
ALCOHOL-RELATED DEMENTIA? - A CASE REPORT

H. Salgado¹, N. Almeida², S. Henriques³, M. Alves⁴, P. Carvalho¹, O. Campos¹, F. Ochoa¹

¹Serviço Saúde Mental e Comunitária de Matosinhos, Hospital de Magalhães Lemos, Porto, Portugal ; ²Departamento de Psiquiatria e Saúde Mental, Centro Hospitalar do Alto Ave, Guimarães, Portugal ; ³Serviço de Psiquiatria Geral e Transcultural, Centro Hospitalar Psiquiátrico de Lisboa, Lisboa, Portugal ; ⁴Serviço Saúde Mental e Comunitária do Porto, Hospital de Magalhães Lemos, Porto, Portugal

Introduction

Light-to-moderate alcohol consumption is associated with a reduced risk of overall dementia; however, moderate-to-heavy alcohol consumption is a risk factor for the development of dementia prior to age 65. Here we describe a case report of a 51-year-old man whose clinical presentation is consistent with dementia related to alcohol consumption.

Objectives

To describe the clinical case of a patient with a probable diagnosis of dementia related to alcohol consumption.

Aims

This report aims to understand the role of alcohol consumption as a risk factor for dementia.

Methods

This report contains a case report and a literature review that was performed using Pubmed and Medscape.

Results and Conclusion

Although a gradual improvement in cognitive ability with prolonged abstinence can occur, some cognitive impairments appeared to persist despite prolonged periods of abstinence. Thus, the avoidance of excessive alcohol consumption is crucial for the prevention of this disease.