

P-524 - TREATMENT OF DEPRESSION WITH BUPROPION IN COMMUNITY MENTAL HEALTH CENTER - CASE REPORT

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Background: Depression as a disease of modern times is constantly growing and it is regarded as a global, medical, individual and economic problem. Special importance have major depressive episodes (first or recurrent) with resistance to pharmacotherapy with antidepressants.

Aim: Main goal of this paper is to demonstrate the realibility of using the antidepressant with dual mechanism of action (bupropion).

Methods: Case study of elderly female patient of CMHC Prijedor with recurrent major depressive episode from author's practice and using data from a patient's file, with follow up period of 28 weeks after the first visit at CMHC Prijedor.

Results: After resistance on first-line pharmacotherapy (SSRI antidepressant) we achieved a positive development and progressive improvement of patient's condition with better involvement to other parts of the therapeutic process (psycho- and socio-therapy) after 4 weeks of use of bupropion in a single daily dose of 150 mg^{[1][2]}.

Conclusions: Bupropion is a drug of choice for the treatment of major depressive episode, especially for inhibited depression, and in a single daily dose of 150 mg is antidepressant of choice for the elderly with depression^[3].