

Research Letter

Zinc oxide nanorod array as an inhibitory biointerface

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Abstract

One-dimensional zinc oxide (ZnO) nanostructure arrays show unique semiconducting, piezoelectric, and wetting properties, and how they interact with cells is critical for their biomedical applications. In this work, we prepare ZnO nanorod arrays (ZnO NRAs) and study their interactions with neonatal rat cardiomyocytes either as a substrate or patch. We find that ZnO NRAs can (1) inhibit cell adhesion and spreading as a substrate and (2) selectively kill underneath cells as a patch. We further identify surface nanomorphology as the dominant factor responsible for the inhibitory effect. These discoveries suggest potential application of ZnO NRAs as a cell inhibitory biointerface.

Introduction

Zinc oxide (ZnO) nanomaterials exhibit unique semiconducting, piezoelectric, and surface wetting properties, and they have been widely studied for sensors, transistors, optoelectronics, generators, consumer goods, etc.^[1-3] They have also been investigated for biomedical applications, such as selective cancer cell destruction, drug delivery, and antibiotics. [4,5] Compared to dispersed nanomaterials, arrays of onedimensional (1D) ZnO nanostructures, such as nanowires, nanorods, and nanobelts, present unique surface topography and large surface area, enable high outputs, and are retrievable, [6] so they are of particular interest for biomedical applications.

For their biomedical applications, it is crucial to scrutinize how they interact with cells. 1D ZnO nanostructure arrays showed good biocompatibility. Cells showed good adhesion, proliferation, differentiation, and viability when interacting with 1D ZnO nanostructure arrays. [7–12] However, 1D ZnO nanostructure arrays also induced inhibitory effects on cells, decreasing cell adhesion and viability and inhibiting differentiation. [8,9,12-15] Thus, it is critical to fully understand the mechanism so that we can modulate cellular responses in a controlled manner.

The biological effects of 1D ZnO nanostructure arrays can depend on many factors. First, the nanomorphology matters. ZnO nanorod arrays (ZnO NRAs) can have different diameters, spacings, lengths, densities, shapes, and alignments, and all can impact cellular responses. Second, it depends on cell type. For example, cell lines respond differently than primary cells, [4,12,16] and different cell lines respond differently as well. [8,15] Additionally, if ZnO's surface chemistry leads to production of reactive oxygen species^[17] and/or Zn²⁺ dissolution, [14] if cells sense piezoelectricity, [10] and if 1D ZnO nanostructure arrays interact with cells as a substrate or patch, could all affect the biological effects. In this work, we studied the biological effects of vertically aligned ZnO NRAs on primary cardiomyocytes of high metabolic demands by applying them as both a substrate and patch. The substrate method is to study the cell adhesion and spreading on ZnO NRAs, and the patch method is to mimic the intimate interfacing within a constrained environment when applied in tissues.

Materials and methods Preparation of ZnO NRAs and gold (Au)-coated ZnO NRAs

All chemicals were purchased from Sigma-Aldrich (Saint Louis, MO, USA) and used without purification. ZnO NRAs were synthesized via a simple two-step seedless hydrothermal method. [18,19] Briefly, in the first step, 10 nm thick titanium (Ti) and 50 nm thick Au were sequentially deposited onto 18 mm-diameter circular cover glasses at a deposition rate of 1 Å/s using an electron-beam evaporator (DV-502A, Denton Vacuum). Au-coated cover glasses were annealed at 300 °C for 1 h in a furnace (62700, Barnstead Thermolyne). In the second step, Au-coated cover glasses were gently placed to float on an aqueous reaction solution (12.5 mM hexamethylenetetramine, 25 mM zinc nitrate hexahydrate, and 0.70 M



ammonium hydroxide) with the Au-coated side facing the solution. The reaction proceeded at 80 °C for 24 h in an oven (Gravity Ovens, Fisher Scientific). ZnO NRAs grown on Au-coated cover glasses were thoroughly washed with distilled water and air dried. Au-coated ZnO NRAs were acquired by depositing 10 nm thick Ti and 50 nm thick Au onto the ZnO NRAs using the deposition method above.

Surface characterization using a scanning electron microscope (SEM), an atomic force microscope (AFM), a contact angle goniometer, and X-ray photoelectron spectroscopy (XPS)

The surface morphologies of ZnO NRAs and Au-coated ZnO NRAs were imaged using an SEM (Nova NanoSEM 400, FEI). The SEM images were processed and analyzed using ImageJ (National Institutes of Health). The surface morphology of ZnO NRAs was further studied using an AFM (Dimension Icon, Bruker) in a soft tapping mode with a silicon probe (RTESPA-150, Bruker) having a resonant frequency of 150 kHz and a spring constant of 6 N/m. The AFM images were processed and analyzed using NanoScope Analysis (Bruker). The surface wettability of ZnO NRAs, Au-coated ZnO NRAs, and Au-coated cover glasses was studied with a standard contact angle goniometer (200-F1, ramé-hart), and the contact angle images and data were acquired with Dropimage Advanced software (ramé-hart). The surface chemistry of ZnO NRAs, Au-coated ZnO NRAs, and Au-coated cover glasses were studied using XPS (Axis Ultra, Kratos Analytical), and the XPS spectra were analyzed using CasaXPS (Casa Software Ltd.). All peak positions were calibrated by keeping the binding energy of C 1s at 285 eV.[20,21]

Cardiomyocyte harvesting and culture

The protocol for harvesting ventricular cardiac muscle cells from the hearts of post-natal day 2 Sprague-Dawley rat pups was adopted from Richard Pattern at Tufts Medical Center, Boston, MA, USA[22] and approved by the Institutional Animal Care and Use Committee at The Ohio State University, Columbus, OH, USA. Briefly, great vessels and atria were trimmed from the ventricles of each heart, and then ventricles were placed in a dissociation buffer (116 mM NaCl, 5.4 mM KCl, 0.8 mM MgSO₄, 0.8 mM Na₂HPO₄, 20 mM HEPES, and 5.6 mM glucose, pH 7.35). Ventricles were minced with forceps and micro-scissors and then dissociated through a serial enzymatic digestion (the previous dissociation buffer supplemented with 0.06% pancreatin and 0.04% collagenase type II) at 37 °C. Cell suspensions were collected and placed in neonatal calf serum after each digestion. Cell suspensions were then pooled and re-suspended in a culture medium (Dulbecco's modified Eagle's medium supplemented with 10% horse serum, 7% charcoal-stripped fetal bovine serum, 100 U/L penicillin, and 100 μg/mL streptomycin). The suspension was passed through a 70 µm pore-sized nylon filter and pre-plated for 75 min. The cardiomyocyte-enriched fraction was then removed and plated as needed. Cells were cultured in the culture medium in an incubator under 95% air and 5% $\rm CO_2$ at 37 $\rm ^{\circ}C$.

Substrate method studied by F-actin and 4',6-diamidino-2-phenylindole (DAPI) staining

The substrates studied included ZnO NRAs, Au-coated ZnO NRAs, Au-coated cover glasses, and polystyrene (bottom surface material of culture plate wells). On Day 0, substrates were immersed in 70% (v/v) ethanol for 15 min for decontamination, thoroughly washed with phosphate-buffered saline (PBS), and coated with 25 µg/mL fibronectin overnight in the incubator. On Day 1, the fibronectin-coated substrates were washed with distilled water and air dried. Each substrate was placed in a well of a 12-well culture plate. Cardiomyocytes were harvested, and 10° cells in 1 mL of culture medium was added per well. On Day 2, after the cells were cultured for 1 day, cardiomyocytes were stained with a fluorescent F-actin probe (ActinRed™ 555 ReadyProbes™ Reagent, ThermoFisher Scientific) and DAPI. Briefly, cells were washed with Dulbecco's PBS (DPBS) and fixed with 4% paraformaldehyde for 30 min at room temperature. Cells were again washed with DPBS and stained with the F-actin probe solution in DPBS (9% (v/v) F-actin probe reagent and 0.5% (v/v) Triton X-100) for 30 min at room temperature in the dark. Cells were finally washed with DPBS and then stained with a mounting medium containing DAPI (Fluoromount-GTM, ThermoFisher Scientific). The stained cells were imaged with an inverted fluorescence microscope (EVOS, ThermoFisher Scientific). Images were processed using ImageJ.

Patch method studied by live/dead staining with fluorescein diacetate (FDA) and propidium iodide (PI)

The patches studied included ZnO NRAs, Au-coated ZnO NRAs, and Au-coated cover glasses, and polystyrene served as an unpatched control. On Day 0, a 12-well culture plate was coated with 25 µg/mL fibronectin overnight in the incubator. On Day 1, the culture plate was washed with distilled water and air dried. Cardiomyocytes were harvested, and 2×10^5 cells in 1 mL of culture medium was added per well. On Day 2, after cells were cultured for 1 day, materials were patched. Briefly, patches were immersed in 70% (v/v) ethanol for 15 min for decontamination, thoroughly washed with PBS, and air dried. Then, the materials were gently placed as patches to loosely contact the cells on the well bottom with the materials facing the cells. On Day 3, patches were retrieved, and live/dead staining was conducted, [23] in which live cells were stained to green with FDA, and dead cells were stained to red with PI. 2×10^{5} cells were stained with 333.3 ng FDA and 100 ng PI for 5 min at room temperature in the dark. The stained cells were washed with DPBS and imaged with a fluorescence microscope. Images were processed using ImageJ.

Results

Synthesis and surface characterization of ZnO NRAs, Au-coated ZnO NRAs, and Au-coated cover glasses

As shown in the SEM image in Fig. 1(a), a vertically aligned and densely packed ZnO NRA was grown on an Au-coated cover glass. In the SEM image of an Au-coated ZnO NRA in Fig. 1(b), the 10 nm thick Ti and 50 nm thick Au coatings did not alter the array morphology. Measured from these SEM images, the ZnO nanorods had a diameter of approximately 250 nm, and the Au-coated ZnO nanorods had a diameter of approximately 290 nm. The array morphology of ZnO NRAs was further confirmed and studied by an AFM. From the two-dimensional (2D) [Fig. 1(c)] and three-dimensional (3D) [Fig. 1(d)] height maps, a vertically aligned and densely packed array could be observed. The wettability of the materials was studied with a contact angle goniometer. The water contact angle (WCA) on an Au-coated cover glass was 122.13° ± 5.47° , and the WCA on an Au-coated ZnO NRA was $124.48^{\circ} \pm$ 4.51°. Water droplets spread quickly on ZnO NRAs.

The surface chemistry of the materials was studied with XPS. As seen in the survey spectra, the surface chemistry of a ZnO NRA [Fig. 1(e)] contains zinc (Zn), oxygen (O), and adventitious carbon (C); the surface chemistry of an Au-coated ZnO NRA [Fig. 1(f)] contains gold, oxygen,

adventitious carbon, and trace of zinc; the surface of an Au-coated cover glass [Fig. 1(g)] contains gold, oxygen, and adventitious carbon. The specific percentage atomic concentrations are listed in Table I. The high-resolution spectrum of Zn 2p [Fig. S1(a)] in ZnO shows its characteristic peaks of Zn 2p_{1/2} at 1044.9 eV and Zn 2p_{3/2} at 1021.8 eV.^[24,25] The high-resolution spectrum of O 1s [Fig. S1(b)] in ZnO was deconvoluted to the oxygen from ZnO at 530.4 eV and chemisorbed oxygen at 531.8 eV.^[26,27] The high-resolution spectra of Au 4f in an Au-coated ZnO NRA [Fig. S1(c)] and an Au-coated cover glass [Fig. S1(d)] show similar peaks. These results indicate that ZnO NRAs are prepared and that an Au-coated ZnO NRA and an Au-coated cover glass have similar surface chemistry.

Substrate method

As shown in Fig. 2(a), the material (diameter: 18 mm) was placed facing upward as a substrate in a single well of a 12-well plate (well diameter: 22.6 mm), leaving a surrounding ring that was not covered by the substrate. Both Areas 1 and 2 were imaged, and their fluorescent images are shown in Fig. 3 and Fig. S2, respectively. In these images, the actin filaments in the cytoskeleton were stained to red with a fluorescent F-actin probe, and the nuclei were stained to blue with DAPI.

As seen in Fig. 3, at the central area of the substrate (Area 1), cells well attached, spread, and became almost fully confluent

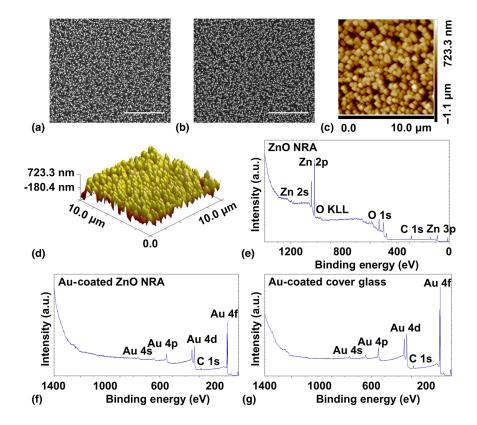


Figure 1. Material characterization. (a) An SEM image of a ZnO NRA. Scale bar: 10 μm. (b) An SEM image of an Au-coated ZnO NRA. Scale bar: 10 μm (c) A 2D AFM height map of a ZnO NRA. Scanning size: 10 μm × 10 μm. (d) A 3D AFM height map of a ZnO NRA. Scanning size: 10 μm × 10 μm. (e) The XPS survey spectrum of a ZnO NRA. (f) The XPS survey spectrum of an Au-coated ZnO NRA. (g) The XPS survey spectrum of an Au-coated cover glass.



Table I. Percentage atomic concentrations of a ZnO NRA, an Au-coated ZnO NRA, and an Au-coated cover glass.

	Percentage atomic concentration (%)		
Regions	ZnO NRA	Au-coated ZnO NRA	Au-coated cover glass
Zn 2p	21.42	0.25	0
0 1s	17.27 (530.4 eV)	- 3.09	2.72
	20.98 (531.8 eV)		
C 1s	40.33	29.14	24.62
Au 4f	0	67.52	72.66

on polystyrene and an Au-coated cover glass. However, on the ZnO and Au-coated ZnO NRAs, majority of the cells showed limited adhesion and exhibited a spherical shape, with only a small percentage attaching to the substrates and displaying an elongated morphology. As seen in Fig. S2, at the edge area of the well not covered by the substrate (Area 2), cells well attached and spread in all experimental groups.

Patch method

After being cultured for 1 day, the cells attached and spread well (Fig. S3). As shown in Fig. 2(b), the material (diameter: 18 mm) was placed facing downward as a patch on the attached cells in a single well of a 12-well plate (well diameter: 22.6 mm), leaving a surrounding unpatched ring. Both Areas 3 and 4 were imaged, and their fluorescent images are shown in Fig. 4 and Fig. S4, respectively. In these images, live cells were stained to green with FDA, and dead cells were stained to red with PI.

As seen in Fig. 4 and Fig. S5(a), at the central area (Area 3), the cells cultured on polystyrene and patched by an Au-coated cover glass showed a high viability. In contrast, almost all cells patched by the ZnO and Au-coated ZnO NRAs died. As seen in Fig. S4 and Fig. S5(b), at the boundary region (Area 4), there was no obvious viability difference along the boundary for

polystyrene and an Au-coated cover glass. However, for the ZnO and Au-coated ZnO NRAs, there was a clearly defined boundary, along which the cells closer to the center were all dead, but the cells further away from the center showed a high viability.

Discussion and outlook

In this work, we studied vertically aligned and densely packed ZnO NRAs as either a substrate or patch to interface with primary neonatal rat cardiomyocytes. We found that, when used as a substrate, ZnO NRAs inhibited cell adhesion, causing majority of the cells to assume a spherical shape; and, when used as a patch, ZnO NRAs killed majority of the patched cells underneath without affecting the surrounding cells. Therefore, our results indicate that ZnO NRAs have an inhibitory effect on the attachment, spreading, and growth/survival of neonatal rat cardiomyocytes. Furthermore, a ZnO NRA and an Au-coated ZnO NRA have similar surface morphology but different surface chemistry, while an Au-coated ZnO NRA and an Au-coated cover glass have similar surface chemistry but different surface morphology. Based on our experimental evidence that the chemically inert control of an Au-coated ZnO NRA had the same inhibitory effects as a ZnO NRA and that an Au-coated cover glass showed the same biological effects as polystyrene, we can rule out the possibility of a chemical cause through the production of reactive oxygen species and dissolution of Zn²⁺. By comparing the surface wettability and biological effects, we can also rule out the wettability as a major factor. Thus, we conclude that the inhibitory effects are due to the nanomorphology.

When interacting with cells, 1D ZnO nanostructure arrays showed either biocompatibility^[7-12] or induced inhibitory effects. ^[8,9,12-15] The different biological effects can be due to the different surface morphologies (diameters, spacings, lengths, densities, shapes, and alignments) and cell types in different studies. Thus, the biological effects of 1D ZnO nanostructure arrays need to be studied case by case. In this study, ZnO NRAs (with or without Au-coating) as substrates inhibit cell adhesion and spreading through its rough and discontinuous surface nanomorphology. The large spacing of

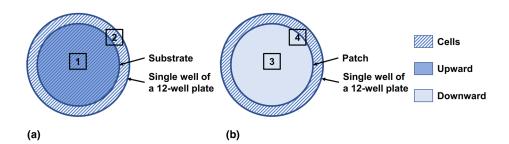


Figure 2. Illustration of the substrate and patch methods. The material (diameter: 18 mm) was applied as either a substrate or patch in a single well of a 12-well culture plate (well diameter: 22.6 mm). (a) In the substrate method, the material was first placed facing upward as a substrate, and cells were then plated. Areas 1 and 2 were imaged and shown in Fig. 3 and Fig. S2, respectively. (b) In the patch method, cells were first plated and cultured for 1 day, and the material was then placed facing downward as a patch. Areas 3 and 4 were imaged and shown in Fig. 4 and Fig. S4, respectively.

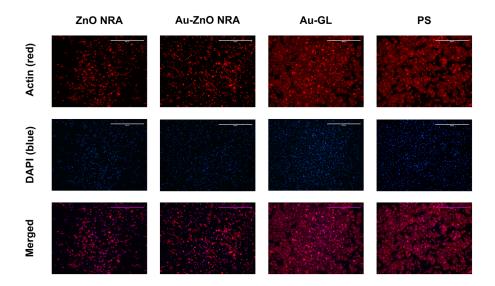


Figure 3. Fluorescent images of cardiomyocytes cultured on different substrates at the central area [Area 1 indicated in Fig. 2(a)]. The actin filaments in the cytoskeleton were stained to red with an actin probe (first row), and the nuclei were stained to blue with DAPI (second row). Third row (merged images of first and second rows) shows that cells well attached and spread on polystyrene and an Au-coated cover glass, while cells showed limited adhesion on the ZnO and Au-coated ZnO NRAs. Magnification: 10×. Scale bar: 400 μm. Abbreviations: Au-coated ZnO NRA (Au-ZnO NRA), Au-coated cover glass (Au-GL), and polystyrene (PS).

several hundred nanometers between nanorods could inhibit the formation of lamellipodia and focal adhesion. ^[9,13] Interestingly, when interacting with 1D ZnO nanostructure arrays, fast-dividing cell lines with inhibited adhesion eventually died, ^[12,13,15] whereas primary cells with inhibited adhesion remained viable. ^[12,16]

The cause to cell death underneath ZnO NRAs (with or without Au-coating) should also be physical. Au-coated cover glasses were probably spaced by a thin solution layer from the cells, which explains the survival of the underneath

cells. In contrast, ZnO NRAs (with or without Au-coating) could exclude such a thin solution layer from underneath by allowing the solution to fill the spaces between the nanorods as a result of the capillary effect^[28,29] and lead to a more intimate contact to the cell monolayer. In such a case, the diffusions of nutrients and oxygen should be very limited, and the cells underneath would die.

While further long-term study is needed, the discoveries here suggest potential application of this type of nanomaterial as a cell adhesion resistant coating for medical device. Given

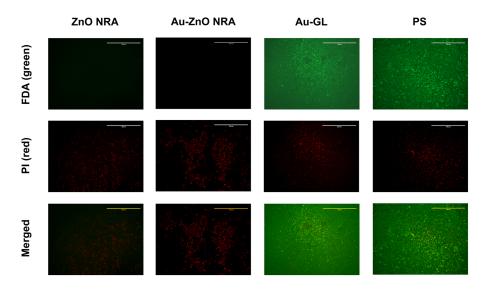


Figure 4. Fluorescent images of cardiomyocytes patched by different materials at the central area [Area 3 indicated in Fig. 2(b)]. Live cells were stained to green with FDA (first row), and dead cells were stained to red with PI (second row). Third row (merged images of first and second rows) shows that cells cultured on polystyrene and patched by an Au-coated cover glass showed high viability, while cells patched by the ZnO and Au-coated ZnO NRAs were dead. Magnification: 4×. Scale bar: 1 mm.



that rapidly dividing adherent cells are more susceptible to the limited adhesion than primary cells, ZnO NRAs also promise for tumor treatment. Furthermore, taking advantage of the large surface area of a ZnO NRA, therapeutic chemicals can also be loaded into the ZnO NRA to provide a synergetic therapy. Finally, as the surface chemistry is not involved, these findings could possibly be transferred to other nanorod arrays with a similar morphology.

Supplementary material

The supplementary material for this article can be found at https://doi.org/10.1557/mrc.2018.190.

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Conflicts of interest

The authors declare no conflicts of interest.

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