## Palliative and Supportive Care

# **Exhalation**

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#### **Poetry**

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If I have complained I hope these words blur together. In ways that make us grieve. For the silent crackling of the fireplace, pressed lilies curling on the kitchen table.

This journey seems to be leftover of waters pooling in remembered landscapes. Bringing realization not that this day does not exist but that it exists without us. As if

this time, the blessing can arrive early and with good intentions. But the distances keep coming. The stars are like that. Candles chasing after dead air, white birds

with dry leaves in their beaks left falling sometime after autumn. You brush this dirt off and touch your knees with a tenderness kept for moments of chosen reminder.

And in the dawn you think you are no closer except the clocks have stopped. Now it is understandable to forget what it was like to be wanted, held close in the joy of expectant arrival.

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