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Topic: EPV08 - e-Poster 08: Depression

Depression as an Equivalent State, to the Problem of Mental Disorders Classification.

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The incidence of depressive disorders is constantly growing. The biopsychosocial model considers sophisticated psychosomatic and somatopsychic interrelationships and mental and somatic disorders. In clinical practice we deal with differential diagnosis within the depressive syndrome and have to decide between bipolar depression, schizophrenic depression, depression comorbid with somatic pathology, drug induced depression, as well as manifestation of personality pathology and character trait and a wide spectrum of reactive depression. All this mentioned above allow us to consider depression as an equivalent pathological state of a wide range of illnesses. This point of view builds a challenge for a new understanding of pathogenesis of depression that should find its proper place in the classification approach.