

sane, positive advice on Mental Prayer. This book will be invaluable for priests, religious and layfolk. It will eventually find its place in every spiritual library.

Difficulties in Mental Prayer is not a scientific work. The author describes its scope: 'this is not a theoretical text-book discussing the difficulties of prayer in general or abstract terms; it is rather an attempt to help individual souls to deal with their own difficulties, and it looks at the spiritual life, not in a scientific, objective manner, but from the subjective point of view of the individual, treating it as it appears, to the individual in practice' (p. 53).

The book contains no index: a major blemish which we hope will be removed in future editions. A larger type would help.

F.V.

CALENDARS, PRAYER CARDS, BOOKMARKERS and the like are hard to come by in these days; but at Christmas and the New Year their lack is an asceticism that we cannot appreciate. Edward R. Westbrook, of 39, Ridgeway Road, Osterley, Mdx., however still manages to supply new and improved designs of these quasi-necessities. They are simple and inexpensive; there is nothing of the sugar-cake about them, yet they should prove attractive even to those who have been brought up on the sugar-cake tradition. The 1943 Calendars are 2/- and 1/-; the bookmarkers 6d. and 3d.; the Holy Pictures 1½d. And now there is plenty of choice.

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