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## **Case Reports of Inhaled Loxapine in the Treatment of Agitated Patients**

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### Introduction:

Agitation is a broadly defined phenomenon that is associated with many physical and mental illnesses. The core features of agitation generally include: irritability, excessive or semi purposeful motor activity, heightened responsiveness to internal and external stimuli and an unstable course. Inhaled Loxapine is recently available as a new approach in the management of these episodes.

### Objective:

To present case reports of Inhaled Loxapine in the treatment of agitated patients in our clinic.

### Method:

We have selected representative case reports from our acute unit characterizing the patients' history and the circumstances of present admission, the evolution and the management of these episodes during the admission.

### Conclusion:

Inhaled loxapine as a new treatment option allows rapid control of agitation in these unstable patients who can suddenly turn into aggression or violence, facilitating the therapeutic alliance between the patient and physician without resorting to mechanical or physical restraint.