

# INSTRUCTIONS TO CONTRIBUTORS

**Behaviour Change** is a quarterly journal devoted to the publication of research involving the application of behavioural and cognitive-behavioural principles and techniques to the assessment and treatment of health, social, organisational, community and educational problems. It publishes original empirical studies using either single subject or group comparison methodologies, review articles, case studies, brief technical and clinical notes, invited book reviews, and special issues dealing with particular topics in depth.

## MANUSCRIPTS SHOULD BE SUBMITTED TO:

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## Preparation of manuscripts

Four copies of each manuscript, prepared according to the Publication Manual of the American Psychological Association, 4th edition (1994) should be sent to the editor with a cover letter requesting review of the manuscript. Spelling should conform to the Macquarie Dictionary. The cover letter should contain a statement indicating that the manuscript has not been published elsewhere nor is it currently under editorial review.

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The manuscript must have a cover page with the title of the article, author(s) names and affiliation, a running head, and at the bottom of the paper the name and postal address, as well as a contact phone and fax number and email address if available, of the person to whom correspondence, proofs and reprint requests should be sent. To facilitate anonymous review the second page should include the title of the article without author identification.

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