

# Behavioural and Cognitive Psychotherapy

Published for the British Association for Behavioural  
and Cognitive Psychotherapies (BABCP)

## Editor

Paul M Salkovskis, Institute of Psychiatry, London, UK

*Behavioural and Cognitive Psychotherapy* is an international multi-disciplinary journal aimed primarily at members of the helping and teaching professions. The journal features original research papers, covering both experimental and clinical work, that contribute to the theory, practice and evolution of cognitive and behaviour therapy. Under the guidance of an international editorial team, *Behavioural and Cognitive Psychotherapy* aims to reflect and influence the continuing changes in the concepts, methodology and techniques of behavioural and cognitive psychotherapy. A particular feature of the journal is its broad-ranging scope - both in terms of topics and types of study covered.

## Price information

is available at: <http://journals.cambridge.org/bcp>

## Free email alerts

Keep up-to-date with new material – sign up at  
<http://journals.cambridge.org/alerts>

VOLUME 40 NUMBER 4 JULY 2012

Behavioural  
and  
Cognitive  
Psychotherapy

(BABCP)  
www.babcp.com

## *Behavioural and Cognitive Psychotherapy*

is available online at:

<http://journals.cambridge.org/bcp>

## To subscribe contact Customer Services

### in Cambridge:

Phone +44 (0)1223 326070

Fax +44 (0)1223 325150

Email [journals@cambridge.org](mailto:journals@cambridge.org)

### in New York:

Phone +1 (845) 353 7500

Fax +1 (845) 353 4141

Email

[subscriptions\\_newyork@cambridge.org](mailto:subscriptions_newyork@cambridge.org)

For free online content visit:  
<http://journals.cambridge.org/bcp>



CAMBRIDGE  
UNIVERSITY PRESS

CAMBRIDGE

JOURNALS

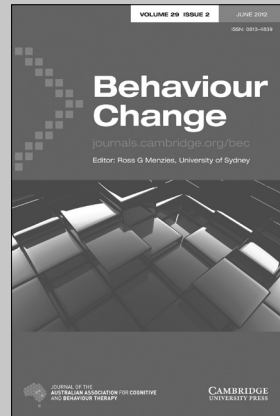
# Behaviour Change

Journal of the Australian Association for Cognitive  
and Behaviour Therapy (AACBT)

## Editor

Ross Menzies, *University of Sydney, Australia*

*Behaviour Change* has long been considered a leader in its field. It is a quarterly journal that publishes research involving the application of behavioural and cognitive-behavioural principles and techniques to the assessment and treatment of various problems.



## **Behaviour Change**

is available online at:  
<http://journals.cambridge.org/bec>

## To subscribe contact Customer Services

### in Cambridge:

Phone +44 (0)1223 326070  
Fax +44 (0)1223 325150  
Email [journals@cambridge.org](mailto:journals@cambridge.org)

### in New York:

Phone +1 (845) 353 7500  
Fax +1 (845) 353 4141  
Email  
[subscriptions\\_newyork@cambridge.org](mailto:subscriptions_newyork@cambridge.org)

## Free email alerts

Keep up-to-date with new  
material – sign up at  
[journals.cambridge.org/bec-alerts](http://journals.cambridge.org/bec-alerts)

For free online content visit:  
<http://journals.cambridge.org/bec>



CAMBRIDGE  
UNIVERSITY PRESS

# the Cognitive Behaviour Therapist

Published for the British Association for Behavioural and Cognitive Psychotherapies (BABCP)

## Editor-in-Chief

Michael Townend, *University of Derby, UK*

*tCBT* is an interdisciplinary, peer-reviewed journal aimed primarily at practitioners of cognitive behaviour therapy in the helping and teaching professions. It features papers covering clinical and professional issues, which contribute to the theory, practice and evolution of the cognitive and behavioural therapies. The journal publishes papers that describe new developments, are practice-focused, detail clinical interventions, research reports, case reports, practice audits, and reviews of clinical scales. The journal also publishes papers that have an education, training or supervision focus, or reviews of recently published literature.

## Price information

is available at: <http://journals.cambridge.org/cbt>

## Free email alerts

Keep up-to-date with new material – sign up at  
<http://journals.cambridge.org/alerts>



*the Cognitive Behaviour Therapist* is available online at:  
<http://journals.cambridge.org/cbt>

## To subscribe contact Customer Services

### in Cambridge:

Phone +44 (0)1223 326070  
Fax +44 (0)1223 325150  
Email [journals@cambridge.org](mailto:journals@cambridge.org)

### in New York:

Phone +1 (845) 353 7500  
Fax +1 (845) 353 4141  
Email  
[subscriptions\\_newyork@cambridge.org](mailto:subscriptions_newyork@cambridge.org)

For free online content visit:  
<http://journals.cambridge.org/cbt>



**CAMBRIDGE**  
UNIVERSITY PRESS

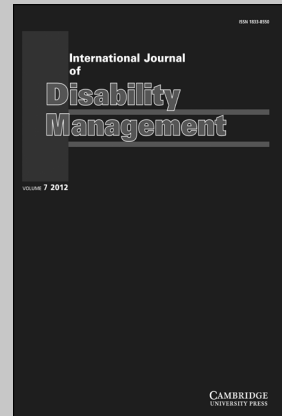
# International Journal of Disability Management

Published for the International Forum on Disability Management

## Editor-in-Chief

Nicholas Bellamy, *University of Queensland, Australia*

*International Journal of Disability Management* publishes research findings in areas including prevention of injury and disability, occupational rehabilitation and employment of people with injury and disability. The journal has a particular aim of encouraging and publishing findings from studies conducted in a range of countries that focus on disability management interventions in the workplace.



## **International Journal of Disability Management**

is available online at:  
<http://journals.cambridge.org/idm>

### **To subscribe contact Customer Services**

#### **in Cambridge:**

Phone +44 (0)1223 326070  
Fax +44 (0)1223 325150  
Email [journals@cambridge.org](mailto:journals@cambridge.org)

#### **in New York:**

Phone +1 (845) 353 7500  
Fax +1 (845) 353 4141  
Email  
[subscriptions\\_newyork@cambridge.org](mailto:subscriptions_newyork@cambridge.org)

### **Free email alerts**

Keep up-to-date with new material – sign up at

[journals.cambridge.org/idm-alerts](http://journals.cambridge.org/idm-alerts)

For free online content visit:  
<http://journals.cambridge.org/idm>



**CAMBRIDGE**  
UNIVERSITY PRESS

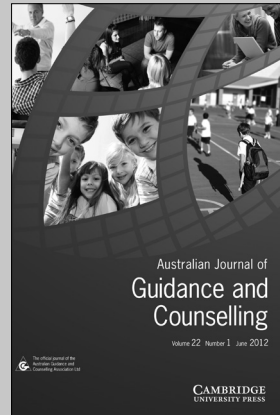
# Australian Journal of Guidance and Counselling

Supported by the Australian Guidance and Counselling Association

## Editor

Marilyn Campbell, *Queensland University of Technology, Australia*

Contributors to the *Australian Journal of Guidance and Counselling* are from diverse backgrounds and focus on both educational and psychological topics. Articles address theoretical, practical and training issues that impact upon guidance and counselling professionals today.



## **Australian Journal of Guidance and Counselling**

is available online at:

<http://journals.cambridge.org/jgc>

### **To subscribe contact Customer Services**

#### **in Cambridge:**

Phone +44 (0)1223 326070

Fax +44 (0)1223 325150

Email [journals@cambridge.org](mailto:journals@cambridge.org)

#### **in New York:**

Phone +1 (845) 353 7500

Fax +1 (845) 353 4141

Email

[subscriptions\\_newyork@cambridge.org](mailto:subscriptions_newyork@cambridge.org)

### **Free email alerts**

Keep up-to-date with new material – sign up at

[journals.cambridge.org/jgc-alerts](http://journals.cambridge.org/jgc-alerts)

For free online content visit:  
<http://journals.cambridge.org/jgc>



**CAMBRIDGE**  
UNIVERSITY PRESS

# Journal of Relationships Research

## Editor

Terry Bowles, *Melbourne University, Australia*

This innovative journal provides researchers and practitioners with access to quality, interdisciplinary, peer-reviewed articles covering the entire range of fields associated with personal, intimate, organizational and family, and social relationships, development, training and analysis of human relationship skills across the life-span. Originally an initiative of the Psychology of Relationships Interest Group of the Australian Psychological Society, the journal became independent within its first year with the intention of publishing papers from the full array of researchers of relationship.

The journal features an experienced and eclectic Editorial Board and is international in its reach. There is a special emphasis on contributions from Asia, including the subcontinent and Pacific regions but the journal welcomes papers from all other parts of the world.

*Journal of Relationships Research* is published online-only in continuous yearly issues ensuring that the definitely accurate copy-edited and proof-read version of each research article is available to the worldwide research community within weeks of a successful peer review.

For free online content visit:  
<http://journals.cambridge.org/jrr>



*Journal of Relationships Research* is available online at:  
<http://journals.cambridge.org/jrr>

## To subscribe contact Customer Services

### in Cambridge:

Phone +44 (0)1223 326070  
 Fax +44 (0)1223 325150  
 Email [journals@cambridge.org](mailto:journals@cambridge.org)

### in New York:

Phone +1 (845) 353 7500  
 Fax +1 (845) 353 4141  
 Email  
[subscriptions\\_newyork@cambridge.org](mailto:subscriptions_newyork@cambridge.org)

## Free email alerts

Keep up-to-date with new material – sign up at

[journals.cambridge.org/jrr-alerts](http://journals.cambridge.org/jrr-alerts)



**CAMBRIDGE**  
UNIVERSITY PRESS

# Rehabilitation Counselling

---

## Guidelines for Authors

---

*The Australian Journal of Rehabilitation Counselling* (AJRC) is a peer-reviewed scientific publication in the multidisciplinary field of rehabilitation and disability. AJRC receives national and international submissions and topics include rehabilitation counselling, case management, rehabilitation education, rehabilitation administration, job placement, vocational assessment, psychosocial rehabilitation, independent living, transition planning, supported employment, industrial rehabilitation and disability management.

Only original scientific rehabilitation research and development papers (including pilot studies), selected reviews and special reports are accepted. AJRC welcomes submissions of graduate student research and submissions on new approaches and innovations in the field. AJRC does not publish letters to the editor or other submissions of a more journalistic style.

Guidelines for preparation and submission of manuscripts are given below. Intending contributors should submit their manuscript **preferably as an e-mail attachment** to:

The Editor, Elias Mpofu

**E-mail:** [elias.mpofu@sydney.edu.au](mailto:elias.mpofu@sydney.edu.au)

**Postal address:**

Discipline of Rehabilitation Counselling

The University of Sydney

Room T-428

C42 – Cumberland Campus

Lidcombe NSW 2141

A cover letter should accompany the manuscript as a **separate e-mail attachment**, which includes a return mail address and e-mail address, and state the following:

1. the name, credentials, affiliation, address, telephone number, fax number, and e-mail address of the corresponding author
2. that this manuscript is an original work that has not been submitted to nor published anywhere else
3. that all authors have read and approved the paper and have met the criteria for authorship as established by the International Committee of Medical Journals Editors (see <http://www.icmje.org/index.html#author>)
4. that authors have read the discussion provided by the International Committee of Medical Journal editors on overlapping publications (see <http://www.icmje.org/index.html#over>).

### Manuscript Preparation

1. Authors should prepare manuscripts according to the *Publication Manual of the American Psychological Association* (6th ed., 2009). Spelling should conform to *The Macquarie Dictionary* (4th ed.)
2. Articles not prepared according to the guidelines of the *Manual* will not be reviewed.
3. All manuscripts must include an abstract containing a maximum of 120 words typed on a separate page.
4. Manuscripts would not normally exceed 20 double-spaced A4 typed pages inclusive of abstract, text, references, appendices, tables, and figures. However, longer manuscripts will be considered. Short reports (1200–1500 words) of empirical research are welcome.

### Manuscript Review

1. The journal uses a blind review process in which the author's identity is anonymous to referees.
2. Unless otherwise indicated in the cover letter, the first author will be responsible for communication with the editor and editorial revisions of manuscripts.
3. Although feedback will usually be provided to authors, the editor reserves the right to reject a manuscript for publication without providing a rationale for the decision.
4. The final decision regarding acceptance of a manuscript will be made by the editor.

### Manuscripts Accepted for Publication

1. Upon acceptance for publication, authors must provide the editor with a copy of their manuscript (via an e-mail attachment) and a final printed copy which is an exact match to the e-mailed version. The only acceptable word processing formats are Microsoft Word or RTF.
2. Accepted manuscripts become the sole property of the journal for copyright purposes. However, the author(s) remain responsible for any views expressed in a manuscript that is published.

# Contents

18  
Volume  
Number  
2

December 2012

## Articles

Financial Strain and Loss of Psychosocial Benefits of Work Mediate the Relationship between Sickness Absence and Depression among People with Work Disability 71

*Julie P. Sutton and Debra A. Dunstan*

Influences of Chronic Pain on Proximal Job Retention Outcomes: A Systematic Literature Review 89

*Hanna Issa, Elias Mpofu, Kaye Brock, Ralph R. Crystal, and Ruth T. Lynch*

Couple and Family Therapy with Five Physical Rehabilitation Populations: A Scoping Review 107

*Robert Allan and Michael Ungar*

Efficacy of a Character Strengths and Gratitude Intervention for People with Chronic Back Pain 135

*Heidi J. Baxter, Malcolm H. Johnson, and Debbie Bean*

## Brief Report

Participation in Work Life and Access to Public Transport – Lived Experiences of People with Disabilities in Sweden 148

*Rafael Lindqvist and Jörgen Lundälv*

## Book Review

Psychosocial Aspects of Disability: Insider Perspectives and Counseling Strategies 156

*Reviewed by Valerie J. Rodriguez*

## Corrigendum

Barriers to Physical Activity In Individuals with Spinal Cord Injury: A Western Australian Study – Corrigendum 158

*Terri Robertson, Romola S. Bucks, Timothy C. Skinner, Gary T. Allison, and Sarah A. Dunlop*

ISSN 1323–8922

Cambridge Journals Online

For further information about this journal

please go to the journal website at:

[journals.cambridge.org/jrc](http://journals.cambridge.org/jrc)

CAMBRIDGE  
UNIVERSITY PRESS