

P-1407 - RELATIONSHIP BETWEEN RESILIENCE AND SOCIAL SUPPORT, COPING STYLE OF STUDENTS IN MIDDLE SCHOOL

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Objective: To explore the relationship between resilience and social support, coping style of students in middle school for providing some evidences for improving students' resilience.

Methods: Six hundred students were surveyed with the Connor-Davidson resilience questionnaire(CD-RISC), perceived social support scale(PSSS)and coping style questionnaire(CSQ).

Results: Resilience had significant difference between male and female students.The resilience was positively correlated with social support and two factors of coping style:seeking help and solving problem, but negatively correlated with the other factors in coping style questionnaire.

Conclusion: Students with high score in Connor-Davidson resilience questionnaire are more tend to the positive coping style. Social support is an important factor of resilience in middle school students.