

Research Paper

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Plant extracts as a natural treatment against the fish ectoparasite *Neobenedenia* sp. (Monogenea: Capsalidae)

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Abstract

The toxicity of water–ethanol extracts of garlic (*Allium sativum*), ginger (*Zingiber officinale*), basil (*Ocimum basilicum*), bitter chaparro (*Castela tortuosa*), onion (*Allium cepa*) and papaya (*Carica papaya*) against adults, eggs and oncomiracidia of *Neobenedenia* spp. parasites was examined. Parasites were exposed to continuous immersion and treated as follows: extracts were tested at three dilutions: 1:10, 1:50 and 1:100 made with filtered seawater (35 g l⁻¹); ethanol (70%) was evaluated at the same dilutions of 1:10 (7% ethanol), 1:50 (1.4% ethanol) and 1:100 (0.07% ethanol) and a seawater (35 g l⁻¹) control. The antiparasitic effect was measured on: (1) adult survival, egg production and time to detachment from the culture vessel; (2) egg development and cumulative egg hatching; and (3) oncomiracidia survival. All three dilutions of ginger and dilutions 1:100 and 1:50 of basil extract reduced adult survival *in vitro*, time to detachment from the surface of the culture vessel, egg production and oncomiracidia survival. Bitter chaparro extract reduced adult egg production and oncomiracidia survival. Hatching success was significantly reduced ($P < 0.05$) in basil extract (1:100) to 86.6% compared to the seawater control (100%). Dilutions 1:10 of ginger and basil exhibited the highest impact on the biological parameters of *Neobenedenia* sp. Our study demonstrates that water–ethanol extracts of ginger, basil and bitter chaparro are toxic against *Neobenedenia* sp. life stages.

Introduction

Neobenedenia species (Monogenea: Capsalidae) are marine parasites of finfish that cause major epidemics in marine aquaculture (Whittington, 2012). Species in this genus are reported to affect commercial cultivation of orange-spotted grouper *Epinephelus coioides*, John's snapper *Lutjanus johnii*, mangrove red snapper *Lutjanus argentimaculatus* and pinjalo *Pinjalo pinjalo* in South-East Asia (Seng, 1997); greater amberjack *Seriola dumerili*, almaco jack *Seriola rivoliana*, Japanese amberjack *Seriola quinqueradiata*, bastard halibut *Paralichthys olivaceus* and the spotted halibut *Verasper variegatus* in Japan (Ogawa *et al.*, 1995; Hirayama *et al.*, 2009; Ohno *et al.*, 2009; Hirazawa *et al.*, 2016; Sicuro & Luzzana 2016); barramundi *Lates calcarifer* in Indonesian and Australian aquaculture (Seng, 1997; Hutson *et al.*, 2012); and yellow-tail amberjack *Seriola lalandi* in Mexico (Avilés-Quevedo & Castello-Orvay, 2004).

Neobenedenia spp. are recorded from over 100 species in 30 families from five different orders from wild, aquarium and farmed teleosts worldwide (Whittington & Horton, 1996), thus prevention of parasitic infections with *Neobenedenia* spp. is difficult. The parasite exhibits a direct life cycle; adult *Neobenedenia* sp. attach to the host skin and lay filamentous eggs into the water, which hatch into ciliated larvae (oncomiracidia) that can re-infect rapidly (Whittington, 2012), initially attaching opportunistically to fish and then migrating to specific microhabitats (Trujillo-González *et al.*, 2015). In addition, eggs can entangle with each other and accumulate on the shallow areas of sea-cage nets (Shirakashi & Hirano, 2015). The typical management methods used for monogeneans are baths with freshwater, hydrogen peroxide or formalin (Thoney & Hargis, 1991). All of these treatments kill adult parasites, but leave the fish vulnerable to re-infection (Diggles *et al.*, 1993; Yoshinaga *et al.*, 2000). Oral administration of the anthelmintic praziquantel has been tested to treat monogenean parasites infecting fish and is registered for use in Japan (Forwood *et al.*, 2016); however, the drug affects the palatability of the feed and consequently the efficacy of the treatment (Partridge *et al.*, 2017).

Herbal medicines are being examined in aquaculture research as an alternative method for disease management. More than 250 plant species from 75 families and 32 orders, which can be applied orally, through immersion or intraperitoneal injection (Bulfon *et al.*, 2015), have been studied to evaluate their use as growth promoters, for prophylactic and therapeutic

control methods, and as immune system modulators (Awad & Awaad, 2017; Reverter *et al.*, 2017). The lethal effect of most plant extracts on disease agents is attributed to secondary metabolites, e.g. saponins, alkaloids, tannins, phenolics, polyphenols, lignins, glycosides and polypeptide compounds (Van Hai, 2015). Secondary metabolites have been selected by plants during evolution to fulfil a chemical defence mechanism or to act as signalling compounds in plant–animal, plant–microbe and plant–plant interactions. Structures of secondary metabolites have been identified to interfere in three main areas: in proteins, where they can act as agonists (stimulating receptors) or antagonists (receptor blockers); in DNA and RNA, including related enzymes and regulatory proteins; and in biomembranes (Wink, 2008). Most research examining the efficacy of herbal medicines in freshwater fish species has been concerned with bacterial diseases (Citarasu, 2010; Ramudu & Dash, 2013; Reverter, *et al.*, 2014; Vaseeharan & Thaya, 2014) and few studies have examined the antiparasitic effect of plants on metazoan parasite infections. Garlic-based treatments have been shown to prevent *Gyrodactylus* spp. infection in *Oreochromis niloticus* fry (Abd El-Galil & Aboelhadid, 2012) and to impede significantly hatching success, oncomiracidia longevity and infection success of *Neobenedenia* sp. infecting *L. calcarifer* (Militz *et al.*, 2013a, b). Exposure to garlic and ginger extract reduced infection with *Gyrodactylus turnbulli* in guppy *Poecilia reticulata* (Fridman *et al.*, 2014; Levy *et al.*, 2015).

Therefore, this study investigated the efficacy of six plant extracts – garlic (*Allium sativum*), ginger (*Zingiber officinale*), basil (*Ocimum basilicum*), bitter chaparro (*Castela tortuosa*), onion (*Allium cepa*) and papaya (*Carica papaya*) – against the three parasite life stages (adults, eggs and oncomiracidia) of *Neobenedenia* sp. *in vitro*, to identify potential natural treatments for the management of monogenean ectoparasites in aquaculture.

Materials and methods

Source and identification of *Neobenedenia*

Eighty yellowtail amberjack *S. lalandi* Valenciennes (average weight 150 ± 50 g) were obtained from marine cages from a local company ©Baja Seas, at Bahia Magdalena BCS, Mexico. Fish were confirmed to be infected by one species of skin parasite. Parasites were fixed in formalin 10%, stained with Gomori's trichrome and mounted in synthetic resin. Adult parasites were identified as *Neobenedenia* (fig. 1) using morphological criteria: lack of vagina, pair of haptor extrinsic muscles in body with long tendons entering haptor, presence of marginal valve and two disc-shaped anterior attachment organs (Whittington & Horton, 1996). Species differentiation could not be made for the purpose of this study, due to the lack of morphologically distinguishable characters between species and a proposed change to reinstate currently synonymized taxa (Brazenor *et al.*, in prep.). Subsequently, the species of this study will be referred as *Neobenedenia* sp. from *S. lalandi* off the Pacific coast of Mexico. Mounted specimens were accessioned in the Colección Nacional de Helmintos, Universidad Nacional Autónoma de México (CNHE 10581).

To provide the source of parasites for experiments, a laboratory infection was established. *Seriola lalandi* was maintained in four 600-litre tanks containing five fish each, with flow-through filtered seawater (salinity 36 ± 1 g l⁻¹, dissolved oxygen 5.5 ± 0.5 mg l⁻¹, temperature $26 \pm 1^\circ\text{C}$ and natural photoperiod). Fish were fed twice a day with a commercial diet (EWOS Canada Ltd., Vancouver, British Columbia, Canada), the daily feeding rate was ~3% of

body weight. Parasite eggs were obtained by using a single multifilament nylon thread (0.3 cm diameter and 30 cm length) suspended in the water, tied to the air pipe. Every 24 h the thread was examined under a stereomicroscope. The number of eggs on the thread was used as an indication of the infection level (i.e. low, <100 eggs/thread; medium, 100–499 eggs/thread; and high infection >500 eggs/thread). When the infection level was low (i.e. <100 eggs/thread), a re-infection protocol was carried out following Hirayama *et al.* (2009).

Preparation of treatments

Six plant extracts were selected, based on their potential anthelmintic properties: garlic *A. sativum*, ginger *Z. officinale*, basil *O. basilicum*, bitter chaparro *C. tortuosa*, onion *A. cepa* and papaya *C. papaya*. All extracts were water–ethanol (70%) solutions purchased from Extractos Sigma (Cuautitlán Izcalli, Mexico State, Mexico) (20% of dry ground matter/l of extract). Extracts were tested at three dilutions: 1:10, 1:50 and 1:100 made with filtered seawater (35 g l⁻¹). To determine whether the ethanol (70%) component of the extracts showed toxicity toward *Neobenedenia* life stages, a treatment with ethanol (70%) at the dilutions of 1:10 (7% ethanol), 1:50 (1.4% ethanol) and 1:100 (0.07% ethanol) was included. Dilutions were made with seawater (35 g l⁻¹). All treatments were compared to seawater 35 g l⁻¹ (control), to obtain reference values under the same experimental conditions.

Adult parasite survival, egg production and time to detachment

To obtain adult parasites (on average 10 days old at 26°C), fish from laboratory infection were anaesthetized with a solution of eugenol (3 ml (100 l)⁻¹, a natural anaesthetic recommended for parasitological studies) (Bojink *et al.*, 2016). Live parasites were carefully removed with a needle and scalpel from the surface of the host fish and transferred to a six-well flat-bottom culture vessel (15.5 ml; Becton Dickinson Labware, Franklin Lakes, New Jersey, USA). Parasites attached immediately to the bottom of the culture vessel using their haptor/anterior attachment organs (Whittington *et al.*, 2000). The effect of 24 h continuous immersion in each plant extract and ethanol (70%) at three dilutions (1:10, 1:50 and 1:100) was assessed on the survival, egg production and time for parasites to detach from the plate. Death was defined as the parasite showing no signs of motion and failing to respond to tactile and light stimuli (Fridman *et al.*, 2014). Egg production was defined as the mean number of eggs laid per parasite per day. Parasites were considered to be detached when they were completely separated from the surface of the culture vessel.

Due to the large number of adult parasites required, each treatment (plant extract and ethanol 70%) was evaluated in individual, staggered experiments, with a seawater control made for each experiment. Statistical comparisons were carried out independently for each treatment vs. their individual seawater control. All treatments and controls had six replicate wells, with five parasites per replicate well. Culture vessels were incubated at room temperature ($26 \pm 2^\circ\text{C}$) with a natural photoperiod. Parasites were monitored under a stereomicroscope every hour throughout an 8-h period. A final observation was then made 24 h after immersion.

Egg development and hatching success

Newly laid parasite eggs were collected from the laboratory infection to examine development and hatching success in the plant

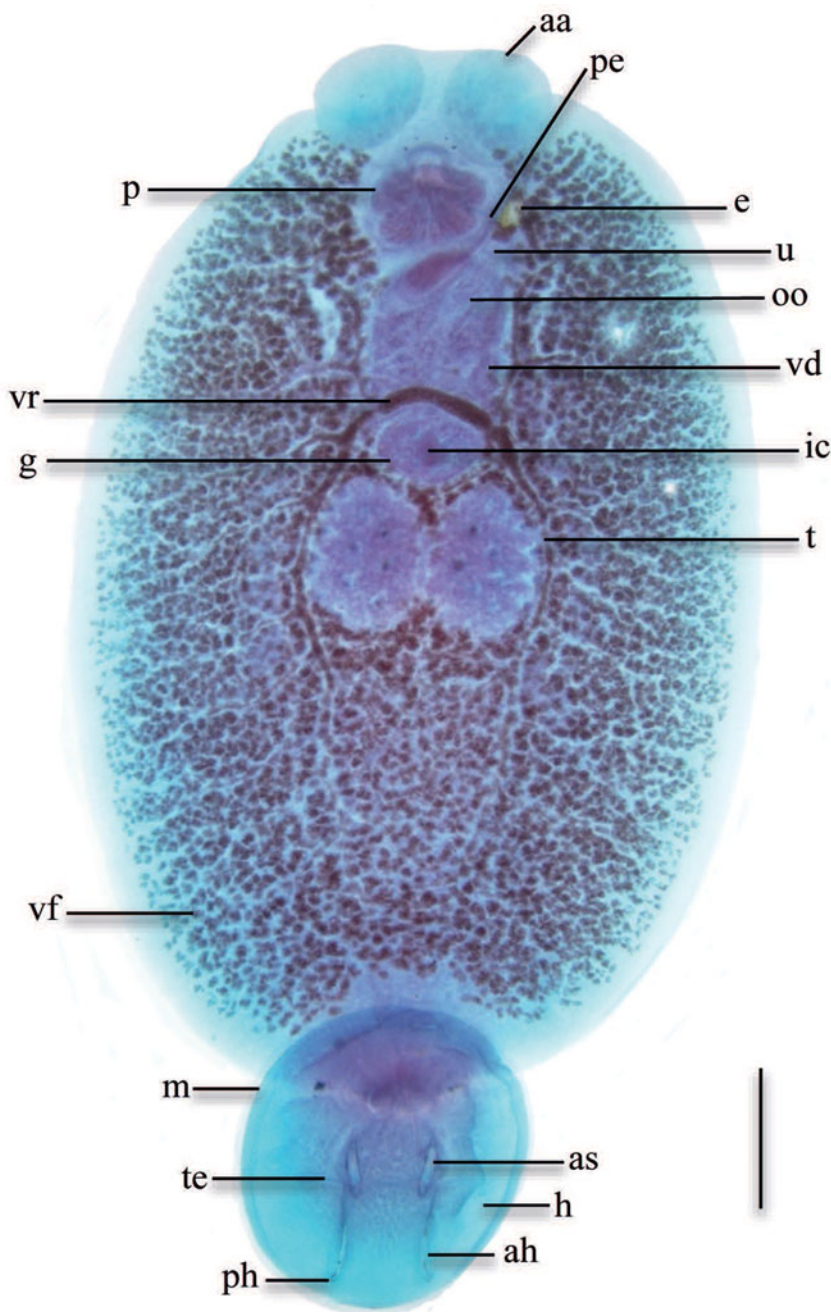


Fig. 1. Ventral view of an adult *Neobenedenia* sp., stained with Gomori's trichrome. Scale bar = 500 μ m. aa, anterior attachment organ; ah, anterior hamulus; as, accessory sclerite; e, egg; g, germarium; h, haptor; m, marginal valve; ic, internal fertilization chamber; oo, ootype; p, pharynx; pe, penis; ph, posterior hamulus; t, testis; te, tendon; u, uterus; vd, vas deferens; vf, vitelline follicle; vr, vitelline reservoir.

extracts and ethanol. Five fish were moved to a clean tank and eggs were collected over a 24-h period using clean nylon threads. The threads were cut using fine dissecting scissors under a stereomicroscope into ~1-cm segments with 10 eggs each and transferred to six-well flat-bottom culture vessels (15.5 ml; Becton Dickinson Labware) containing the treatment solutions. All treatments, ethanol (1:10, 1:50 and 1:100), plant extracts (1:10, 1:50 and 1:100) and seawater control were tested with nine replicates spread across two plates, with each replicate containing 10 eggs. Eggs were exposed to continuous immersion in each treatment and control for 9 days, incubated at room temperature $26 \pm 2^\circ\text{C}$ under natural photoperiod. Every 24 h, eggs were observed

under a stereomicroscope and development was scored following Hutson *et al.* (2012) (stage I = non-embryonated; stage II = embryonated; stage III = developing and stage IV = hatched). Hatching success (%) was calculated based on the number of eggs with an opened operculum.

Oncomiracidia longevity

Newly laid eggs (<24 h old) from the laboratory infection were collected and incubated under laboratory conditions for 7 days in a Petri dish with filtered seawater at room temperature ($26 \pm 2^\circ\text{C}$) and natural photoperiod. On day 6 of incubation the Petri

dish was covered with aluminium foil for complete darkness; on day 7 the Petri dish was uncovered and exposed to light to stimulate hatching (Hoai & Hutson, 2014).

Oncomiracidia were incubated in 96-well microplates (Greiner Bio-One, Stonehouse, Gloucestershire, UK). For each plant extract, ethanol treatment and seawater control, a single oncomiracidium (5 ± 1 h old) was individually pipetted into each well, with 36 replicates used per treatment. Oncomiracidia were exposed to 8 h continuous immersion in each treatment at room temperature ($26 \pm 2^\circ\text{C}$). Wells were monitored under a stereomicroscope every hour following immersion, for eight consecutive hours. Time of death was determined when larvae stopped moving and failed to respond to a light stimulus (Fridman *et al.*, 2014).

Statistical analysis

Results for each parameter were expressed as an arithmetic mean \pm SE. Data were log₁₀ transformed to satisfy normality and homogeneity of variance requirements. A general linear model (analysis of variance (ANOVA)) was used to detect significant differences between each treatment and the corresponding control. Post-hoc comparisons were made via Tukey's HSD tests and statistical significance was accepted at $P < 0.05$. The statistical analyses were performed in R v. 3.1.3 (R Core Team, 2015).

Results

Adult parasite survival, egg production and time to detachment

In garlic extract, parasite survival was not significantly reduced. Ginger and basil extracts both compromised adult parasite survival *in vitro*. Adult parasite survival was significantly reduced when treated with all dilutions of ginger extract compared to seawater control. Basil 1:100 and 1:50 significantly reduced adult parasite survival (Tukey, $P = 0.002$ and $P = 0.0001$, respectively). When immersed in basil, parasites survived 12.80 ± 1.98 h (1:100) and 10.10 ± 1.59 h (1:50) compared to the seawater control where parasites survived for almost twice as long, 23.36 ± 0.64 h (table 1). There was no effect of the bitter chaparro, onion or papaya extracts on adult parasite survival, and throughout the trial parasites remained transparent and attached to the surface of the culture vessel (table 1). In the ethanol only treatment, dilution 1:10, significantly reduced ($P = 0.0005$) survival to 18.66 h compared to the seawater control (24 h).

Garlic treatments did not affect mean egg production when compared to the seawater control (table 1). However, mean egg production was significantly reduced in the three dilutions of ginger (1:100 dilution $P = 0.00008$, 1:50 dilution $P = 0$ and 1:10 dilution $P = 0$), basil (1:100 dilution $P = 0.00002$, 1:50 dilution $P = 0.00003$ and 1:10 dilution $P = 0.0$) and bitter chaparro (1:100 dilution $P = 0.00005$, 1:50 dilution $P = 0.00004$ and 1:10 dilution $P = 0.0$). Indeed, in these treatments egg production was reduced by more than 70% compared to seawater controls (table 1). In treatments with onion and papaya, only high concentrations of extracts (1:10) significantly reduced the mean egg production of parasites ($P = 0.0$ and $P = 0.0$, respectively). Adults immersed in ethanol 1:50 and 1:10 dilutions showed significantly reduced egg production, to 3.2 ± 1.33 and 0.43 ± 0.23 , respectively, compared to 39.56 ± 4.71 mean egg production in the seawater control (table 1).

Early detachment of the parasites from the surface of the culture vessel was observed in all three dilutions of ginger (1:10, 1:50 and 1:100). Ginger extract exhibited the most toxic effect on adult parasites; we observed a change of body colour from transparent to opaque and contracted opisthaptors. In the 1:10 dilution of ginger, the time taken for parasites to detach from the surface of culture vessel was reduced to 1.56 ± 0.24 h, compared to the seawater control (10.80 ± 1.51 h) (table 1). Basil dilutions 1:100 and 1:50 significantly reduced ($P = 0.003$ and $P = 0.00005$, respectively) the time for parasites to detach from the surface compared to the seawater control (table 1). In the garlic and onion extracts, the time to parasite detachment was significantly reduced only in the 1:10 dilution ($P = 0.00007$ and $P = 0.002$, respectively). There was no effect of bitter chaparro or papaya extracts on time to parasite detachment (table 1). In ethanol treatments, the 1:50 and 1:10 dilutions significantly reduced the mean time for parasites to detach ($P = 0.0001$ and $P = 0.0$, respectively).

Egg development and hatching success

There was no egg development in any of the plant extracts or ethanol at 1:10 dilutions; eggs remained clear brown in colour during the 8 days of immersion, with 0% hatching success (fig. 2c). Hatching success was significantly reduced in basil extract (1:100) to 86.6% and in ethanol (1:50) to 71.11%, compared to all other plant extracts, ethanol treatments and the seawater control, where 100% hatching success was obtained (fig. 2a). There was no significant impact on hatching success in any of the plant extracts examined at 1:50 dilution (fig. 2b) and eggs in all treatments exhibited 100% hatching success. In dilutions 1:50 and 1:100 of all plant extracts, and seawater controls, eggs began hatching on day 5 and finished on day 8. In ethanol treatment 1:50 and 1:100 hatching was delayed until day 7 and finished on day 8. In the first 3 days following collection, the eggs changed from clear to dark brown with a granular appearance, indicating cell division. On day 4, embryos started to exhibit eye-spots. Eggs started hatching on day 5 and ceased on day 8.

Oncomiracidia longevity

With garlic extract, only the 1:10 dilution significantly reduced the longevity of oncomiracidia ($P = 0.0005$). However, all dilutions of ginger and basil extracts reduced the longevity of oncomiracidia. Ginger extract killed all oncomiracidia in less than 4 h, compared to the seawater control where oncomiracidia exhibited a mean life span of 7.47 ± 0.29 h (table 2). Longevity was significantly reduced in 1:50 and 1:10 dilutions of bitter chaparro. No reduction in larvae longevity was obtained when parasites were immersed in onion and papaya treatments compared to seawater controls (table 2). We observed a significant reduction in the longevity of oncomiracidia when immersed in ethanol 1:50 ($P = 0.0013$) and 1:10 ($P = 0$).

Discussion

Ginger (*Z. officinale*) is a medicinal plant widely used for treatment of infectious diseases and helminthiasis (El-Bahy & Bazh, 2015). The main active components are gingerols, shogaol and curcumin (Lin *et al.*, 2014). In our study, immersion in ginger extract reduced adult and oncomiracidia survival. Adults quickly contracted and detached from the surface of the culture vessel, suggesting damage to attachment structures, such as anterior

Table 1. *Neobenedenia* sp. adult survival, mean egg production and time for parasites to detach from culture vessel, during 24-h immersion in plant extracts, ethanol treatment and seawater (35 g l⁻¹).

Treatments	T (°C)	N	Mean survival (h)	Mean egg production per parasite/day	Mean time for parasites to detach (h)
Seawater 35 g l ⁻¹	24 ± 1	6	14.93 ± 3.24	6.97 ± 3.12	14.93 ± 3.24
Garlic – 1:100		6	12.26 ± 2.28	17.86 ± 3.70	11.73 ± 2.09
Garlic – 1:50		6	9.06 ± 1.06	13.26 ± 3.93	8.30 ± 0.60
Garlic – 1:10		6	7.6 ± 0.22	0.16 ± 0.09	3.83 ± 0.52*
Seawater 35 g l ⁻¹	25 ± 1	6	10.56 ± 1.56	13.5 ± 1.63	10.80 ± 1.51
Ginger – 1:100		6	7.26 ± 0.24*	3.16 ± 1.03*	5.93 ± 0.57*
Ginger – 1:50		6	7.43 ± 0.38*	0.36 ± 0.20*	2.53 ± 0.27*
Ginger – 1:10		6	2 ± 0.00*	0.06 ± 0.06*	1.56 ± 0.24*
Seawater 35 g l ⁻¹	24 ± 1	5	23.36 ± 0.64	76.98 ± 22.82	23.36 ± 0.64
Basil – 1:100		6	12.80 ± 1.98*	9.7 ± 1.13*	12.76 ± 1.99*
Basil – 1:50		6	10.10 ± 1.59*	7.36 ± 1.10*	8.83 ± 0.78*
Basil – 1:10		6	22.53 ± 0.92	0.23 ± 0.08*	16.63 ± 1.99
Seawater 35 g l ⁻¹	25 ± 1	4	17.60 ± 1.84	46.12 ± 8.40	17.20 ± 1.64
Bitter chaparro – 1:100		6	22.93 ± 1.06	13.66 ± 3.47*	22.23 ± 1.15
Bitter chaparro – 1:50		6	20.80 ± 1.43	9.06 ± 0.69*	20.80 ± 1.43
Bitter chaparro – 1:10		6	17 ± 1.02	0 ± 0*	14.93 ± 1.73
Seawater 35 g l ⁻¹	26 ± 1	6	12.80 ± 2.57	48.23 ± 10.73	12.26 ± 2.56
Onion – 1:100		6	10.13 ± 1.06	60.8 ± 7.89	10.13 ± 1.06
Onion – 1:50		6	8.53 ± 0.53	30.7 ± 7.80	8.53 ± 0.53
Onion – 1:10		6	8 ± 0	0.23 ± 0.09*	5.76 ± 0.42*
Seawater 35 g l ⁻¹	26 ± 1	6	12.80 ± 2.57	48.23 ± 10.73	12.26 ± 2.56
Papaya – 1:100		6	11.20 ± 1.16	30.76 ± 1.73	11.20 ± 1.16
Papaya – 1:50		6	12.26 ± 1.58	30.2 ± 1.97	12.26 ± 1.58
Papaya – 1:10		6	7.9 ± 0.10	0 ± 0*	7 ± 0.27
Seawater 35 g l ⁻¹	22 ± 1	6	24 ± 0.0	39.56 ± 4.71	23.46 ± 0.53
Ethanol – 1:100		6	24 ± 0.0	40.03 ± 6.95	16.46 ± 1.37
Ethanol – 1:50		6	22.93 ± 0.67	3.20 ± 1.33*	6.5 ± 2.17*
Ethanol – 1:10		6	18.66 ± 1.34*	0.43 ± 0.23*	1.36 ± 0.20*

Data expressed as arithmetic mean ± standard error (SE).

* Values with statistical difference when compared to control ($P < 0.05$), shown in bold type.

attachment organs, posterior opisthaptor and muscular elements. Therefore the ability of the parasite to reproduce and subsequent egg production were significantly reduced. The anthelmintic properties of ginger have been proven in *in vitro* and *in vivo* studies with the monogenean *G. turnbulli* infecting the guppy *P. reticulata* (Levy *et al.*, 2015), terrestrial parasites *Shistosoma mansoni* (Sanderson *et al.*, 2002; Mostafa *et al.*, 2011), *Raillietina cesticiillus* (El-Bahy & Bazh, 2015) and gastrointestinal nematodes of sheep (Iqbal *et al.*, 2006), among others. Bioactive components [10]-shogaol, [6]-gingerol, [10]-gingerol, [6]-shogaol, gingerenone A, [6]-dehydrogingerdione, [4]-shogaol, 5-hydroxy-[6]-gingerol, hexahydrocurcumin, 3R, 5S-[6]-gingerdiol and 3S,5S-[6]-gingerdiol isolated from ginger have been proven responsible for reducing movement and survival of larvae of the nematode *Angiostrongylus cantonensis* and the cestode *Hymenolepis nana* (Lin *et al.*, 2010, 2014).

In folk medicine, basil leaves are used for carminative, stomachic, antispasmodic, stimulant, diuretic, antiseptic, anaesthetic, analgesic and anthelmintic purposes, among others (Shirazi *et al.*, 2014). In aquaculture, basil has been evaluated against bacterial infections of *Aeromonas hydrophila* in *Oreochromis mossambicus* (Bulfon *et al.*, 2015). In *Penaeus* (shrimp) larviculture, it is reported to have characteristics of growth promotion, immunostimulation and antibacterial activity (Citarasu, 2010). The primary bioactive components of basil are phenol derivatives, such as eugenol, methyleugenol, chavicol, estragole and methylcinamate, often combined with various amounts of linalool (Filip *et al.*, 2016). The antiparasitic effect of basil extract has been related to the linalool content. De Almeida *et al.* (2007) reported that linalool contained in basil (*O. basilicum*) inhibits the proteolytic activity of peptidases and they suggested that, through this mechanism, basil extract inhibits enzymatic

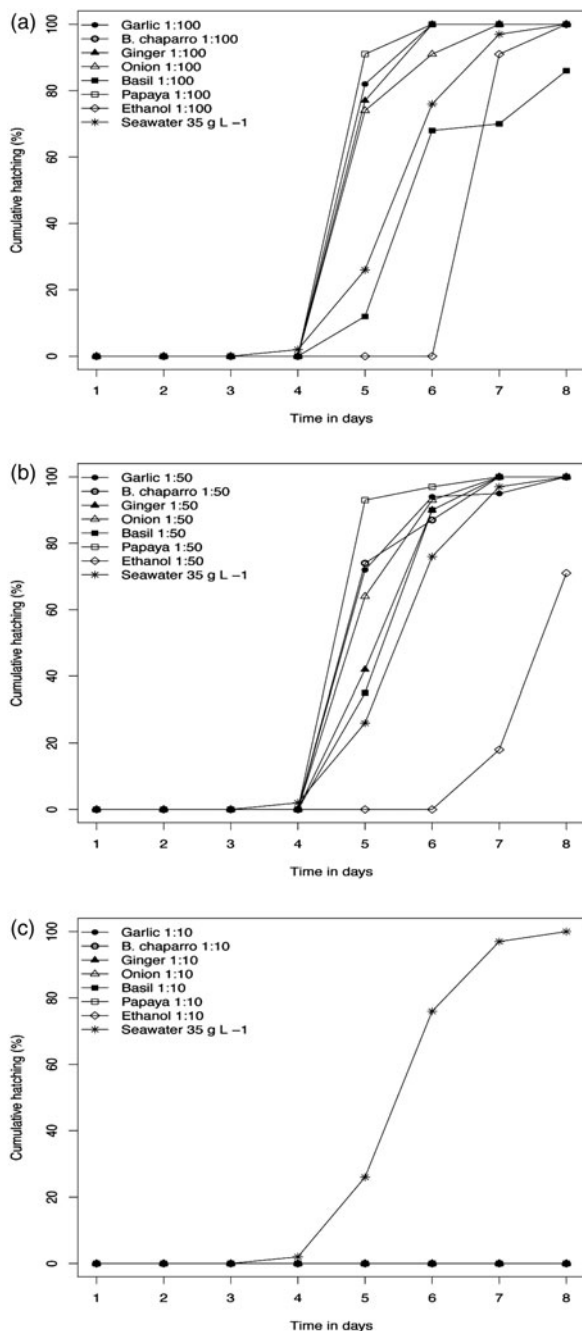


Fig. 2. Cumulative hatching (%) of *Neobenedenia* sp. eggs exposed to plant extracts, ethanol treatments and seawater control. (a) 1:100 dilution, (b) 1:50 dilution, and (c) 1:10 dilution.

processes, leading to damage and death of parasites. In our results, 1:100 and 1:50 dilutions showed a significant reduction in survival, egg production, time to detachment of adults and survival of oncomiracidia. However, in the 1:10 dilution the parasites remained alive (responding to tactile or light stimuli) during the experiment, yet no eggs were produced. It is unknown if this is the result of the generalized cytotoxic damage or of a specific inhibition of the reproductive processes by the compounds present in the basil extract. Suttili *et al.* (2016) evaluated essential

Table 2. Survival of *Neobenedenia* sp. oncomiracidia, during 8-h immersion in plant extracts, ethanol treatment and seawater (35 g l⁻¹).

Treatments	Temperature (°C)	N	Mean survival (h)
Seawater 35 g l ⁻¹	24 ± 1	36	7.02 ± 0.28
Garlic - 1:100		36	6.16 ± 0.39
Garlic - 1:50		36	6.66 ± 0.35
Garlic - 1:10		36	4.88 ± 0.43*
Seawater 35 g l ⁻¹	24 ± 1	36	7.47 ± 0.29
Ginger - 1:100		36	3.36 ± 0.22*
Ginger - 1:50		36	1.91 ± 0.29*
Ginger - 1:10		36	0*
Seawater 35 g l ⁻¹	24 ± 1	36	7.91 ± 0.06
Basil - 1:100		36	5.5 ± 0.41*
Basil - 1:50		36	3.61 ± 0.43*
Basil - 1:10		36	0*
Seawater 35 g l ⁻¹	25 ± 1	36	6.38 ± 0.39
Bitter chaparro - 1:100		36	4.88 ± 0.40
Bitter chaparro - 1:50		36	4.3 ± 0.38*
Bitter chaparro - 1:10		36	0.05 ± 0.03*
Seawater 35 g l ⁻¹	26 ± 2	36	7.88 ± 0.11
Onion - 1:100		36	7.94 ± 0.05
Onion - 1:50		36	7.55 ± 0.21
Onion - 1:10		36	7.16 ± 0.26
Seawater 35 g l ⁻¹	25 ± 1	36	7.22 ± 0.28
Papaya - 1:100		36	7.27 ± 0.29
Papaya - 1:50		36	7.11 ± 0.28
Papaya - 1:10		36	7.47 ± 0.27
Seawater 35 g l ⁻¹	22 ± 1	36	7.27 ± 0.22
Ethanol - 1:100		36	7.27 ± 0.25
Ethanol - 1:50		36	5.88 ± 0.43*
Ethanol - 1:10		36	0.05 ± 0.03*

Data expressed as arithmetic mean ± standard error (SE).

*Values with statistical difference when compared with each control ($P < 0.05$), shown in bold type.

oil of basil (*O. americanum*) against the monogenean *Gyrodactylus* sp. They reported that exposure to 50 mg l⁻¹ of basil reduced survival *in vitro* and *in vivo*, leading to a significant reduction in the number of parasites infecting silver catfish (*Rhamdia quelen*).

Bitter chaparro (*C. tortuosa*) extract has been used previously for the treatment of bacterial, amoebic and parasitic infections (Robles-Zepeda *et al.*, 2011). In the present study bitter chaparro extract reduced egg production of *Neobenedenia* sp. (table 1) and reduced survival of oncomiracidia (table 2). The toxic effect of this plant has been attributed to secondary metabolites. The main biocomponent identified with antiparasitic properties is chaparrin ((Reyes-López *et al.*, 2005; Aguilar *et al.*, 2008).

Continuous immersion in garlic, onion or papaya extract at 1:100 and 1:50 dilutions did not impact any of the life stages of

Neobenedenia sp. (tables 1 and 2, fig. 2a, b). However, as with most of the plant extracts, the 1:10 dilutions were more effective when compared to the seawater control. Garlic and onion extracts have been reported to be vermifuges and insect repellents (Guarrera, 1999) and are constituents of anthelmintic remedies for animals and humans (Melhorn *et al.*, 2013). Their incorporation in shrimp food is recommended to prevent bacterial infections (Citarasu, 2010). Garlic-based treatments have been shown to prevent parasitic infections in tilapia fry, *O. niloticus*, in barramundi, *L. calcarifer* and guppy, *P. reticulata* (Abd El-Galil & Aboelhadid, 2012; Militz *et al.*, 2013a, b; Fridman *et al.*, 2014; Levy *et al.*, 2015). Both plants are composed mainly of water and the most significant components are the organosulphur-containing compounds, such as alliin and allicin, and also, in onion, flavonoids (Benkeblia, 2004). The antiparasitic activity of these vegetables is attributed primarily to the content of allicin; however, this compound is unstable and processing methods greatly affect the chemical structure of garlic preparations, thereby affecting the antiparasitic activity of these plant extracts (Corzo-Martínez *et al.*, 2007; Lee & Gao, 2012). Antiparasitic properties of papaya have been reported for the treatment of cestode and nematode infestations in mice (Abou Shady *et al.*, 2014), *Ichthyophthirius multifiliis* parasite infections in goldfish *Carassius auratus* (Ekanem *et al.*, 2004) and intestinal parasites in humans (Alanís *et al.*, 2005). The medicinal properties of papaya are well documented, and each part of the plant contains different enzymes and compounds of interest (Vij & Prashar, 2015). Anthelmintic activity is based on the compound benzyl isothiocyanate obtained mainly from papaya seeds (Kermanshai *et al.*, 2001). However, the water-ethanol extracts of garlic, onion and papaya evaluated in the present research did not show antiparasitic properties against *Neobenedenia* sp., most probably because of the instability or low concentration of bioactive compounds.

Monogenean eggs have been reported to have high resistance to external factors (Whittington, 2012) due to the proteinaceous shell that protects the developing embryo from chemical and physical agents. However, in 1:10 dilutions of all plant extracts and ethanol it was found that *Neobenedenia* sp. hatching did not occur and larval development failed within 8 days of continuous immersion. Previous reports have demonstrated that desiccation, immersion in water at 50°C, 25% ethanol (Ernst *et al.*, 2005), 120 mg l⁻¹ of sodium hypochlorite (Fajer-Ávila *et al.*, 2007), hyposalinity (Chen *et al.*, 2010) and a water-soluble extract of red seaweed *Asparagopsis taxiformis* (Hutson *et al.*, 2012) are also effective against monogenean eggs.

An extraction process with ethanol is one of the most commonly used for traditional Chinese medicines (Van Hai, 2015). In the present research, ethanol (70%) in different seawater dilutions (1:100, 1:50 and 1:10) impacted many parameters of the three life stages of *Neobenedenia* sp. Levy *et al.* (2015) compared the efficiency of an ethanolic extract and an aqueous extract of ginger, and ethanol 75% against the monogenean parasite *G. turnbulli*, and also reported that exposure to ethanol 75% affected survival *in vitro* of *G. turnbulli*; however, when comparing efficacies between ethanolic and aqueous ginger extracts, the ethanolic extract was found to be much more efficient. These authors suggested that the result was due to the fact that the majority of lipophilic compounds that affect the parasite were obtained by ethanol extraction. The compounds of an ethanol extract of the Chinese herb *Arisaema erubescens* were found to be two times more toxic against the plant parasite *Meloidogyne incognita*

than those of the crude extract (Du *et al.*, 2011). In general, when extraction solvents are compared, alcoholic solvents provide a higher efficiency in extracting secondary bioactive metabolites compared to water-based methods (Bulfon *et al.*, 2015).

Biological parameters of *Neobenedenia* sp. were most negatively impacted with the 1:10 dilutions of ginger and basil. Our study demonstrates that a synergistic effect of ethanol and bioactive components in ginger, basil and bitter chaparro extracts is toxic against *Neobenedenia* sp. life stages. Ginger and basil extracts reduced adult survival *in vitro*, time to detachment from the surface of the culture vessel, egg production and oncomiracidia survival. Bitter chaparro extract reduced adult egg production and oncomiracidia survival.

In conclusion, this study demonstrates the potential use of plant extracts for the treatment of *Neobenedenia* sp. infections. Of the six plant extracts, ginger and basil proved to be most effective against adults and oncomiracidia of *Neobenedenia* sp. Both show potential for alternative methods to manage parasitic disease in aquaculture.

In future experiments, controlled amounts of isolated active biocomponents should be assessed to allow estimation of the effectiveness of each bioactive product. Such studies will greatly contribute to the design of practical solutions to reduce parasite burdens in aquaculture.

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Conflict of interest. None.

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