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**Narcissistic Personality Disorder, Major Depressive Disorder and Sex : a Case-report**

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**Introduction:** Narcissistic Personality Disorder (NPD) has a prevalence of 6,2% on general population, with greater rates for men (7,7%) than women (4,8%). It has been frequently associated with substance misuse, Bipolar Disorder (type I and II), anxiety and other personality disorders, but seldom it has been associated with Major Depressive Disorder.

**Objectives:** The emphasis put on sex by elder people with NPD hasn't been widely studied in Literature. Frustration on the maintenance of a fixed rate of weekly sexual intercourse with their partners has led to a MDD in two outpatients that, for this reason, came to our Community Mental Health Center (CMHC).

**Aims:** Find if the supposed relation between certain Life Events for people with a well-controlled NPD can lead to a MDD can be detected.

**Methods:** Both completed the Minnesota Multiphasic Personality Inventory (MMPI-II) that confirmed the co-existence.

**Results:** Diagnostically, these patients presented an exaggerated self-appraisal even during the depressive phases, attempts to gain others' approval and attention, very little interest on others' thoughts and efforts to gain personal advantages in a depressive frame.

**Conclusions:** This report suggest the necessity of further studies on the relation between NPD and MDD when a kind of frustration in important fields of patients' life occurs.