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### Introduction:



### Aim:

To develop a physical health care policy within the Rotherham Doncaster And South Humber NHS Foundation Trust (RDASH NHS FT) and shared care policy with Primary care, for adult psychiatric patients. To carry out a physical health care pilot in community mental health team of adult psychiatric patients.

### Objectives:

- To achieve a baseline of physical health status of the patients.
- To present the findings to the trust governance committee.
- Plan further pilot in Primary care to ensure action plan.
- Arrange systems in place within IT to store and share information.

### Method:

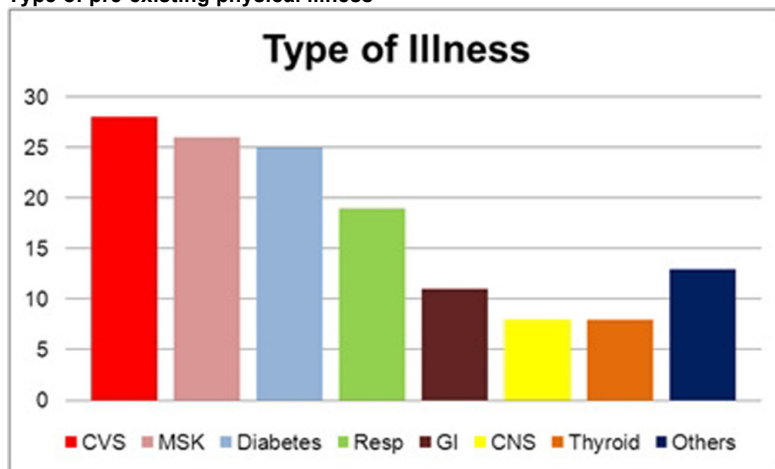
- Pilot was carried out in Ferham clinic in Rotherham.
- Number of patients: 247
- A physical health pro-forma was devised which was completed by patients.
- Time period: May2013-September2013

### Results:

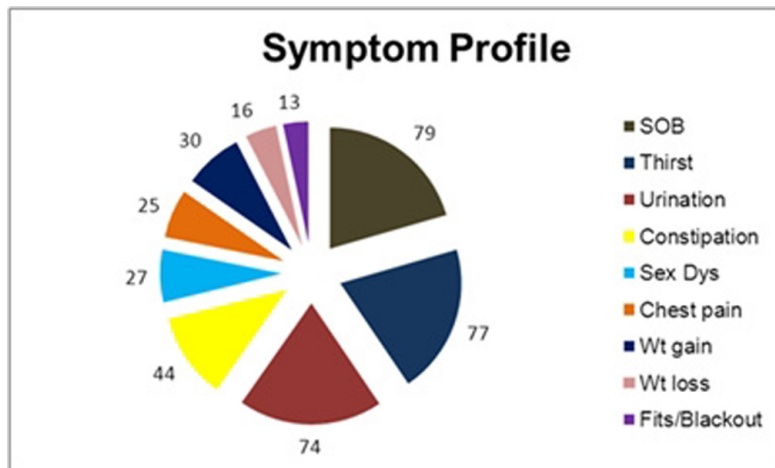
Patients identified: 247, Respondents: 225

<b>Gender</b>	52%
Female	48%
Male	
<b>Health check at primary care</b>	58%
Yes	37%
No	5%
NK	
<b>Pre existing illness</b>	53%
Reported	
<b>Life style choice</b>	65%
Healthy diet	45%
Smoking	50%
Alcohol	50%
Exercise	
Side effects reported	72%
Patients agreeing for information sharing	99%

### Type of pre-existing physical illness



### Side effect profile



### Conclusion:

The results were presented at Trust Governance Committee and the pro-forma has been agreed as a trust wide minimum standard.

Pilot in primary care has been agreed with Kivetonpark Medical practice.

A system has been agreed with IT to store and share information in electronic case notes.

Pending the results of primary care pilot, a policy for physical health care will be agreed.