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The 'continuum of psychosis': scientifically unproven and clinically impractical

Stephen Lawrie *et al*

Inequality: an underacknowledged source of mental illness and distress

Kate Pickett
& Richard Wilkinson

Cognitive therapy v. usual treatment for borderline personality disorder: prospective 6-year follow-up

Kate Davidson *et al*

Epidemiology and trends in non-fatal self-harm in three centres in England: 2000–2007

Helen Bergen *et al*

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Cover picture

Me – Smoking (2008).
Jonathan Lill (b. 1967)

Jonathan writes: 'Having been admitted to the Bethlem hospital I grabbed the chance at the Bethlem pottery to try figurative sculpture. Over the years since, of admissions, unstable accommodation, occasional spells of formal art education etc., the body of my work is the one thread of progress. I have used it as a way of investigating self-perception, how other see me and how I perceive others. Only by using myself as a model was I able to accept how distorted my view of myself was, and only when my consultant was advised to see my work, was it realised how far from reality I really was. Without that recognition, I wouldn't be alive today.'

'Using myself as a model can involve hours before the mirror. On a break, and trying to think of a confrontationally effeminate pose, I saw myself with cigarette in hand. Smoking is a habit I picked up in my first time in hospital, and which I use to self-medicate to this day'.

Image supplied by the Bethlem Gallery, London (www.bethlemgallery.com). With thanks to Beth Elliott.

We are always looking for interesting and visually appealing images for the cover of the *Journal* and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 17 Belgrave Square, London SW1X 8PG, UK or bjp@rcpsych.ac.uk.

