

THE PSYCHOEMOTIONAL DISTURBANCES ON CARDIOVASCULAR AND CEREBROVASCULAR DISEASES AND ITS PSYCHOTHERAPY CORRECTION

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Based on the systematic approach of evaluating results of complex clinical- psychopathological, psychodiagnostical investigation cardiac infarction and cerebral stroke patients the clinical structure features, regularities in the formation, development and course of nonpsychotic psychic disorders on these patients was determined.

At patients with cardiac infarction in acute period the painful syndrome was the main one, leads to severe psycho-emotional disturbances. At the background of preservation of cognitive function phobic, anxiety and depressive symptoms were prevailed, the severity of which depends on the severity of pain. Subsequently, the primary psycho-emotional component disappeared, anxiety-depressive disorders, hypo- and anosognostical type of perception of self condition were formed.

At cerebral stroke patients disorders of level of consciousness were primary with cognitive and asthenic disturbances with subsequent formation of psycho-emotional disorders, anxiety and depressive disorders with hypochondrical elements on the basis of persistent cognitive impairments.

The multimodal principle based system of psychotherapeutical correction of nonpsychotic psychic disorders was developed. For myocardial infarction patients, system includes personally - oriented, rational, and autogenic-training therapy for cerebral stroke patients - hypnosuggestive, cognitive - behavioral therapy, cognitive and autogenic-training therapy. The proposed system showed a significant improvement in 80 % of myocardial infarction patients and 77 % of patients cerebral stroke, a partial improvement - 10 % of myocardial infarction patients and 13 % of cerebral stroke patients.