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DIFFERENCES BETWEEN PATIENTS OF A MEDIUM STAY UNIT DEPENDING ON THE DERIVATION UNIT

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Aims: The medium stay unit of the hospital of Zamudio is a psychiatric hospitalization unit where serious patients are admitted, specially those with psychotic and affective disorders. The complexity of the pathology extends the average stay of hospitalization with an average of 60 days to improve.

There are 2 derivation units from which medium stay takes patients:

- Short stay unit from the Hospital of Cruces;
- Short stay unit from the Hospital of Zamudio.

Methods: It is analyzed, retrospectively, the profile of patients in a medium stay unit comparing the derivation unit they come from in 2007.

Results and conclusions: There are no statistically significant differences in the number of patients derived from the diverse units. The sociodemographic and administrative profile of the patients is similar in both groups: a single middle aged (between 45-50 years old) that is hospitalized knowingly (63%). The average stay at hospital is 55 days.

Attending to the clinical profile we concluded that patients derived from the Hospital of Zamudio suffer from Bipolar disorder as main diagnosis. The rest of disorders remain similar comparing both units.