

- Dr J. R. Pedder, *Introduction to Psychotherapy: An Outline of Psychodynamic Principles and Practice*  
 Prof R. G. Priest, *Anxiety and Depression: A Practical Guide to Recovery. 2nd edition*  
 Prof A. V. Rao, *Health Care of the Rural Aged Depressive Disease Psychiatry of Old Age in India*  
 Dr D. M. Riley, *Sexual Abuse in Children: Understanding, Intervention and Prevention*  
 Prof L. N. Robins, *Straight and Devious Pathways from Childhood to Adulthood*  
 Prof Sir M. L. Rutter, *Biological Risk Factors for Psychosocial Disorders*  
 Dr R. S. Stern, *The Practice of Behavioural and Cognitive Psychotherapy*
- Dr A. Storr, *Human Destructiveness: The Roots of Genocide and Human Cruelty. 2nd edition*  
 Dr C. J. Todes, *Shadow Over My Brain: A Battle against Parkinson's Disease*  
 Dr M. P. Weller, *The Scientific Basis of Psychiatry. 2nd edition*  
 Prof P. Whybrow, *The Hibernation Response: Why You Feel Fat, Miserable and Depressed from October through March and How You can Cheer Up through those Dark Days of Winter Psychosomatic Medicine: Current Trends and Clinical Applications*  
 Mood Disorders: Toward a new Psychobiology  
 Prof D. G. Wilkinson, *Anxiety: Recognition and Treatment in General Practice*

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## Overseas Doctors Training Scheme

### Induction course

The Overseas Doctors Training Scheme was established by the Royal College of Psychiatrists in August 1989. Feedback from trainees placed in post has indicated that their early experience in the UK could have been eased had they been able to attend an induction course which addressed their specific needs. In response to this the Overseas Liaison Committee decided to hold their first induction course on 27 and 28 January 1992 for all the sponsored trainees commencing in post in February. Fourteen doctors attended this course which consisted of a series of short seminars on a variety of subjects together with a talk from trainees already in post and an evening reception.

Day 1 provided a general introduction to medical practice in the UK and the purpose and role of the College in the training of overseas doctors. The Dean welcomed the new trainees to the UK and the Overseas Doctors Training Scheme and this was followed by a short history of the College by Professor Sydney Brandon. The President gave an overview of the development of the College's role in the training of overseas doctors. Miss Buckley, Personnel Manager from the Charing Cross Scheme, gave a most valuable outline of personal and domestic issues embracing finance, emigration and accommodation. This was followed by an overview of rotational training schemes by Dr Robinson and of academic programmes and University courses by Professor

McClelland. The formal induction on Day 1 was completed by an introduction to the Membership Examination by Dr Sheila Mann.

The new overseas trainees were invited to an open forum of overseas doctors at which trainees already in post gave an interesting account of their early experience in the UK.

Day 2 was arranged on an informal, interactive, seminar basis aimed at providing an introduction to the clinical, legal and sociological aspects of psychiatric practice in Britain.

Seminars were led by Professor J. Cox, Dr C. McWilliam and Dr M. Jorsh (University of Keele), and Professor Digby Tantam (University of Warwick). Topics discussed included the range of mental illness in the UK; patterns of psychiatric practice in the UK; role of allied professions; mental health legislation; liaison psychiatry, sociological aspects of psychiatry and the cultural basis of psychiatry in the UK. The level of interaction between the seminar leaders and participants was high throughout the day, both during the lectures and plenary sessions and over the excellent lunch, coffee and tea breaks provided by the College.

Feedback from all participants indicated that this was a valuable learning experience for students and tutors alike. It is planned to hold this induction course twice yearly before trainees take up post on 1 February and 1 August.

Dr C. McWILLIAM  
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