Course ID: CMEC20

How to set up and evaluate a community mental health service for the severely mentally ill

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Educational Objectives: To understand the principles underlying the development of community mental health services, and the methods which can be used to evaluate their cost-effectiveness.

Course description: The Evidence Base for Mental Health Services
- Epidemiological-based measures or estimates of local needs
- Actual service provision data as information for planning
- Actual service utilisation data as information for planning
- The relationships between service provision and use
The Ethical Base for Mental Health Services
- Guiding principles at the international level
- Guiding principles at the local level
- Clinical values as complementary to cost-effectiveness
Key Resources: Training and Morale of Staff
- The central role of human resources
- The renewable resources of individual staff
- The clinical team as a therapeutic agent
- Staff morale and burnout
- The clinical team as a lens
Planning Based on Evidence and on Ethical Principles
- Defining the planning process
- 'Service component' or 'system' planning
- Service components in a service system: the hydraulic model
- Interfaces between components of the service system
Planning the transition to a community-based system of care
- Seven steps from planning to practice

Target audience: Suitable for those actively involved in service research or evaluation, and for those who are planning or reforming mental health services, and those involved in clinical practice, who are interested in how to include an evaluation component to their work.

Course level: The course assumes that participants will have some basic knowledge of community mental health services, and will be familiar with.