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A SYSTEMIC VIEW OF TREATMENT FOR PATIENTS WITH ALCOHOL PROBLEMS

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The purpose of this presentation is to familiarize the attendants with a systemic view of treatment of patients with alcohol problems. The systemic approach takes account of relational and interactional issues which gives a new understanding of alcohol use as a symptom.

There will be treated theoretical aspects of family transactions and constellations in alcoholic systems, showed how to investigate the systemic function of drinking and how to use this knowledge in therapy.

This systemic view of treatment for patients with alcohol problems offer a new perspective and new resources in our therapeutically approach, for all psychiatrists, not only for those who practice systemic family therapy.