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BJPsych Advances Volume 30, 2024 (six issues)

	Non-members	Institutions
Print and electronic	N/A	£273/\$473
Electronic only	£187/£285	£237/\$364

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Printed in Great Britain by Henry Ling Limited, The Dorset Press, Dorchester, Dorset DT1 1HD.

This journal issue has been printed on FSC™-certified paper and cover board. FSC is an independent, non-governmental, not-for-profit organization established to promote the responsible management of the world's forests. Please see [www.fsc.org](http://www.fsc.org) for information.

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ISSN 2056-4678



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**Recent modules and podcasts**

**Module Health inequalities**

This module introduces the concepts of health equality, health equity, social justice and intersectionality. It examines the importance of parity of esteem between physical and mental health, trauma-informed approaches and an applied case study on domestic violence and abuse. The development of this module was kindly funded by NHS England. We are pleased to offer this module free for those without a paid subscription. This module features the recently recorded CPD eLearning podcast, *Equity versus equality*, featuring Prof Sir Michael Marmot and Dr Amrit Sachar. **CPD credits: 2.5**

**Module Self-harm in adolescents: Part 2 – treatments and interventions**

This module focuses on treatments and interventions for young people aged 8 to 18 years who self-harm. It is a follow-on from *Self-harm in adolescents: Part 1 - risk assessment and management*, which covers assessment, formulation and early management. This module includes two worked examples, illustrating common clinical dilemmas in working with young people presenting with self-harm. **CPD credits: 1**

**Module The Role of religion and spirituality in mental health: research and clinical practice**

Religion and spirituality can be a powerful part of a person's life experience, and interest in the impact of religion and spirituality on mental health has blossomed over the past two decades. Our growing awareness of and interest in spiritual matters as a profession warrants a growing skill set to engage with patients about these experiences. This module, a joint commission with BJPsych Advances, is presented in the hope of assisting with this important task. **CPD credits: 1.5**

Recently published CPD eLearning podcasts (each worth 0.5 CPD credits and freely accessible) include:

- Equity versus equality
- Social prescribing
- Depersonalisation-derealisation disorder
- Mental health in Ukraine
- The psychology of the Ukrainian soldier
- The impact of COVID-19 on maternal mental health
- Are you ignorant about the pandemic?
- Lost in thought: can intellect save you in a pandemic?
- The psychology behind mathematical modelling of epidemics
- Managing alcohol withdrawal in acute in-patient psychiatry
- Coping with the 'pointless suffering' of COVID-19
- Re-reading Camus's 'The Plague' in pandemic times
- Obedience to authority – lessons from Milgram applied to COVID-19
- Mental Health Tribunals: response to the COVID-19 emergency
- How do we lead effectively through the COVID-19 pandemic?
- Working with patients remotely
- Ethical considerations arising from COVID-19
- COVID-19: Isolation and loneliness – is there a 'social cure'?
- Psychosocial response to epidemics – lessons from Ebola applied to COVID-19
- Surviving the trauma: post-traumatic stress disorder in relation to COVID-19
- The psychology of the virus 'super-spreader'