deborah Hart at the College. The College's 'Help is at Hand' leaflets are also good examples.

So, if you want to have a go, set your sights a little low – and have fun!

BRUCE PITT