

P-91 - SOME SOMATIC ASPECTS OF SEVERITY DRINKING ALCOHOL AMONG TREATED MALE PATIENTS

M.Stankovic¹, S.Alcaz², S.Vucetic Arsic², R.Popovic², M.Hrnjak²

¹Department of Alcoholism, ²Special Hospital on Addictions, Belgrade, Serbia

Introduction: Severity drinking and alcohol dependent individuals have high rates of co-occurring somatic disorders. Many papers show close relationship between alcoholism and liver damage or liver disease. There occur high blood pressure, diabetes. According the treatment proposal, patients with co-occur somatic problems seem less compliant with treatment and more drop out of treatment at all.

Aims: The purpose of this paper was to show high implication of somatic disorders among severity drinking patients and alcohol dependent patients.

Methods: We observed 34 male patients, age between 35- 60, who treated in our clinic for one year, on Department of Alcoholism. We used the medical data, history of illness, psychiatric and neurological examination during treatment and complete blood count. All the patients verified diagnosis of alcoholism and excluded other mental illness according the criteria ICD-X.

Results: All of 34 male patients (100%) show raised level of Gamma-glytanyl transpeptidase (GGT), 19 patients (55,88%) with high blood pressure, 9 patients (26,47%) verified Type 2 (non-insulin-dependent) diabetes mellitus, 3 patients (8,82%) with Type 1 (insulin-dependent) diabetes mellitus and 5 patients (14,70%) drop-out in the middle of treatment (solving problem with somatic disorders and less of motivation).

Conclusion: Alcoholism, alcohol-dependency and severity drinking show more linking with somatic problems and somatic disorders as well. In recent clinical work many different specialist may confirm somatic aspect as a big role in alcoholism, like note that patients with some somatic problem seek more likely to seek treatment than the others alcoholics.