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## Spring Quarterly Meeting, 1983

The Spring Quarterly Meeting was held at the John Radcliffe Hospital, Oxford on 26 and 27 April 1983, under the Presidency of Professor Kenneth Rawnsley.

#### SCIENTIFIC MEETINGS

##### Tuesday 26 April: Morning Session A

##### *Psychological Treatment of Depressive Disorders*

A psychotherapist's view of depression—Dr Anthony Storr  
Loss and internalization: A psychoanalyst's view—Dr Jonathan Pedder.

Interpersonal therapy and behavioural methods—Professor M. G. Gelder.

Cognitive therapy—Dr J. Teasdale.

##### Morning Session B

##### *Catastrophes and Disasters*

The toxic oil syndrome catastrophe: Psychiatric and

psychological implications—Professor J. J. Lopez-Ibor Alino

Nuclear catastrophe versus traditional disaster—Where should psychiatry stand? Professor Robert Jay Lifton

The psychiatric sequelae of the Aberfan disaster—Dr J. M. Cuthill

##### Afternoon Session A

##### *New Approaches to the Pharmacology of Depressive Disorders*

How do antidepressant treatments work?—Professor D. Grahame Smith

The pharmacology of ECT—Dr D. Costain

Biochemistry and depression: How good is the relationship?—Dr P. J. Cowen

Which antidepressant?—Dr S. A. Montgomery

### Afternoon Session B

#### *Dependence/Addiction Group*

The use of human glial cells in culture to study ethanol metabolism—Dr H. Brian McNamee

Religious differences of alcohol drinking amongst Asian immigrants in the UK—Dr S. K. Gosh

A compiled outcome study of patients with one admission to the Oxford Regional Unit—Dr J. M. Know

Comparative studies over a decade, relating to a regional Drug Dependence Unit—Dr B. M. Mandelbrote.

### Wednesday 27 April: Morning Session A

#### *Liaison or Consultation?*

A critical review of liaison psychiatry—Dr G. Lloyd

The psychiatrist and the cardiac clinic—Dr R. Mayou

Neuropsychiatric evaluation of episodic disturbances of behaviour—Dr G. Stores

Psychiatric aspects of rheumatoid arthritis—Professor R. H. S. Mindham

The child psychiatrist in the maternity clinic—Dr G. Forrest

### Morning Session B

#### *The Role of the Occupational Therapist in Psychiatry: I*

Do occupational therapists have any role in psychiatry?—  
Dr Douglas Bennett

Differing views about occupational therapy—Mrs E Grove

Training occupational therapists—Professor Cairns Aitken

Unemployment and mental health—Dr Rachel Jenkins

Work assessment in the current economic climate—Miss Hester Monteath

### Afternoon Session A

#### *Obstetrics, Gynaecology and Psychiatry*

Affective disorders in gynaecology and obstetrics—Dr D. H. Gath

The identification of the premenstrual syndrome—Professor Anthony Clare

A new approach to maternity 'blues'—Miss Helen Kennerley

Puerperal mental illness: A survey of mother and baby admissions—Dr R. Kumar and Dr E. Meltzer

### Afternoon Session B

#### *The Role of the Occupational Therapist in Psychiatry: II*

Why don't occupational therapists do research in psychiatry?—Mrs Margaret Ellis

What research ought to be done in occupational therapy?—  
Professor Sir Desmond Pond

#### *Panel Discussion with discussion on:*

Assertive training—Mrs D. Beagan

Creative therapies—Sue Jennings

Psychogeriatrics—Miss Cindy Ridgway

Mental handicap—Mrs S. Morris

### BUSINESS MEETING

The Business Meeting was held on 25 April 1983. As the President, Professor K. Rawnsley, was unwell, the Vice-President, Dr J. Jancar, took the Chair.

### Minutes

The Minutes of the two previous meetings would be appearing in the *Bulletin* shortly (August 1983, 7, 150–52; September 1983, 7, 170–72).

### Obituary

The Registrar announced with regret the names of the members who had died since the last College meeting.

### Election of Honorary Fellows

The following were approved for election to the Honorary Fellowship:

PROFESSOR A. LEIGHTON, Professor of Psychiatry and Preventive Psychiatry, University of Dalhousie, Canada: formerly Professor of Psychiatry and Social Anthropology, Cornell University.

SIR ALEC MERRISON, Vice Chancellor, University of Bristol: formerly Chairman, Committee on the Regulation of the Medical Profession and of the Royal Commission on the National Health Service.

VISCOUNT SANDON, Deputy Chairman, Westminster Bank; Chairman of College Advisory Panel: formerly Chairman Board of Governors, Bethlem Royal and Maudsley Hospitals.

DR PETER SAINSBURY, formerly Director, MRC Research Unit, Graylingwell Hospital. Chairman of the College's Special Committee on the Political Abuse of Psychiatry. Former Vice-President and Chairman of Research Committee.

SIR WILLIAM TRETOWAN, Emeritus Professor of Psychiatry, Birmingham. Formerly Chief Examiner, Royal College of Psychiatrists.

### Registrar's Report

Since my last report on 9 February, the Council met on 17 March, the Executive and Finance Committee on 11 February, 11 March and 8 April and the Court of Electors on 14 February and 11 April.

Professor Kenneth Rawnsley has been re-elected President for the year 1983–84. Two nominations have been received for the Office of Registrar and a ballot will be held soon. Members of the College will have received a letter from the President about the resignation of Dr Crammer as Editor and details of the steps being taken to elect a successor. The closing date for applications for Editor will be 14 June. Proposals to amend the Bye-Laws will be brought to the Annual Meeting in July or the Autumn Quarterly Meeting.

Council has considered the position of the College in the light of the decision of the All Union Society of Psychiatrists and Neurologists to resign from the World

Psychiatric Association. The President will attend the General Assembly of the World Psychiatric Association in Vienna and he will continue to make known the College's view on the abuse of psychiatry for political purposes. In the meantime two College Resolutions stand. The Resolution demanding the withdrawal of the All Union Society from the WPA will be cancelled only if it becomes evident that his resignation has not been retracted; and the second Resolution, to protect those who bring the abuse of psychiatry to public notice, will be pressed.

Nominations have been submitted for membership of the Mental Health Act Commission. It is understood that Commissioners will be appointed very soon, although the details of the terms and conditions of service are not yet known.

The Working Party of the Public Policy Committee dealing with the Mental Health Act is in the process of commenting on draft regulations for the implementation of the new Act and is preparing a leaflet for all Members summarizing the principal new provisions. This will be sent to members with the Annual Meeting papers and a session at that meeting is being devoted to a discussion of the new Act. It is also hoped that College Divisions and Sections will organize appropriate meetings to keep all Members informed about the new procedures. The Public Policy Committee has also been asked to consider the work of the Court of Protection in relation to new legislation and also certain anomalies brought to light at the recent MIND Conference. The Executive and Finance Committee and the Public Policy Committee have taken steps to attempt to influence Clause 10 of the Police and Criminal Evidence Bill. The College, in conjunction with the British Medical Association, has persuaded the Home Secretary to bring forth amendments so that confidential personal records relating to the work of the medical and other caring professions be exempt from the provisions of the Clause.

The Court of Electors has agreed to the election of 84 Members of the College to the Fellowship and has elected two Members under the Bye-Laws which permit exemption from the Membership examination to doctors of distinction. One of these doctors is Dr A. I. Koryagin. Sixty-three new Inceptors were elected at the recent meeting of the Court and it was announced that 181 out of 395 candidates were successful in the Preliminary Test. A new aspect of work in relation to the Examination will be the introduction this Autumn of Induction courses for new Examiners to help co-ordinate methods and standards and so that senior Examiners can share their experience with new Examiners.

The Public Policy Committee is considering ways and means of improving public education in psychiatry and will be holding a meeting soon with Dr David Player, a Fellow of this College, who is the new Director of the Health Education Council. A Working Party of the Committee has prepared comments, which have been approved by Council, for the Warnock Committee which is enquiring into human fertilization and embryology (a Committee of which our President is a member). Representatives of the College have held a meeting with the Director of the Prison Medical Service to discuss problems which have arisen in providing appropriate treatment for mentally disturbed offenders. Another meeting was to be held with the DHSS next week, to discuss psychiatric manpower.

Court of Electors and Council have supported the view of the Education Committee that more use should be made of the time-limited approval category for training posts in certain units which provide sound but narrowly based training. Discussions are continuing with the Royal College of General Practitioners about the approval of posts which may be suitable for vocational training for General Practice but which do not provide the comprehensive psychiatric experience necessary for training for the Membership Examination.

The Report of the Mental Deficiency Section, 'Mental Handicap Services—The Future', has been approved by Council and has been widely circulated. It is being published in the *Bulletin* (July 1983, 131–34). It has also been discussed by the Court of Electors and by the Joint Committee on Higher Psychiatric Training.

Dr Stuart Montgomery has been elected Honorary Secretary of the Programmes and Meetings Committee. He replaces Dr Robin Murray, who has been Secretary of the Committee for the past three years. The College is extremely grateful to Dr Murray for his work and for the very high quality of scientific meetings which he has arranged—including this meeting in Oxford. The College is also grateful to Professor Gelder, his Secretary, Mrs Offen, and his Oxford colleagues for their assistance with the arrangements for the meeting.

As this is my last Quarterly Meeting Report after my five-year period of service as Registrar, I would like to express my own thanks to all those Members and Fellows of the College who have been of such great help and support to me for the past five years. I am also deeply grateful to Miss Natalie Cobbing and the College staff for their support and wise advice.

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### Correction

In the letter from Professor R. Bluglass (*Bulletin*, November 1983, 7, 187), the sentence which read: 'Section 58 applies to ECT and medicines given after the first three

months of continuous detention', should have stated: 'Section 58 applies to ECT and medicines given for longer than three months in a continuous period of detention'.