

## Appendix

## An overview of the areas that should be considered by integrating services

Description of degree of integration	Organisations	Teams (sample list)	Support functions
This will vary by domain and described organisation/service/support function, but most crudely might be considered: integrated, partially/hybrid integration, not integrated/not included in a model	<ul style="list-style-type: none"> <li>• Primary care</li> <li>• Secondary mental health</li> <li>• Secondary physical health</li> <li>• Social care</li> <li>• Tertiary services</li> <li>• Voluntary sector</li> </ul>	<ul style="list-style-type: none"> <li>• Adult mental health: community mental health teams, in-patient wards, crisis teams, substance use, early-intervention psychosis</li> <li>• Older people's mental health: community mental health teams, memory services</li> <li>• Community physical health: district nurses, end-of-life care, physiotherapy, diabetes, respiratory, cardiovascular care</li> <li>• Adult social care: housing, safe-guarding, public health, education</li> </ul>	<ul style="list-style-type: none"> <li>• Finance</li> <li>• Human resources</li> <li>• Information governance</li> <li>• Estates</li> <li>• Management structure</li> <li>• Professional development</li> </ul>

## References

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## Poem

## To a psychiatrist

Rebecca Lawrence

To you, I am a brief moment,  
 A problem, if not solved, then put aside.  
 My anguish is interesting to you,  
 But cannot touch you.  
 To me, you are hope,  
 You will say the forgotten words  
 That will mend the frayed thread  
 Of my existence.  
 Trembling, I wait  
 For what never comes.  
 How can you say  
 What you do not know?  
 I look into a mirror  
 And close the sides,  
 And see green reflections,  
 Endlessly.

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