

P02-369 - **PATTERNS OF MENTAL DISORDERS IN WOMEN IN A RURAL COMMUNITY, IN AN INDIAN RURAL CLINIC**

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**Introduction:** Women's mental health in a developing & poor economically resourced country like India is often neglected, lately diagnosed & treated, but are numerous & of various kind.

In the week ending 14th June 2009, 100 women's those were treated in a rural clinic, 75 k.m off from the city of Kolkata were analysed here to get a current trends of patterns of disorders those are prevalent in women in 2009.

**Objectives:** To feel the status of women's mental health in the community and to formulate necessary recommendations.

**Methods:** Total no. of women cases attended in a busy Clinic in Tamluk, near Calcutta were taken.

100 women cases age ranging from 9-79 were analysed here as to their diagnostic formulation as per WHO, ICD-10 criteria.

Mean age of the patient attended was 44 and mode was 35yrs.

In the younger age group 9-17 years group there were 15 cases mostly Mental retardation with behavior disorders & examination & study related Anxiety disorders with head pain & diff pain symptoms. Mental retardation are mild in nature & caused by Home delivery & prolonged delivery in all the cases, except one who was put on I.V Synthocinonin drip for long time instead of a c.s section in time.

In the middle group 18-45 years, Depressive Disorders, Bipolar disorders, Hysteria, Anxiety disorders, Schizophrenia & OCD are main entities.

In the late age group MDD, Senile dementia with & Delusional disorders are common.

**Results:** In a clinic based study women's mental disorders are plenty.

**Conclusion:** This is an important arena of early intervention.