

learn about the research gap between technologically developed and developing societies, reflected in the name of the 10/66 Dementia Research Group (a name chosen to reflect that only 10% of dementia research is directed towards the 66% of people with dementia living in low- and middle-income countries); and on another level, chapter 11 shows us the gulf between the levels of physical activity that those in dementia care deserve to have and those they actually do have.

Overall, it is refreshing to read a book in which the focus is on the real world, in which we struggle to implement policy and

provide the best possible services. If you like to take a reasonably easy-reading but work-related volume on holiday, this would be a good one to put in your suitcase.

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