

MORPHOLOGY & KINEMATICS OF THE ‘BORN-AGAIN’ PLANETARY ABELL 78

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Abell 78 is one of a group of planetaries having an old, H-rich nebula surrounding a hot star which has more recently ejected highly-processed, H-deficient material. The A78 central star has O VI emission lines and a 3700 km s^{-1} hot wind, and is surrounded by knots of very dusty, H-deficient material. These objects are thought to have suffered a late helium shell flash which resulted in the central star (then a white dwarf) returning to the AGB and ejecting highly-processed material.

We obtained imaging and velocity data on the 4.2m William Herschel Telescope at La Palma, all in the [O III]5007Å line. Images of the central region were taken with the MARTINI image-sharpening device, with which the ambient seeing's FWHM of 1.6" was improved to 1.1". The velocity information was from the TAURUS Fabry-Perot Imaging Spectrometer, with which the central field was recorded with a velocity step of 8.0 km s^{-1} per map channel over a free spectral range of 600 km s^{-1} .

The deep images resolve new structures in the system of knots. They appear to form sets of radial, filament-like structures, which lie roughly in a plane which is almost in the line-of-sight. The (projected) expansion velocities of the knots are about 30 km s^{-1} in the radial direction.

The TAURUS data have also revealed a pair of fast-moving, diametrically opposed ‘bullets’, each located 13 arcsec from the star and at the two ‘poles’ of the disk system suggested by the knots. The bullets have (projected) expansion velocities of $+103$ and -103 km s^{-1} , but the deprojection factor is likely to be quite large, so the bullet ‘ejection velocity’ could be as high as 200 km s^{-1} .

A model is suggested in which the hot central star has a main sequence companion. After the late thermal pulse, the born-again AGB star transferred matter onto an accretion disk around the dwarf, and the fast bullets represent condensations in a two-sided jet which emerges at each pole with ejection velocity $v(ej) \sim v(esc)$, the escape velocity from the dwarf companion's surface.

Such a model for A78, if correct, suggests that (a) fast bullet pairs seen in other PNs originate from near the stellar surface, and not from a two-wind hydrodynamic ‘focussing’ mechanism; and (b) such bullet pairs may enable us to determine the orientation of unseen binary systems at the centres of a few planetary nebulae.