

Results: Patients, aged 14-18 years, were divided in four diagnostic groups: schizophrenia spectrum disorders (5 pts.), mood disorders (19 pts.), anxiety disorders (27 pts.) and other disorders (4 pts.). Frequency of self-disorders was different among the 4 groups. Including patients schizotypal personality disorder in the schizophrenia-spectrum disorder group, the difference is still significant. Mann-Whitney U test shows no differences between EOP and UHR patients in SD. Furthermore, correlations between EASE total score and Calgary and MASC total scores were significant.

Conclusions: Our results confirm the specificity of SDs for schizophrenia spectrum disorders and also the belonging of schizotypal personality disorder to schizophrenia-spectrum.

Keywords: Anxiety; Depression; Self-Disorders; Schizotypal personality disorder

EPP0974

Validation of the general self-efficacy scale in french students for the prevention of student health

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Introduction: The perceived self-efficacy, framed by Bandura, is one of the most important concepts within Cognitive Social (Villegas Barahona et al., 2018). General self-efficacy is defined, as the global confidence a person has in order to perform tasks successfully (Stanley & Murphy, 1997). The perception of stress may be more for people with lower level of self-efficacy (Shilpa & Prasad, 2017).

Objectives: Students often suffer from stress (Saleh et al., 2019) and student health intervention and prevention programs must therefore act on this variable. The French version the General Self-Efficacy Scale could be an element for the validation of these programs.

Methods: 955 French students aged 17 to 67 (M = 22.22; SD = 5.1) participated to the study. We performed an Exploratory Factor Analysis (EFA) to determine the most appropriate factor structure then a Confirmatory Factor Analysis (CFA).

Results: Kaiser's criterion pointed towards a one-factor model while Cattell's criterion pointed towards a two-factor solution. Both models have been tested and the two-factor model seemed to be better. Indices showed an excellent fit between the model and the data (CFI = 0.97, TLI = 0.96, SRMR = 0.035).

Conclusions: We have tested two models and one of them, the two-factor model, presented better psychometric qualities. However, the one-factor result is also satisfactory and it will be discussed in the communication.

Keywords: measure; General Self-Efficacy; Prevention of mental health; stress

EPP0975

Work engagement and workers' health, is there any connection in the social work in ukraine?

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Introduction: This study is a part of the bigger research project on the burnout syndrome risk and prevention factors [1,2,4].

Objectives: At the current phase we aimed to discover: 1- trends observed in sociodemographic profiles of Ukrainian social workers(SW) who respond to the online survey; 2- if there is any correlation between the SW work engagement(WE) and general health(H).

Methods: The survey is designed out of two questionnaires - Gallup Q12 Employee Engagement survey(Q12) and the 15-item Patient Health Questionnaire(PHQ-15). Questions on the socio-demographic status are included according to the study purpose [3,4]. SW 'from the field' in Ukraine included in the study group(SG). Other professionals (doctors, lawyers, etc.) formed the comparison group(CG). Descriptive statistics applied for the data analyses.

Results: Our sample has the next socio-demographic characteristics: age 20-57 (average 33.2) years old, male/female ratio is 0.36; single at the moment of the study are 66.7%. The SG: women-87.5%, married-62.5%, social work experience -from 1 to 15years. In 28.6% of the CG respondents the Q12 revealed low(less than 50%) WE while in the SW no one showed low WE. PHQ-15: in the SG -62.5% mild and 12.5% -severe somatic problems; in the CG -57.1% mild and 28.6% -severe somatic symptoms. There were no statistically significant differences between 2 groups with regard to WE and H (p<0.05). Relations between variables are non-linear; therefore, Spearman's coefficient (ρ) applied.

Conclusions: The weak association between the work engagement and health condition ($\rho=0.3$; p<0.05) is found. There are several limitations due to the sample specificity (online users in Ukraine). This study is ongoing.

Keywords: work engagement (WE); socio-demographic profile; social workers (SW); health

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Mindfulness and self-compassion based intervention program to prevent burnout in medical and dentistry students

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Introduction: Burnout occurs in every stage of a medical graduation and career. In the first years of graduation, it affects 35-45% of medical and dentistry students. This has severe consequences, such as: higher levels of suicidal ideation, substance abuse, medical errors and medical neglect; lower levels of empathy and self-compassion - essential to the quality of healthcare. Students with certain