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Cover artwork: 'Ella' by Gemma Anderson

This portrait is an etching of a psychiatrist and is from the series of portraits of patients and their psychiatrists by UK artist Gemma Anderson.

This image of Ella links the physical and internal worlds of the subject, their history, interests and emotional life.

Gemma Anderson's portrait series can be viewed at –

<https://www.gemma-anderson.co.uk/image/portraits-patients-and-pschiatrists/>.

Each sitter is identified by their first name with no reference to their status as doctor or patient. This equality reflects how doctors and patients now work together in a process of collaboration and shared responsibility.

Psychiatry has always had an association with the arts. Its most important creative relationship has arguably been with visual art, which was used to represent mental disorder, as a treatment, and as a channel of expression for patients.