

P02-179 - **“TO BE IN CHANGE”. THE INTERACTION PROCESS BY NURSE STUDENTS AND PATIENTS/USERS IN THE FIELD OF DISTRICT PSYCHIATRIC PRACTICE**

T.M. Sæterstrand, **S.G. Holm**

Faculty of Professional Studies, Bodø University College, Storkmarknes, Norway

Background: The objective of the study is to gain knowledge about the interaction process by nurse students and users in the field of District Psychiatry practice in Norway.

Method: A qualitative study design was chosen. The data came from the students written day books and from focus-group interviews repeated two times in the two different eight weeks period of practice. 28 students were interviewed and 16 students delivered the day books.

Results: Analyzing the data was done by using grounded theory as described by Strauss & Corbin (1997). The main process was called “To be in change”. The findings were insecurity in between users and students, security in between users and students. The interaction process between users and students was to Balance.

Conclusions and implications: Based on this result, we need to focus on the students need for time for reflections over practice and the need for time to discuss their personal competence as well as their learning process in this field of practice.

Keywords: Role, nurse student reflections, interaction, mental health practice