

Now accepting
original research and
systematic reviews

Indexed in Emerging Sources
Citation Index and Web of Science



Editor-in-Chief, Dr Marinos Kyriakopoulos, shares the journal's rationale for expanding its scope in an introductory Editorial.

Scan here to read.



Access the instructions for authors to find out more.

Scan here to read.

Find out more

General enquiries: BJPInternational@rcpsych.ac.uk

cambridge.org/bji



Find out more

cambridge.org/bji/muses

Muses

the arts blog from
BJPsych International

Call for Submissions

Highlighting international art and artists, particularly from low-and-middle-income countries, with a focus on mental health. *BJPsych International* is seeking submissions for consideration, such as, comments on artwork, visual arts, literature, drama, films, podcasts, and videos.

General enquiries: BJPInternational@rcpsych.ac.uk



Editorial

- 77 **Let's talk emotions: from classification and early intervention to suicide prevention**
Marinos Kyriakopoulos

Special Paper

- 78 **The epistemic injustice of borderline personality disorder**
Jay Watts

Thematic Paper

- 83 **Group dialectical behaviour therapy for adolescents with emotional dysregulation and maladaptive coping: pilot implementation in Qatar**
Yasser Saeed Khan, Sruthi Mathew, May Jasem AlMeraiasi and Majid Alabdulla

Global Echoes

- 88 **From despair to hope: tackling Balochistan's suicide crisis with sustainable solutions**
Mehr Muhammad Adeel Riaz, Imrana Imdad, Butool Hisam and Muhammad Zeshan
- 90 **The World Psychiatry Exchange Program: insights from Tunisians in India**
Mona Daoud, Wafa Abdelghaffar, Philip Sharad, Ramdas Ransing and Mariana Pinto da Costa

Special Paper

- 93 **Mental health services in rural India: a big challenge still to be met**
Rahul Mathur, Nishtha Chawla and Rakesh K Chadda

Global Echoes

- 97 **Improving mental health response in earthquake-prone regions: recommendations following the recent earthquake in Türkiye**
Rodrigo Ramalho, Rojda Ersönmez, İdil Kına, İrem Keçeci, Ramin Apparao, Eugene B. Y. Koh and Bülent Coskun

Country Profile

- 100 **Mental health and psychiatry in Japan**
Kanna Sugiura, Yuhei Yamada, Naoyuki Kirihara and Tsuyoshi Akiyama
- 102 **Pandora's Box**
Eleni Palazidou

BJPsych International
(Print)
ISSN 2056-4740

BJPsych International
(Online)
ISSN 2058-6264

“What Do You Feel” by Ahmed Emad Eldin

Ahmed Emad Eldin is an award-winning digital artist, recognized globally for his work on Pink Floyd's “The Endless River” album cover and listed in Forbes 30 Under 30 in 2023. His artworks have been exhibited at prestigious venues worldwide, including the Victoria and Albert Museum in London, the Museum of Contemporary Art in Rome, and Sotheby's Gallery in London.

The artist writes: “When we're asked about our feelings and struggle to express them, it feels like a conflict within us. Different emotions compete to be expressed first, but there's no clear winner. Despite appearing calm, this inner struggle is ongoing, with the hope that “Happiness” eventually prevails.”