



## *The Care Dividend*

Long-term care often falls by the wayside in national policy dialogues. As populations age around the world and the prevalence of chronic conditions increases, greater numbers of people will need care and support, putting added pressures on acute-care facilities, communities, and families, among others. This increase in demand for long-term care raises questions about the capacity of governments to provide access to needed care, how these services will be properly resourced and who should receive these benefits. *The Care Dividend* provides a roadmap for investing in long-term care systems. It argues for increased public investment in high-quality, universally accessible long-term care and explains why these systems benefit everyone: households, health systems, economies, and societies. Bringing together a team of academics and policy experts from around the world, this book explains why and how governments can, and should, take action. This title is also available as Open Access on Cambridge Core.

**Jonathan Cylus** is the head of the European Observatory on Health Systems and Policies' London Hubs and a Senior Health Economist in the WHO Barcelona Office for Health Systems Financing. His main research is on health systems, focusing primarily on health financing policy, health economics and health system performance, as well as on the economics of population ageing. He has worked on these topics in a wide range of countries, as well as with the European Commission, OECD and WHO.

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**Stefania Ilinca** is Technical Officer on long-term care with the WHO Regional Office for Europe, a Senior Atlantic Fellow for Equity in Brain Health and a Salzburg Global Seminar fellow. Her work focuses on innovation and service design in health and

long-term care systems and on promoting equity in access to long-term care. Prior to joining WHO Europe, she has worked as a researcher and policy advisor at the European Centre for Social Welfare and Policy Research in Vienna and at Trinity College Dublin.

**Manfred Huber** joined WHO Regional Office for Europe in 2009, where he provided advice to Member States in Europe on the implementation of the Decade of Healthy Ageing, until his retirement in April 2023. His area of expertise is health and long-term care reform for healthy ageing; age-friendly environments and communities. He has authored several books on health and social services for ageing populations and has over 30 years of experience with international comparisons of health and social policy.

**Sarah Louise Barber** is the Director of the WHO Centre for Health Development (the Kobe Centre) in Kobe, Japan. Prior to working with WHO, she was managing evaluation research at the University of California Berkeley's Institute of Business and Economic Research, and the National Institute of Public Health in Mexico. She has published widely on diverse topics in health economics and policy analysis, including the role of the private health care sector, conditional cash transfers, human resources, migration, and more.

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The volumes in this series focus on topical issues around the transformation of health systems in Europe, a process being driven by a changing environment, increasing pressures and evolving needs.

Drawing on available evidence, existing experience and conceptual thinking, these studies aim to provide both practical and policy-relevant information and lessons on how to implement change to make health systems more equitable, effective and efficient. They are designed to promote and support evidence-informed policy-making in the health sector and will be a valuable resource for all those involved in developing, assessing or analyzing health systems and policies.

In addition to policy-makers, stakeholders and researchers in the field of health policy, key audiences outside the health sector will also find this series invaluable for understanding the complex choices and challenges that health systems face today.

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# The Care Dividend

Why and How Countries Should Invest  
in Long-Term Care

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