

# WebGuide

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The Internet has been likened to a vast unmanned, unmanaged library that never closes. Its files are stored on a global, interconnected web of about 43 million computers. One hundred and forty-seven million people worldwide use its facilities including 7.2 million people in the UK. In such a big place it can be difficult to find things. To avoid this we invite you to join our guided tour. This series will highlight some of the major sources of useful information and also direct you to resources that a lone visitor might overlook.

## The College

[www.rcpsych.ac.uk](http://www.rcpsych.ac.uk)

The web site has been up and running for some months. The site has areas for members, the press and public and other professionals. It also includes the redesigned Research Unit pages.

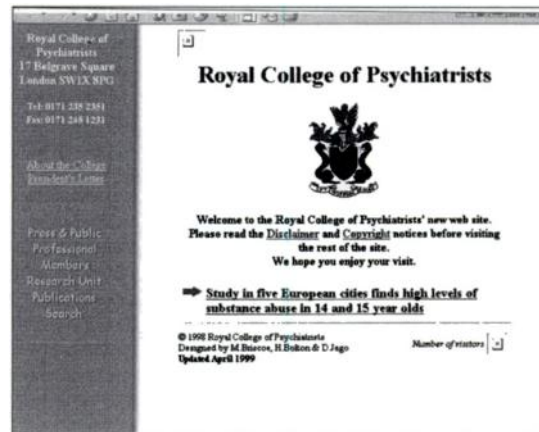
The site holds an increasing amount of self-help material for the public. There is quite a lot of housekeeping and administrative information for members such as; how to book rooms at the College, claim expenses and details of forthcoming meetings. Special interest groups and sections will be encouraged to publish material on the site.

## Online guides and search engines

This refers to the Internet software needed to search the world wide web. Some of the most useful examples are listed below.

**College WWW workshops** [www.ex.ac.uk/cimh](http://www.ex.ac.uk/cimh) – these pages are used for the Computers in Psychiatry Group web workshops. They contain basic introductory information and useful lists of resources.

**University of London Library** [www.ull.ac.uk/netgul.html](http://www.ull.ac.uk/netgul.html) – Online tutorials covering the basics of browsing, using email and creating websites.



**Beginners Central** [www.northernwebs.com/bc](http://www.northernwebs.com/bc) – is all about helping beginners to enjoy and get the most out of the web.

**Yahoo** [www.yahoo.co.uk](http://www.yahoo.co.uk) – provides a hierarchical index of websites including 'Internet mental health', an encyclopaedia describing mental illness, treatment, medication and research.

Alternatives are **Lycos** [www.lycos.co.uk](http://www.lycos.co.uk) and **Alta Vista** [www.altavista.com](http://www.altavista.com).

**Excite** [www.excite.com](http://www.excite.com) provides a multilingual site with some useful features such as a self-help source book.

**BMA** [www.ovid.bma.org.uk](http://www.ovid.bma.org.uk) is useful for academic searches such as Medline and EMBASE.

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