

P01-295 - **PSYCHIATRIC DISORDER AS CLINICAL PRESENTATION OF PRIMARY SJÖGREN'S SYNDROME**

L. Pelizza, B. Welsch, F. Bonacini, R. Losi, A. Ferrari

Reggio Emilia Mental Health Department, Guastalla-Reggio Emilia, Italy

Background: Sjögren's syndrome (SS) is a common medical condition which may produce psychiatric disturbances. Psychoactive medications treat psychiatric symptoms, but leave the underlying process unaffected.

Aims: To emphasize that psychiatric disorders in primary SS constitute an indisputable clinical reality that each practitioner must be able to recognize and treat.

Method: A systematic review on psychiatric manifestations of SS and two case-reports of mental disorder as clinical presentation of primary SS.

Discussion: Psychiatric manifestations in primary SS are common and can occur not only during its course, but also at onset of the autoimmune syndrome. A better adapted prescription of corticosteroids and/or immunosuppressive agents (together with specific psychotropic treatments) can induce to a rapid relief of psychiatric dysfunction.

Conclusions: Psychiatrists should keep in mind that primary SS is a potential cause of mental disorders when examining patients with multiple somatic complaints and psychiatric symptoms.