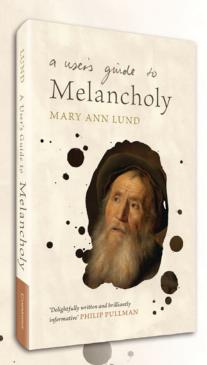
## A User's Guide to Melancholy

MARY ANN LUND, UNIVERSITY OF LEICESTER

## £ 19.99 | \$ 24.99 Hardback

'Mary Ann Lund has done Burton a great service, and us readers too, whether or not we've embarked on the wide and turbulent sea of his prose. Burton is inexhaustible and irreplaceable, of course, but this delightfully written and brilliantly informative guide is the best introduction to this great book I have ever seen. I hope it has a great success, and remains in print for four hundred years'.

PHILIP PULLMAN



To discover more, visit cambridge.org/melancholy

'A rich and fascinating tour through the territory of melancholy in seventeenth-century England and beyond. Lund provides an expert but very readable introduction to Burton's masterpiece, and her entertaining exploration of the cultural resonances of the Anatomy's medical, psychological, and literary subject matter also prompts us to think seriously about the lasting historical legacies of those who wrote about and struggled with melancholy in the past.'

ANGUS GOWLAND, READER IN INTELLECTUAL HISTORY,

'A truly fascinating historical journey through an extraordinary range of mental health experiences. Full of captivating descriptions, with Mary Ann Lund the perfect engaging and enlightening guide."

DANIEL FREEMAN, PROFESSOR OF CLINICAL PSYCHOLOGY,

'Mary Ann Lund's book serves as an introduction not just to Burton's magnum opus but to contemporary and historical conceptions of melancholy... a learned, broad and readable picture of Renaissance medicine'.

NICHOLAS LEZARD, THE GUARDIAN

'In her superb new monograph about Burton's work, A User's Guide to Melancholy, Mary Ann Lund, a scholar of Renaissance literature, explains how melancholy has always had a span as wide as the mind's horizon.'

HORATIO CLARE, UNHERD

'At a time when challenges to mental health are severe and widespread, Mary Ann Lund is a welcome guide to a classic work on the subject."

CASPER HENDERSON, THE SPECTATOR



