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have set up services for people with mental illness, lessons learnt and recommended success strategies. The establishment of a national network of CMHTs was one of the central recommendations of The Mental Health Foundation's Report, *Creating Community Care* (September 1994). For further information contact The Mental Health Foundation at 37 Mortimer Street, London W1N 8JU.

### **Dental phobia**

The British Dental Association has launched a new fact file on dental phobia to help nervous patients. It is available with a SAE from the General Office, the British Dental Association, 64 Wimpole Street, London W1M 8AL.

### **New publications**

*The Analysis of Hysteria: Understanding Conversion and Dissociation* (2nd edn) by Harold Merskey is available from Gaskell/The Royal College of Psychiatrists. Telephone orders (free p+p): 0171-235 2351; copies

may also be purchased personally from the BMJ Bookshop, Burton Street, London WC1H 9JR (open 9.30 am–5.00 pm, Monday to Friday). *Alcohol and the Heart in Perspective: Sensible Limits Re-affirmed* is a new publication produced by a working party from the Royal Colleges of Psychiatrists, Physicians and General Practitioners. It re-affirms the agreed safe limits of 21 units of alcohol a week for men and 14 for women and warns that the risk of harm to the individual and society is rapidly increasing. Copies of the report are priced at £6 and can be ordered by telephone from the Royal College of Psychiatrists (0171-235 2351) or from the BMJ Bookshop (cf. above).

*Community Support for Mental Health* by Andrew Bleach and Peter Ryan is available from Pavilion Publishing at 8 St George's Place, Brighton BN1 4GB.

*Past, Present and Future of Psychiatry: IX World Congress of Psychiatry*. By A. Beigel, J. J. Lopez Ibor Jr. and J. A. Costa e Silva is available, in two volumes, from World Scientific, 73 Lynton Mead, Totteridge, London N20 8DH.