

P03-262

A SURVAY ON RELATIONSHIP BETWEEN EMOTIONAL INTELLIGENCE AND PERSONALITY TRAITS IN ADDICTED PEOPLE

H. Talebzadeh Sani¹, A. Homayouni²

¹Psychology, Tabas Behzisti Organization & Jalali Counsling Center, Tabas, ²Psychology, Islamic Azad University, Bandargas Branch, Bandargas, Iran

Objective: Emotional intelligence (EI) can play crucial role in improving individuals' performance in many aspects such as career prospects in organizations, employees, consulting centers and psychological health centers across the world. So for better and more understanding of emotional intelligence, this study investigated Emotional intelligence and personality traits in addicted people.

Method: Participants were 42 addicted people that randomly selected and Mc Care & Costa's NEO PI-R inventory and Shutte's self report emotional intelligence test (SSREIT) were administered on them. The data were analyzed with Spearman correlation Coefficient formula.

Results: Results showed that high emotional intelligence was related positive and significant with Extroversion, Openness to experience and Conscientiousness.

Conclusion: It is recommended to set the programs for enhancing the emotional intelligence to increase mental health, life satisfaction and social skills in order to have personality and psychological health and prevent tendency to abnormal behaviour specially tendency to addiction.