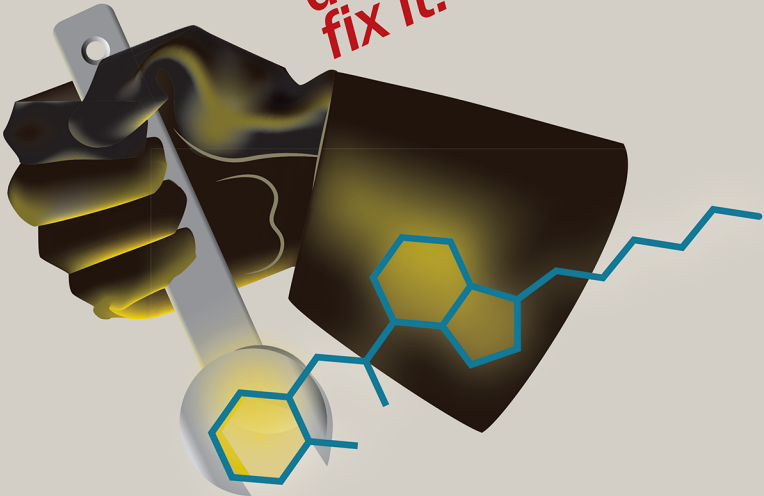


BJPsych

# Bulletin

**Vitamin D  
deficiency:  
fix it!**



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# BJPsych Bulletin

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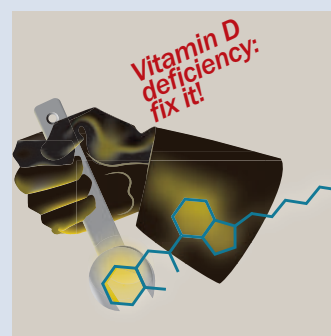
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### Cover image

In this issue, Stewart & Lewis (pp. 133–136) report evidence that adolescents admitted to tier 4 psychiatric units are at increased risk of vitamin D deficiency. The dramatic results of their survey show that less than one-fifth of adolescents tested were found to have vitamin D levels adequate for bone health. They conclude that testing for and treating vitamin D deficiency in this population should be considered part of the standard physical health assessment in this group.