PW01-122 - **NO-SHOWS, DROP-OUTS AND COMPLETERS IN PSYCHOTHERAPEUTIC TREATMENT: DEMOGRAPHIC AND CLINICAL PREDICTORS IN A LARGE SAMPLE OF NON-PSYCHOTIC PATIENTS**

M. Fenger[1,2], E. Mortensen[3], S. Poulsen[2], M. Lau[1]

[1]*Stolpegaard Psychotherapy Centre, Mental Health Services - Capital Region of Denmark, Gentofte,* [2]*Department of Psychology,* [3]*Institute of Public Health and Center for Healthy Aging, University of Copenhagen, Copenhagen, Denmark*

Introduction: High rate of non-attendance in mental health treatment is a major problem in terms of lost economic resources and deteriorated quality of life for the patients.

Aims: The aim of the present study was to conduct an analysis of the influence of demographic and clinical variables on treatment attendance.

Methods: A naturalistic study of 2473 non-psychotic consecutive patients offered psychotherapeutic treatment. Demographic and clinical variables were registered at assessment. Bivariate and multiple logistic regression analyses of the associations between these variables and attendance were conducted.

Results: 675 (27.3%) did not show up and 289 (11.7%) dropped out of treatment. Regression analysis showed that younger age, few years of school, taking an education, unemployment, no sick leave, personality disorder, low or high GAF, no earlier treatment, no use of psychoactive medicine, and substance abuse were significant predictors for non-attendance.

Conclusion: No-show was predicted mainly by clinical factors, whereas drop-out was predicted by demographic variables. Results and strategies to reduce non-attendance were discussed.