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**Abstract**

Genome editing has recently evolved from a theoretical concept to a powerful and versatile set of tools. The discovery and implementation of CRISPR-Cas9 technology have propelled the field further into a new era. This RNA-guided system allows for specific modification of target genes, offering high accuracy and efficiency. Encouraging results are being announced in clinical trials employed in conditions like sickle cell disease (SCD) and transfusion-dependent beta-thalassemia (TDT). The path finally led the way to the recent FDA approval of the first gene therapy drug utilizing the CRISPR/Cas9 system to edit autologous CD34+ hematopoietic stem cells in SCD patients (Casgevy). Ongoing research explores the potential of CRISPR technology for cancer therapies, HIV treatment, and other complex diseases. Despite its remarkable potential, CRISPR technology faces challenges such as off-target effects, suboptimal delivery systems, long-term safety concerns, scalability, ethical dilemmas, and potential repercussions of genetic alterations, particularly in the case of germline editing. Here, we examine the transformative role of CRISPR technologies, including base editing and prime editing approaches, in modifying the genetic and epigenetic codes in the human genome and provide a comprehensive focus, particularly on relevant clinical applications, to unlock the full potential and challenges of gene editing.

**40 Introduction:**

41 Genome editing, or gene editing, holds significant promise for preventing and treating human  
42 diseases, constituting a remarkable example of how basic research together with applied  
43 biotechnology can provide great utility in effectively addressing human pathologies at the very  
44 center (1). Scientists now understand how single-gene products, even minor nucleotide changes in  
45 specific genes, as well as complex interactions between multiple genes and environmental factors,  
46 can contribute to the development of various devastating diseases. With this growing knowledge,  
47 advanced genome-editing tools have emerged, allowing for precise modifications to the human  
48 genome. Powerful tools for targeted genome editing are at hand today to address these pathologies  
49 by introducing specific alterations to the human genome through addition, excision, or  
50 modification of human genes.

**51 Targeted genome editing platforms:**

52 Targeted genome editing is a dynamic field of groundbreaking research with great clinical  
53 promise. Recent years have witnessed the development of several of these technologies utilizing  
54 programmable nucleases, with zinc-finger nucleases (ZFNs), transcription activator-like effector  
55 nucleases (TALENs), and the RNA-guided CRISPR-Cas nuclease systems constituting the three  
56 foundational platforms (Figure 1) (2-4). Programmable nucleases enhance homologous  
57 recombination efficiency by at least 100-fold and/or activate the error-prone non-homologous end  
58 joining (NHEJ) mechanism (5). ZFNs and TALENs employ a strategy involving the attachment  
59 of endonuclease catalytic domains to modular DNA-binding proteins to generate targeted double-  
60 strand breaks (DSBs) at specific sites in the genome. On the other hand, CRISPR-Cas systems use  
61 nucleases guided by small RNAs that engage in Watson-Crick base pairing with the target DNA

62 to introduce DSBs at specific sites for correction (Figure 1C) (6). CRISPR-Cas-based approaches  
63 have recently evolved into base-editing and prime-editing technologies, also presenting a  
64 remarkable potential as valuable therapeutic tools that do not involve DSB formation.

### 65 *ZFNs and TALENs*

66 *ZFNs*. The first widespread use of programmable nucleases involved ZFNs, derived from *Xenopus*  
67 *laevis*, the African clawed frog (7). ZFNs have a modular structure with two main components: a  
68 DNA-binding zinc-finger protein (ZFP) domain and a FokI restriction enzyme-derived nuclease  
69 domain (Figure 1A). The process of DNA cleavage by ZFNs relies on dimerization of the FokI  
70 nuclease domain, by a collaboration of two ZFN monomers creating an active nuclease. This  
71 dimerization requirement effectively extends the length of recognition sites, greatly improving the  
72 precision of ZFNs, although unintended off-target effects also occur. The sequence specificity of  
73 ZFNs is controlled by zinc finger proteins (ZFPs), which consist of consecutive arrays of C<sub>2</sub>H<sub>2</sub>  
74 zinc fingers, the commonly found DNA-binding motifs in eukaryotes. Each zinc finger recognizes  
75 a 3-base pair DNA sequence, and typically 3 to 6 zinc fingers construct an individual ZFN subunit  
76 capable of binding to 9 to 18-base pair-long DNA sequences (8). Constructing zinc finger domains  
77 to bind extensive nucleotide stretches with high affinity lacks a straightforward approach.  
78 Additionally, commercial ZFN modules are costly, and challenges arise in replacing large  
79 fragments, which is crucial for inducible knockouts.

80 *TALENs*. TALENs emerged as an alternative to the ZFN system (9). They share a general structural  
81 organization with ZFNs, featuring the FokI nuclease domain at their carboxyl termini. However,  
82 TALENs employ a distinct class of DNA-binding domains known as transcription activator-like  
83 effectors (TALEs), which are derived from plant pathogenic bacteria *Xanthomonas* spp. (Figure

84 1B). TALEs consist of consecutive arrays of 33-35 amino acid repeats; each repeat recognizes a  
85 single base pair within the major groove. The nucleotide specificity within each repeat domain is  
86 determined by the repeat variable diresidues (RVDs) located at positions 12 and 13, with four  
87 commonly used RVD modules—Asn-Asn, Asn-Ile, His-Asp, and Asn-Gly—corresponding to the  
88 recognition of guanine, adenine, cytosine, and thymine, respectively. Constructing DNA segments  
89 encoding TALE arrays presents challenges due to the potential complexity. TALENs often consist  
90 of up to 20 RVDs, and the risk of recombination between the highly homologous sequences makes  
91 the process both demanding and time-consuming. Studies continue to reduce the time required to  
92 develop genetic constructs expressing TALENs, and the complexity of the technique (10).

### 93 *CRISPR/Cas gene editing systems*

94 CRISPR-Cas systems are revolutionary gene-editing tools that utilize a natural defense mechanism  
95 found in bacteria to precisely target and edit specific DNA sequences (Figure 2A) (11, 12). The  
96 Cas9 protein is guided to the desired location in the DNA by a small RNA molecule called guide  
97 RNA (gRNA) complementary to the specific DNA sequence to be edited. The gRNA is composed  
98 of two components: a CRISPR RNA (crRNA), which is responsible for recognizing and binding  
99 to the target DNA sequence, and a trans-activating RNA (tracrRNA), which is essential for crRNA  
100 maturation and association with the Cas9 enzyme. A chimeric single guide RNA (sgRNA)  
101 synthetically designed to perform both these functions allows an equally functioning two-  
102 component system and facilitates its use in biotechnology (13).

103 *Mechanism.* The sequence to be edited by the CRISPR/Cas9 system must be adjacent to a short  
104 DNA sequence called Protospacer Adjacent Motif (PAM), which is necessary for Cas9 to  
105 recognize the target site. Once the sgRNA complexes with Cas9, the endonuclease adopts an active

106 conformation that searches for the appropriate PAM sequence. Upon binding the PAM, local DNA  
107 melting is triggered downstream of the PAM, followed by the strand invasion of the sgRNA to test  
108 the potential DNA target for complementarity (14, 15). When adequate complementarity is  
109 detected between the sgRNA and the target site, the Cas9 enzyme will cleave both DNA strands  
110 at precise locations within the target sequence using its two active domains, HNH and RuvC, which  
111 act as molecular scissors. This results in a double-strand break (DSB) in the DNA molecule. The  
112 therapeutic potential of CRISPR/Cas9 lies in its ability to induce such DSBs at specific genomic  
113 loci, prompting the cell to repair these breaks through endogenous DNA repair pathways.  
114 However, the inherent complexity and variability of these repair mechanisms pose significant  
115 challenges to the related therapeutic applications.

116 *DNA repair pathways induced by CRISPR-mediated DNA cleavage.* The two main pathways for  
117 DNA repair following the introduction of DSBs are non-homologous end joining (NHEJ) and  
118 homology-directed repair (HDR) (Figure 2A). NHEJ, which operates with high efficiency,  
119 involves direct ligation of the broken DNA ends back together via a process that is prone to errors,  
120 often resulting in small insertions or deletions (indels) at the site of the cut. These indels can disrupt  
121 the target gene function, leading to gene knockout. While these indels can be advantageous for  
122 gene disruption, they pose a challenge for precise gene editing due to unpredictable genomic  
123 consequences that complicate therapeutic outcomes (16). In the more accurate HDR pathway, the  
124 cell uses a template DNA molecule to perform a high-precision DNA repair. This allows the  
125 introduction of specific genetic modifications at the target site, such as gene knock-ins or precise  
126 nucleotide substitutions. This mechanism is highly suitable for applications ranging from basic  
127 research approaches to potential therapeutic interventions for genetic diseases (17). However,  
128 HDR is inherently less efficient than NHEJ and is known to occur only in the late S and G2 phases

129 of the cell cycle. This limitation reduces the success of HDR-mediated edits in non-dividing or  
130 slowly dividing cells, such as neurons or cardiomyocytes, which are among the frequent targets in  
131 many therapeutic contexts (18). Other DNA repair pathways, such as base excision repair (BER)  
132 and mismatch repair (MMR) resolve perturbations induced by base editing, whereas those induced  
133 by prime editing are resolved by flap excision, thoroughly reviewed elsewhere (19). The efficiency  
134 and preference of DNA repair pathways can vary significantly between cell types. While the NHEJ  
135 pathway is the predominant DNA repair pathway in somatic cells, embryonic stem cells prefer the  
136 efficient HDR pathway (20).

137 *Base editing as a precise gene-editing technology.* Base editing is a modification of the traditional  
138 CRISPR-Cas9 system that is already being used in many clinical trials; it allows for precise and  
139 efficient editing of single nucleotides (adenine and cytosine) (Figure 2B) (21). This technique is  
140 useful for correcting point mutations or introducing specific nucleotide changes. Base editors are  
141 chimeric proteins consisting of a DNA targeting module fused to a single-strand DNA-modifying  
142 enzyme, such as cytidine deaminase or adenine deaminase, capable of directly converting one  
143 DNA base to a specific another (22, 23). A guide RNA (gRNA) is designed to direct the enzyme  
144 complex to the desired genomic location.

145 During the base editing process, the complex scans along the DNA for the target base after binding  
146 to the correct genomic location. When located, the deaminase enzyme within the base editor  
147 chemically modifies the target base without disrupting the DNA backbone. Cytidine deaminase  
148 base editors (CBEs) convert cytosine (C) to uracil (U), and adenine deaminase base editors (ABEs)  
149 convert adenine (A) to inosine (I). Following this step, the cell's natural DNA repair machinery  
150 recognizes the altered base and attempts to repair it. No DSBs, and thus no DSB-associated

151 byproducts, are normally created (24). The base-modification enzyme in these systems operates  
152 on single-stranded DNA (ssDNA) but not double-stranded DNA (dsDNA). Upon binding to the  
153 target DNA region, base pairing between the gRNA and the target strand triggers displacement of  
154 a small segment of ssDNA in an R-loop, the DNA bases within which are modified. For improved  
155 efficiency in eukaryotic cells, the catalytically inactive nuclease also generates a nick in the non-  
156 edited strand, thus inducing repair with the edited strand taken as a template (24). Base editing  
157 offers several advantages over traditional CRISPR-Cas9 editing, including higher precision and  
158 reduced risk of off-target effects. Yet it is limited to converting specific types of DNA bases to  
159 others, but not to insert or delete longer stretches of DNA, though recent reports specify novel base  
160 editor types, including a dual base-editor system for combinatorial editing (25, 26). Another  
161 modification of the traditional CRISPR-Cas9 system is prime editing, which does not require  
162 dsDNA breaks as in base editing while having the further potential of making any substitution,  
163 small insertion, and small deletion in DNA. This technology is yet in its infancy in clinical trials  
164 and is discussed in the future prospects section.

165 *Gene editing technologies compared.* Several targeted platform approaches focus on the  
166 development of novel treatment modalities for conditions such as immune system disorders,  
167 cardiovascular, metabolic, and neurodegenerative diseases, viral infections, muscular dystrophy,  
168 hemophilia, and T cell-based immunotherapies against cancer (1). CRISPR has gradually become  
169 a leading gene-editing technology, outperforming earlier approaches in key aspects like precision,  
170 efficiency, versatility, and scalability. While ZFNs and TALENs both rely on protein-DNA  
171 interactions for target recognition, the sequence-specific cleavage in the CRISPR/Cas system is  
172 provided by the highly-specific RNA-DNA recognition via a gRNA, which can be synthesized or  
173 modified quickly and cost-effectively to target different sequences. In contrast, the protein

174 engineering process for ZFNs and TALENs is labor-intensive and time-consuming, which can  
175 limit efficiency (27). Yet CRISPR/Cas technologies are still associated with a considerable level  
176 of off-target effects. These effects arise when the Cas enzyme functions on untargeted genomic  
177 sites, which may lead to several adverse outcomes. Since up to 3 mismatches between sgRNA and  
178 the genomic DNA can be tolerated by Cas9, the off-target regions are often considered sgRNA-  
179 dependent, although sgRNA-independent off-target effects are also known to occur (16). Overall,  
180 although off-target editing remains a concern with CRISPR/Cas systems, it is generally considered  
181 easier to mitigate than with ZFNs and TALENs. CRISPR technologies also stand out in their  
182 versatility and adaptability for different purposes, such as epigenome editing and transcriptional  
183 regulation, as well as multiplex genome engineering (28, 29).

184 The transition from the experimental applications of CRISPR towards clinical trials marks a  
185 significant milestone in genetic medicine (30). Preclinical studies often conducted in animal  
186 models provided crucial insights into the safety, efficacy, and delivery methods of CRISPR  
187 therapies. This resulted in the CRISPR technology rapidly progressing toward therapeutic  
188 applications (31, 32). *In vivo* delivery systems used in preclinical and clinical CRISPR/Cas9  
189 approaches are thoroughly reviewed in several highly informative reviews (Figure 3) (33-35). The  
190 potential of CRISPR technologies to address a wide range of genetic disorders is referred to in this  
191 review with a particular focus on clinical applications but also delving into some mechanistic  
192 insights and preclinical relevance for the interest of basic scientists, clinicians, and other relevant  
193 professionals. The current challenges, possible solutions, and the need for rigorous evaluation in  
194 many aspects are also highlighted, along with ethical considerations.

## 195 **Clinical Applications of CRISPR Technologies**

**196 Gene editing for patients with beta-hemoglobinopathies**

197 Beta-hemoglobinopathies, the most common of which are sickle cell disease (SCD) and  $\beta$ -  
198 thalassemia (BT), represent a collection of inherited monogenic recessive disorders characterized  
199 by faulty or reduced production of beta-globin chains, respectively. These conditions are  
200 associated with significant morbidity and mortality rates and are notably prevalent in the  
201 Mediterranean populations, Southern and Southeastern Asia, the Middle East, Africa, and the  
202 Pacific Islands. They stand out as the most prevalent genetic disorders worldwide, with an  
203 estimated annual birth incidence surpassing 300,000 children.

204 In SCD, a single base substitution in the  $\beta$ -globin chain results in a missense mutation, replacing  
205 glutamic acid with valine at the sixth amino acid position. This alteration prompts the sickle  
206 hemoglobin to polymerize, distorting red blood cells into the characteristic sickle shape. These  
207 misshapen cells can block small blood vessels, resulting in compromised oxygen delivery to  
208 tissues, and consequential complications such as pain crises, breathing difficulties, and organ  
209 damage. On the other hand, BT is associated with inadequate  $\beta$ -globin production, which leads to  
210 an excess of unpaired  $\alpha$ -globin chains precipitating in erythroid precursors. Thus maturation is  
211 impaired, resulting in precursor cell death and ineffective erythrocyte production. The ensuing  
212 significant anemia and expansion of erythroid precursors contribute to secondary issues in bones  
213 and other organs. Despite available treatments for both diseases, severe symptoms and  
214 complications may still exist even with intervention. Bone marrow transplantation is a potential  
215 cure that relies on finding a healthy, compatible donor, limiting its feasibility to only a fraction of  
216 patients. It is also associated with risks of transplant-related mortality, graft-versus-host disease  
217 (GVHD), and graft rejection (36). The majority of individuals with SCD or BT depend on regular  
218 frequent, often lifelong blood transfusions as a critical part of their management. This is typically

219 combined with iron chelation therapy (ICT) to prevent excess iron from transfused red blood cells  
220 from accumulating in the body and damaging vital organs such as the heart and liver (37, 38).  
221 Among the major limitations of these approaches are the scarcity of blood products which leads to  
222 a lack of adequate and safe blood transfusions, as well as low accessibility to ICT, treatment  
223 toxicity, adverse events (including alloimmunization, transfusion-related reactions, and  
224 infections), and high costs (39). These limitations underscore the need for curative therapies,  
225 including fetal hemoglobin induction via gene editing, as a feasible and efficient approach with  
226 the potential to provide long-term solutions for beta-hemoglobinopathies.

227 The transition from fetal to adult hemoglobin and suppression of fetal hemoglobin (HbF) during  
228 human development have long captured interest. HbF is a type of hemoglobin produced by fetuses  
229 in the womb but absent in children and adults, remaining unaffected by sickle cell mutation.  
230 Clinical observations have consistently indicated that enhanced HbF production mitigates the  
231 severity of SCD and BT. In individuals with SCD, symptoms typically emerge in infancy as HbF  
232 levels naturally decline. Accordingly, asymptomatic SCD until after infancy was attributed to  
233 elevated HbF levels initially based on clinical observations (40). This concept gained support from  
234 the study of rare patients with compound heterozygosity for SCD and hereditary persistence of  
235 HbF mutations, who exhibited predominantly asymptomatic profiles. Subsequent larger  
236 epidemiological studies in SCD confirmed that elevated HbF levels substantially and  
237 quantitatively alleviate clinical severity while reducing mortality (41-44). Similar patterns  
238 emerged in patients with BT. Observations in rare BT cases with increased HbF production  
239 revealed a milder clinical course; infants manifested symptoms only after the decline in HbF  
240 expression in the months following birth (41, 45). Larger epidemiological studies within  
241 thalassemia populations consistently confirmed these findings (46-48).

242 The clinical induction of HbF production thus held great promise in alleviating the severe  
243 symptoms associated with SCD and BT (49). Although non-specific pharmacological inducers  
244 displayed some success at inducing HbF, more effective and targeted approaches were required in  
245 the clinical setting (50). The most advanced approach to filling this gap followed an innovative  
246 route by elevating HbF levels via genome engineering rather than restoring healthy adult  
247 hemoglobin (Figure 4). The initial phase of treatment involves the collection of CD34+  
248 hematopoietic stem cells (HSCs) directly from the patient's bloodstream, followed by genome  
249 modification to activate the HbF gene. The patient then receives chemotherapy to eliminate  
250 ailment-triggering blood stem cells, making way for the edited cells. Lastly, the genome-edited  
251 stem cells are reintroduced into the patient's bloodstream through intravenous (IV) administration.  
252 The goal is for these edited cells to establish themselves in the bone marrow, and create a fresh  
253 population of blood stem cells that exclusively produce HbF-expressing erythrocytes. This *ex vivo*  
254 genome editing approach ensures that the genome-editing tools specifically interact with the  
255 intended target cells and mitigates the risk of persistent CRISPR components in the body, thus  
256 reducing the chances of unintended edits or immune reactions (51).

257 The initial CRISPR-based clinical trial entailing the use of CRISPR to reawaken HbF production  
258 for SCD and transfusion-dependent  $\beta$ -thalassemia (TDT) received support from Vertex  
259 Pharmaceuticals (Boston, Massachusetts) and CRISPR Therapeutics (Zug, Switzerland) (52). In  
260 this strategy, the erythroid-specific enhancer region of the *BCL11A* gene, which prevents the  
261 production of HbF, is targeted and cut in both strands by Cas9 (Figure 4A). Once disrupted, this  
262 gene can no longer block HbF production, allowing it to display a therapeutic effect by boosting  
263 oxygen supply to tissues.

264 Despite not directly addressing the mutations responsible for SCD or BT, this treatment modality  
265 proved functional as a practical cure for both conditions. In November 2023, the U.K. Medicines  
266 and Healthcare Products Regulatory Agency (MHRA) approved this one-time IV treatment of  
267 CRISPR-edited cellular therapy under the commercial name of Casgevy for conditional marketing  
268 authorization. The treatment is aimed for use in SCD patients 12 years of age and older with  
269 recurrent vaso-occlusive crises or TDT patients eligible for HSC transplantation, for whom an  
270 HLA-matched HSC donor is not available. In the trial for SCD, 29 out of 45 participants were  
271 followed long enough to announce reliable results; 28 of these patients no longer suffered from  
272 the vaso-occlusive crises characteristic of the disease, at least one year following treatment. The  
273 same regimen was tested for TDT, and out of the 54 people who received the treatment, 42  
274 participated for sufficient duration to draw reliable conclusions. Among these patients,  
275 transfusions were unnecessary for at least one year for 39 individuals, while three patients  
276 experienced a 70% reduction in transfusion requirement (53).

277 Casgevy received FDA approval for sickle cell disease (SCD) in December 2023, followed by  
278 European Medicines Agency (EMA) approval in February 2024. According to the FDA, it is the  
279 first FDA-approved treatment to employ a novel genome editing technology, marking a  
280 groundbreaking advancement in the field of gene therapy. The results of this single-arm  
281 multicenter trial of safety and efficacy testing in adolescent and adult SCD patients were  
282 announced by the agency as follows: Casgevy treatment was administered to 44 patients, and out  
283 of the 31 individuals who were monitored for an adequate period to assess their condition, 29  
284 achieved relief from vaso-occlusive crises lasting at least 12 consecutive months. The FDA's report  
285 also stated that there were no instances of graft failure or rejection. Low platelet and leukocyte

286 levels, nausea, abdominal pain, mouth sores, musculoskeletal pain, headache, itching, and febrile  
287 neutropenia were presented as the most common side effects.

288 Intriguingly, Editas Medicine, Inc. is currently conducting two phase 1/2 trials for individuals with  
289 severe SCD (RUBY trial) and TDT (EdiTHAL trial), employing a CRISPR system featuring  
290 AsCas12a protein (EDIT-301: renizgamglogene autogedtemcel: reni-cel) (Figure 4B) (54). The  
291 method involves genomic modification of the  $\gamma$ -globin gene promoters [*HBG1* ( $A\gamma$ ) / *HBG2* ( $G\gamma$ )]  
292 to interfere with the *BCL11A* binding sites to reactivate  $\gamma$ -globin expression, thus increasing HbF  
293 production in autologous HSCs. The study marks the first instance of Cas12 being utilized in a  
294 clinical trial. A detailed update by the company on December 11, 2023, included the safety and  
295 efficacy data in 11 patients enrolled in RUBY and 6 in EdiTHAL. All treated patients in the RUBY  
296 trial were reported to be free of vaso-occlusive crises since the infusion, which induced an early  
297 and substantial increase in total and fetal hemoglobin. Normal hemoglobin levels and a fetal  
298 hemoglobin level of >40% were reported in 6 patients throughout 5-18 months of follow-up. A  
299 similar early and substantial rise in the total and fetal hemoglobin levels was also evident in the  
300 efficacy results reported for the EdiTHAL trial; importantly, the total hemoglobin increased above  
301 the transfusion dependence threshold (9 g/dL). As of October 2024, the company announced that  
302 28 patients received the drug in the RUBY trial, which was well-tolerated, at a median of 9.5  
303 months follow-up. Eleven patients had over one year of follow-up. Twenty-seven of the patients  
304 were reported to be free of vaso-occlusive events, with early normalization of total hemoglobin.  
305 Mean total hemoglobin increased from 9.8 g/dL at baseline to 13.8 g/dL at month 6 (n=18) (55).  
306 New safety and efficacy data for the EdiTHAL trial presented at the 66th American Society of  
307 Hematology (ASH) Annual Meeting and Exposition revealed that the 7 patients, who were at a  
308 median (range) of 10.5 (6.3-15.1) months post-infusion with two patients having over 1-year

309 follow-up, had total hemoglobin levels remaining above the transfusion-independence threshold  
310 of 9.0 g/dL. This level increased to 12.5 (1.5) g/dL by month 6. Overall, all 7 patients were  
311 announced to be transfusion independent for a range of 5.8-14.5 months following the last red  
312 blood cell transfusion at 0.7-2.2 months post-*reni-cel* infusion. The company reveals the safety  
313 profile as consistent with myeloablative conditioning with busulfan, with no serious adverse  
314 effects reported related to the drug (56).

315 Furthermore, Beam Therapeutics initiated their phase 1/2 trial (BEACON) for a base editing  
316 therapy targeting severe SCD in the United States in November 2022, and the dosing of the first  
317 patient was announced in January 2024 (57). The therapeutic named BEAM-101 used in this trial  
318 involves an A-G transition in the *BCL11A* binding site within the promoter regions of the  $\gamma$ -globin  
319 genes, which the company claims to have several advantages over other therapeutics, as a “next-  
320 generation form of CRISPR”. The most significant benefit of the approach seems to lie in its action  
321 mechanism, excluding a double-strand cut in DNA but instead involving precise, single-letter  
322 changes mimicking single nucleotide polymorphisms involved in the hereditary persistence of fetal  
323 hemoglobin. Undesired chromosomal abnormalities and genotoxic stress are claimed to be  
324 prevented via this modality. The company revealed clinical data from 7 patients in the 66th  
325 American Society of Hematology (ASH) Annual Meeting and Exposition in December 2024,  
326 stating that >60% HbF induction and <40% Hemoglobin S (HbS) reduction along with resolution  
327 of anemia, was achieved in all 7 patients (58).

328 Another base-editing strategy in SCD used a custom ABE (ABE8e-NRCH) that converts the sickle  
329 cell allele to the *HBB*<sup>G</sup> Makassar allele, a non-pathogenic variant reported in individuals living in  
330 the Makassar region of Indonesia (59). mRNA encoding the BE with a targeting gRNA was

331 delivered *ex vivo* into hematopoietic stem and progenitor cells (HSPCs) from patients with SCD.  
332 The researchers reported an 80% conversion of *HBB<sup>S</sup>* to *HBB<sup>G</sup>*. Durable gene editing was evident  
333 with 68% frequency of *HBB<sup>G</sup>* and fivefold-decreased hypoxia-induced sickling of bone marrow  
334 reticulocytes, 16 weeks following transplantation of the edited human HSPCs into  
335 immunodeficient mice, demonstrating pre-clinical therapeutic relevance. Beam Therapeutics is  
336 now testing the HbG-Makassar direct editing strategy via its preclinical drug BEAM-102 (Figure  
337 4C).

338 One other advancement towards the treatment of SCD is the replacement of the mutated  $\beta$ -globin  
339 gene through CRISPR-Cas9 knock-in in a planned phase 1/2 trial in subjects  $\geq 12$  years old to 35  
340 years old with SCD, via a single infusion of sickle allele-modified CD34+ HSPCs  
341 (CRISPR\_SCD001). Also, nulabeglogene autogedtemcel, formerly known as GPH101, has been  
342 announced as the first CRISPR-based therapy candidate aiming to correct the *HBB* point mutation  
343 to restore normal hemoglobin expression. Phase 1/2 CEDAR trial was initiated to assess GPH101  
344 regarding safety, efficacy, and pharmacodynamics in adults and adolescents with severe SCD. In  
345 2022, a single participant was dosed in a phase 1/2 trial, employing a combination of  
346 electroporation to deliver the CRISPR proteins into the cell and a viral vector to introduce a DNA  
347 "template" for copying the new gene variant into the cell. In early January 2023, the company  
348 disclosed that the initial participant exhibited prolonged decreased blood cell counts  
349 (pancytopenia), necessitating continual blood transfusions and other therapies. Thus  
350 discontinuance of the program was announced in February 2023, to seek a partnership agreement  
351 for the external development of the drug (60).

352 Beta hemoglobinopathies are among the diseases that will benefit a great deal from gene editing  
353 approaches, as even partial correction of related mutations with a suitable strategy may provide  
354 adequate levels of functional hemoglobin production and mitigate disease severity. One of the  
355 primary limitations of the CRISPR-Cas9 HDR system for disease correction is its relatively low  
356 efficiency in quiescent cells and the formation of large unintended deletions and chromosome-  
357 level changes resulting from the DSBs. Additionally, indels in the coding region of the  $\beta$ -globin  
358 locus could result in severe  $\beta^0$ -thalassemia phenotypes. Disruption of HbF repressors or  
359 upregulation of HbF expression via the introduction of hereditary persistence of fetal hemoglobin  
360 (HPFH)-like mutations through base editing approaches are attractive strategies to compensate for  
361 the deficient beta globin, along with those to correct beta-thalassemia point mutations (61).  
362 Researchers point out that uncontrolled mixtures of Cas9-mediated indels and other challenges,  
363 such as an adaptive immune response against Cas9 protein and activation of the p53 pathway in  
364 human stem cells, may lead to a reduction in CRISPR/Cas9 editing efficiency in clinical  
365 applications, hindering hematopoietic stem/progenitor cell (HSPC) proliferation and engraftment  
366 (62, 63). Base editing and prime editing techniques eliminate such consequences to a great extent,  
367 as strong alternative approaches that do not rely on DSBs like Cas9 nucleases (64).

### 368 **Rearming of T-Cells via gene editing against cancer**

369 T cells are an important group of lymphocytes pivotal to the immune system, playing a key role in  
370 anticancer immunity. They navigate the body to eliminate foreign or harmful cells and recruit other  
371 immune cells for assistance. Their functions are mediated through diverse specialized T-cell  
372 receptors that distinguish between safe and threatening cells (65). Chimeric antigen receptor  
373 (CAR) T-cells are promising new genetically engineered cell-based drugs against cancer.

374 Many approaches involving CAR-T therapies are autologous, where T cells extracted from a  
375 patient's blood are reinfused to the patient after being genetically modified and multiplied. It's an  
376 effective yet costly and time-intensive treatment, with bottlenecks in the manufacturing process.  
377 Thus, a primary focus is the development of allogeneic CAR T-cells, sourced from a healthy donor  
378 and modified to specifically attack cancer cells while avoiding detection by the recipient's immune  
379 system. These edited cells are subsequently multiplied into substantial quantities, enabling  
380 widespread administration to numerous recipients as needed. Reduced costs and shorter  
381 preparation times are major advantages of allogeneic products, as well as providing robust high-  
382 quality cells for on-demand cancer immunotherapy (66).

383 CRISPR Therapeutics is currently investigating the effects of allogeneic CRISPR-modified CAR-  
384 T cell variants (Figure 5). The company's first allogeneic T-cell products CTX110 (targeting  
385 CD19+ malignancies), and CTX130 (targeting CD70+ malignancies), were announced to have  
386 favorable results in B- and T-cell lymphoma and renal cell carcinoma (NCT04035434,  
387 NCT04502446, NCT04438083). CD19 is a protein that is frequently present in leukemia and  
388 lymphoma cells. CD70 is a protein commonly overexpressed in cancer cells of various solid and  
389 hematological origins. CTX130 was tested in relapsed/refractory T or B cell malignancies under  
390 the COBALT-LYM trial and relapsed/refractory renal cell carcinoma under the COBALT-RCC  
391 trial. The drug received FDA Orphan Drug and Regenerative Medicine Advanced Therapy  
392 (RMAT) designations. These two treatments were, however, also associated with T cell exhaustion  
393 leading to loss of response and reduced efficacy, particularly in high tumor burden patients. Thus  
394 new edits via CRISPR/Cas9 technology were included in the "next-generation" CAR T cell  
395 programs, applied under the names of CTX112 and CTX131. The company describes three distinct  
396 modifications in healthy donor T lymphocytes in preparation for these treatments. Firstly, aiming

397 to block the host-versus-graft disease (HvGD), class 1 major histocompatibility complex (MHC I)  
398 is eliminated by knocking out the  $\beta$ 2M subunit (67). This increases persistence and the chance for  
399 durable remissions. Secondly, CRISPR/Cas9 eliminates the existing TCRs, aiming to reduce the  
400 risk for graft-versus-host disease (GvHD). Lastly, CRISPR/Cas9 technology is used to insert the  
401 CAR construct into the TCR alpha constant (*TRAC*) locus to improve safety and consistency.

402 Additional teams have achieved remarkable outcomes by targeting CD19 in the context of  
403 challenging and aggressive B-cell non-Hodgkin lymphomas. Caribou Biosciences applied a  
404 promising technology in their treatment approach; in addition to directing their cells toward CD19,  
405 they incorporated a second genetic alteration, a "knockout" deactivating the programmed death-1  
406 (*PD-1*) gene, often used by the cancer cells for their advantage to evade the immune system (68).  
407 This approach is designed to enhance antitumor activity by restricting premature CAR T-cell  
408 exhaustion. The strategy utilizes Cas9 chRDNA guides to make the necessary edits. It is a  
409 technology defined by the company as a CRISPR hybrid RNA-DNA, aiming to improve CRISPR  
410 genome-editing precision through the highly reduced affinity of the chRDNA guide to the off-  
411 target sequences. Mismatches between the chRDNA guide and off-target sites significantly reduce  
412 the stable binding of the Cas complex, thereby hindering cleavage by the Cas nuclease. As of July  
413 2023, Caribou Biosciences shared their long-term follow-up results for their product CB-010 under  
414 ANTLER Phase 1 clinical trial (69). Notably, the treatment demonstrated a generally well-  
415 tolerated and safe profile. In this dose-escalation study involving 16 patients, a 94% overall  
416 response rate was reported, with 69% of the patients (11 of 16) displaying a complete response  
417 (CR). Seven of the 16 patients achieved CR for over 6 months, with the longest CR announced as  
418 24 months. A related abstract presented for the 2024 ASCO Annual Meeting also stated a  
419 manageable safety profile and promising efficacy in patients with refractory/resistant B-NHL, with

420 the dose escalation phase being completed (70). The company also pursues Phase 1 trials involving  
421 allogeneic anti-BMCA CAR-T cell therapy for relapsed or refractory multiple myeloma (CB-011),  
422 and allogeneic anti-CLL-1 CAR-T cell therapy against relapsed or refractory acute myeloid  
423 leukemia (CB-012), where a Cas12a chRDNA genome-editing technology is used. CB-010 holds  
424 RMAT, Fast Track, and Orphan Drug FDA Designations, whereas CB-011 and CB-012 hold Fast  
425 Track and Orphan Drug FDA Designations. Both trials are currently recruiting patients.

426 Intriguingly, in a recent strategy involving the generation of off-the-shelf allogeneic CAR T cells,  
427 lentiviral-mediated expression of a CAR targeting CD7 (CAR7) was obtained on healthy donor T  
428 cells, followed by base editing for the inactivation of three genes encoding the CD52 and CD7  
429 receptors along with the  $\beta$  chain of the  $\alpha\beta$  T-cell receptor (71). These modifications were carried  
430 out to prevent lymphodepleting serum therapy, CAR7 T-cell fratricide, and GvHD, respectively.  
431 The safety of these edited T cells was investigated in 3 children with relapsed leukemia. The first  
432 patient was a 13-year-old girl with relapsed T-cell ALL following allogeneic stem-cell  
433 transplantation. Molecular remission within 28 days was reported after the single-dose base-edited  
434 CAR7 treatment (BE-CAR7). A nonmyeloablative allogeneic stem-cell transplantation from the  
435 patient's original donor followed this process, leading to ongoing leukemic remission. BE-CAR7  
436 cells were effective in the other two patients in the same trial, although one developed progressive  
437 lung complications related to cytokine release syndrome along with fatal fungal complications.  
438 The third patient received allogeneic stem-cell transplantation during remission. These results  
439 indicated the anticipated risks related to immunotherapy-related complications in this phase I  
440 study, where cytokine release syndrome, multilineage cytopenia, and also opportunistic infections  
441 were reported as serious adverse effects.

442 In another recent phase I trial, a simultaneous knockout of the endogenous *TRAC* (encoding TCR $\alpha$ )  
443 and *TRBC* (encoding TCR $\beta$ ) genes was performed via CRISPR-Cas9 genome editing, along with  
444 two chains of a neoantigen-specific TCR (neoTCR) acquired from patients' circulating T cells  
445 inserted into the *TRAC* locus. The trial, sponsored by PACT Pharma, involved 16 patients with  
446 different refractory metastatic solid cancers including melanoma, urothelial carcinoma, head and  
447 neck squamous cell carcinoma, non-small cell lung carcinoma, and colorectal, ovarian, prostate,  
448 and hormone-receptor positive and triple-negative breast cancers. This approach is unique in  
449 assessing the genetic makeup of an individual's tumor and then utilizing CRISPR technology to  
450 customize the patient's T cells to specifically target the individual disease. Each participant  
451 received up to three distinct engineered T cells. Five patients displayed stable disease; a high  
452 percentage of neoTCR transgenic T cells were reported in the periphery and there was a decrease  
453 in some target lesions, thus the therapy was considered likely to have had an effect. All patients  
454 were reported to display the expected side effects associated with lymphodepleting chemotherapy  
455 (72).

456 Overall, CAR-T cell therapy emerged as a strong treatment strategy for malignant tumors. Yet the  
457 survival and persistence of CAR T-cells are often impaired due to their terminally differentiated  
458 phenotype and exhausted status. CRISPR/Cas9 technology has been used in various trials to reduce  
459 exhaustion, generate a memory phenotype, and look for new targets to improve anti-cancer  
460 potential, providing an effective strategy to efficiently promote the proliferation and persistence of  
461 CAR T-cells *in vivo* (73). Yet challenges such as off-target effects and Cas9 protein-mediated  
462 immunogenicity limit the application of the CRISPR/Cas system to CAR T-cells. Rational designs  
463 of sgRNAs by bioinformatics tools, use of alternative Cas nucleases, and adjustment of delivery  
464 systems are a few measures to avoid the off-target effects. Strategies such as epitope masking are

465 among the solutions to the Cas9 protein-related immunogenicity in the *in vivo* CRISPR/Cas9  
466 editing (74). Overall, CAR T-cell therapies face other challenges such as the emergence of T-cell  
467 malignancies, including CAR-positive lymphoma. T-cell lymphomas are especially notable in this  
468 clinical context due to concerns that CAR T-cell vector integration may contribute to cancer  
469 development. Researchers emphasize the infrequent occurrence of second tumors in CAR T-cell  
470 applications, while still acknowledging it as a significant concern (75-78). Incorporating CRISPR  
471 into these therapies may improve the approach by utilizing a more precise strategy than  
472 conventional vector integration.

473 Patients undergoing CAR T-cell therapy often encounter cytokine release syndrome (CRS), a  
474 severe adverse event triggered by systemic levels of pro-inflammatory cytokines such as  
475 interleukin-6 (IL-6), tumor necrosis factor (TNF), and interferon-gamma (IFN- $\gamma$ ) (79). The  
476 condition is characterized by life-threatening risks such as severe fever, hypoxia, and organ  
477 damage. CAR's engagement with its target antigen, initial cytokine release from activated CAR T-  
478 cells, and subsequent activation of bystander immune cells contribute to the pathophysiology of  
479 CRS. This leads to the release of a broad spectrum of cytokines from both CAR T-cells and native  
480 immune cells, accompanied by the expansion of CAR T-cells. CRISPR-Cas9 editing may also be  
481 very useful in addressing this problem, as in the approach where the technology was used to modify  
482 CAR T-cells with a GM-CSF genetic knockout, decreasing the production of proinflammatory  
483 cytokines and chemokines (80).

#### 484 **Genetic engineering of photoreceptors for genetic blindness**

485 Leber Congenital Amaurosis (LCA) is among the earliest and most severe forms of inherited  
486 retinal dystrophies (IRDs), responsible for 20% of early childhood blindness (81). The disease is

487 characterized by degeneration and/or dysfunction of photoreceptors and eventual death of retinal  
488 cells. The most prevalent form of the disease, LCA10, occurs due to mutations in the centrosomal  
489 protein of 290 kDa (*CEP290*) gene. CEP290 protein plays an important role in cilium assembly  
490 and ciliary protein trafficking, localized in the connecting cilium as a multi-protein complex  
491 required for structural and functional integrity. Thus, when individuals with LCA10 are exposed  
492 to light, these compromised cells are unable to effectively transmit all the necessary signals to the  
493 brain, resulting in loss of vision. CRISPR-based approach for LCA10 treatment aims to address  
494 this issue by modifying the defective photoreceptor gene, prompting it to produce a complete and  
495 functional protein instead of the defective, truncated version. The goal is to edit a sufficient number  
496 of cells to generate healthy protein for the patients to regain their lost vision.

497 EDIT-101 represents an experimental medicine based on CRISPR/Cas9 editing, aimed at  
498 eliminating the abnormal splice donor site induced by the c.2991+1655A>G IVS26 mutation in  
499 *CEP290* (Figure 6) (82). To reinstate normal CEP290 expression, an upstream sgRNA guides the  
500 initial Cas9 cleavage to a location preceding the IVS26 mutation, while a downstream sgRNA  
501 directs the second Cas9 cleavage to a site situated beyond the mutation. The resulting cleavage  
502 ends undergo direct ligation through the NHEJ process, and thus the intronic fragment flanking  
503 the IVS26 mutation is removed (83). The mRNA processing machinery subsequently eliminates  
504 the truncated intron 26 during RNA splicing. EDIT-101 is delivered through a subretinal injection  
505 to precisely target and convey the gene editing machinery directly to photoreceptor cells (84).

506 The first *in vivo* CRISPR therapy trial, conducted in the United States and sponsored by Editas  
507 Medicine, targeted the LCA10 (82). Commencing in March 2020 with the first patient receiving  
508 treatment, successive dosing of limited cohorts was extended until July 2022. Editas initially

509 administered low-dose treatments to adult cohorts before progressing to high-dose adult cohorts  
510 and a pediatric cohort. This sequential approach aimed to mitigate potential hazardous side effects  
511 throughout the trial, especially concerning the pediatric group. The subretinal administration  
512 involved treating one eye, while the other eye served as a control for assessing vision in the treated  
513 eye. According to Editas' official statements, no severe adverse events or dose-limiting toxicities  
514 surfaced during the trial. Evaluating treatment efficacy posed a greater challenge than ensuring  
515 safety in these cases. Directly gauging the percentage of edited cells or detecting unintended edits  
516 in participants proved difficult. Due to the substantial reduction in vision, conventional line-by-  
517 line letter reading tests were impractical. Instead, alternative assessments such as mobility tests  
518 (e.g., navigating obstacles) and light detection capabilities, were employed (51, 82).

519 During their phase 1/2 trial named BRILLIANCE for testing EDIT-101, Editas disclosed that  
520 merely 3 among 14 patients had shown "clinically meaningful" improvements in their vision by  
521 November 2022 (82). Notably, two of these responsive individuals harbored mutations in both  
522 copies of the pertinent gene, hinting at the potential effectiveness of the treatment within this  
523 specific subset of the LCA10 population. This particular subgroup, existing within an already rare  
524 condition, comprises only approximately 300 individuals in the US. Owing to the exceedingly  
525 limited patient pool for this costly drug, Editas paused enrollment in the BRILLIANCE trial, yet  
526 keeping the possibility of resuming the efforts in the future should a suitable partner for this  
527 undertaking be identified. Their update in June 2023 stated that 8/14 participants expressed  
528 improved vision-related quality of life (QoL) (85). Recently, the group published the latest status  
529 of the BRILLIANCE phase 1-2 study in early May 2024, in the *New England Journal of Medicine*  
530 (86). According to the report, 12 adults (17-36 years of age) and 2 children (9 and 14 years of age)  
531 were injected with varying doses (low, intermediate, high) of EDIT-101. No serious adverse

532 effects related to the treatment or procedure, or dose-limiting toxic reactions were reported.  
533 Briefly, 6 participants displayed a meaningful improvement from baseline in cone-mediated  
534 vision; meaningful progress from baseline in the best corrected visual acuity was reported in 9  
535 participants; and improvement from baseline in the vision-related QoL score was evident in 6  
536 participants.

537 Thus CRISPR holds promise for potentially treating genetic blindness by targeting and correcting  
538 mutations associated with the condition. While initial safety data for EDIT-101 may be promising,  
539 uncertainties persist regarding its long-term safety. Delivery of this treatment via a viral vector  
540 implies sustained expression of CRISPR-Cas components within the eye, thereby increasing the  
541 risk of unintended DNA alterations and potential immune reactions to the viral vector or the Cas  
542 protein over an extended period. Monitoring these patient volunteers over several years will be  
543 imperative to assess their long-term outcomes, as the potential for unintended genetic changes,  
544 such as off-target effects or genomic instability, underscores the need for extended monitoring to  
545 assess risks that may not manifest immediately but could have significant consequences over time.  
546 Currently, there is no direct method available to evaluate the percentage of edited cells or identify  
547 unintended edits. Evaluation of editing efficiency can only be inferred based on observed  
548 improvements in vision among patient volunteers. Researchers actively monitor individuals who  
549 have received treatment to determine the stability, progression, or regression of vision  
550 improvements over time. Variability in editing outcomes could impact the overall efficacy of the  
551 treatment, particularly in a condition like LCA10, where the restoration of function in retinal cells  
552 requires high accuracy and uniformity. Furthermore, the researchers acknowledge that the results  
553 of their study support the safety of the treatment to the extent that it can be assessed in a small  
554 number of patients, as it sets limitations to the interpretation of the data and presents challenges

555 for drawing robust conclusions (86). Addressing these critical aspects will allow future studies to  
556 build a more comprehensive understanding of the risks and benefits associated with genome  
557 editing in clinical applications for LCA10.

### 558 **Genetic modification of stem cell-derived pancreatic cells for diabetes**

559 Type 1 diabetes (T1D) is characterized by autoimmune destruction of pancreatic beta cells and  
560 consequent inadequate levels of insulin secretion. Vigilant management of blood sugar and insulin  
561 levels throughout a lifetime is necessary. Common serious complications of T1D encompass  
562 kidney damage, nerve pain, vascular and cardiac issues, vision impairment, and limb amputation.  
563 Pancreatic islet transplantation has proven effective in treating individuals with unstable, high-risk  
564 T1D. However, this procedure is associated with a scarce supply of donor organs and the  
565 complexities of obtaining consistent and reliable islet preparations. Although ongoing clinical  
566 trials indicate substantial benefits from pancreatic cell transplantation, recipients of conventional  
567 transplants necessitate continual immune system suppression to avert rejection. The use of  
568 immunosuppressant drugs poses serious risks, including an elevated susceptibility to infections  
569 and cancers. A successful replacement therapy using stem cell-derived islets has the potential to  
570 overcome these challenges, offering a solution that could serve a larger number of people to  
571 constitute an effective alternative to the other treatment methods (87).

572 Results from a phase 1/2 open-label trial, the first of its kind conducted in humans, offer  
573 compelling evidence that pluripotent stem cell-derived pancreatic endoderm cells (PEC-01)  
574 transplanted into individuals diagnosed with T1D transform into islet cells capable of releasing  
575 insulin and c-peptide in a manner that mimics natural physiological regulation (87). Study  
576 participants were administered immunosuppressive medications to support the growth of these

577 cells and prevent rejection by the body's immune system of the implanted VC-02<sup>TM</sup> macro-  
578 encapsulation devices (Figure 7). This system holds refinements for increased engraftment and  
579 insulin production via direct vascularization by the host vasculature, compared to the earlier VC-  
580 01 immuno-isolating units which depended on semipermeable membranes that were cell  
581 impermeant (88). In this research, which involved 17 subjects aged between 22 and 57, all  
582 diagnosed with T1D, PEC-01 cells were subcutaneously implanted into VC-02 units facilitating  
583 direct vascularization. Early clinical results reveal that following the implantation and successful  
584 engraftment, the PEC-01 pancreatic progenitor cells undergo maturation into human endocrine  
585 islet tissue. Throughout the clinical trials conducted thus far, ViaCyte's product candidates have  
586 exhibited strong tolerability with minimal side effects related to the product. Both histological  
587 evidence and measurements of c-peptide (insulin) production confirm the intended functionality  
588 of PEC-01 cells following engraftment.

589 Taking this strategy further, in February 2022, CRISPR Therapeutics and ViaCyte performed the  
590 first-in-human transplant of the CRISPR-edited, stem cell-derived pancreatic cells for T1D  
591 treatment (CTX210A). In this innovative approach, CRISPR technology is utilized to modify  
592 immune-related genes within pancreatic cells derived from pluripotent stem cells, rendering them  
593 impervious to the patient's immune system (89). The ultimate goal is to furnish patients with  
594 robust, new pancreatic cells capable of managing or potentially curing T1D without the need for  
595 chronic immunosuppression. CRISPR Therapeutics and ViaCyte sponsored this phase 1 trial,  
596 marking the initial application of CRISPR for treating an endocrine disease. Shortly after the initial  
597 dosing of the first patient in spring 2022, Vertex Pharmaceuticals acquired ViaCyte. Yet on  
598 January 8, 2024, Vertex announced to cut ties to the T1D stem cell therapy by CRISPR  
599 Therapeutics. It appears that CRISPR Therapeutics is now planning to hold a phase I/II trial of the

600 now-called CTX211 as the next-generation drug candidate, which they define as an  
601 “investigational allogeneic, gene-edited, immune-evasive, stem cell-derived beta-cell replacement  
602 therapy” in their pipeline.

603 This method could provide patients with the advantages of transplantation, even potentially curing  
604 T1D, without encountering the risks and side effects linked to immunosuppressive drugs.  
605 CRISPR/Cas9 technology is often utilized in the hypoimmunogenic induced pluripotent stem cell  
606 (iPSC) cell line development, as a future potential universal source of “off-the-shelf” cells to be  
607 used in allogeneic cell therapy (90). Although providing easy and successful modification of the  
608 target cells, the requirement of several alterations for the process brings along a high probability  
609 of off-target effects, which remain to be addressed thoroughly in clinical studies (91). Overall, the  
610 pivotal outcome of these trials will be whether the edited cells can effectively evade detection by  
611 the immune system, a critical factor in determining the success of the treatment.

### 612 **Gene editing tools against HIV**

613 Human Immunodeficiency Virus (HIV) is a viral infection that attacks the immune system by  
614 infecting CD4 (helper) T lymphocytes. Reproducing within the CD4 cells, HIV leads to cell death  
615 and the release of more viruses to infect and eliminate other helper T cells. If left untreated, HIV  
616 can progress to acquired immunodeficiency syndrome (AIDS), causing severe immune system  
617 damage and leaving individuals susceptible to common infections that can lead to serious illness  
618 or death. Those with AIDS also face increased vulnerability to rare infections and cancers  
619 uncommon in individuals with healthy immune systems.

620 Excision Biotherapeutic’s EBT-101 is a unique experimental *in vivo* CRISPR-based treatment  
621 developed to provide a one-time intravenous infusion for the treatment of HIV infections (92).

622 Using an adeno-associated virus-9 (AAV9), EBT-101 transports CRISPR-Cas9 and dual guide  
623 RNAs, employing a multiplex editing technique that targets three specific locations within the HIV  
624 genome. This enables the removal of significant segments of the HIV genome, reducing the  
625 likelihood of viral escape. This is the first instance of a CRISPR-based therapy administered for  
626 infectious disease, as well as being the first to target a retrovirus. Researchers employed COTANA  
627 (CRISPR-Off-Target Nomination and Analysis) to steer CRISPR-Cas9 editing, creating sets of  
628 gRNAs that precisely target HIV without bearing significant resemblance to locations in the human  
629 genome. A subsequent analysis using multiplex amplicon sequencing demonstrated the effective  
630 removal of a substantial portion of the viral genome without any unintentional insertions or  
631 deletions in the genomic DNA.

632 Sponsored by Excision Biotherapeutics, this trial was granted Fast Track Designation by the FDA  
633 in July 2023. As a phase 1/2 trial, its objectives included assessing safety and side effects,  
634 determining the correct dosage, and evaluating the treatment's efficacy in excising the virus from  
635 CD4 cells in individuals living with HIV Type I, constituting nearly 95% of the prevalence  
636 worldwide (93). The first participant was dosed in September 2022. In October 2023, at the  
637 European Society of Gene and Cell Therapy Congress (ESGCT), the company presented favorable  
638 safety and biodistribution findings for up to 48 weeks, based on the results from three patients  
639 dosed safely, experiencing no adverse events or dose-limiting toxic effects.

640 Before the clinical trial, EBT-101 displayed curative potential in mice and macaque monkeys, as  
641 announced by Excision Biotherapeutics in a press release. However, it was a concern that the  
642 percentage of latently infected cells in humans would be much lower than that modeled in cell  
643 cultures and animal subjects (up to 100%), as a factor to reduce the efficacy of the eradication

644 process (94). The clinical data from this trial, presented recently at the American Society of Gene  
645 and Cell Therapy (ASGCT) meeting in May 2024, in fact, revealed that HIV viral suppression was  
646 not maintained at the initial dose tested, possibly because EBT-101 failed to reach all the cells with  
647 latent HIV in the 5 patients dosed. What is planned next throughout the course is yet to be  
648 announced (95).

649 In a novel approach to combat HIV infection, mature primary B cells from mice and humans were  
650 edited *in vitro* using CRISPR/Cas9 to express mature neutralizing antibodies (bNAbs) from the  
651 endogenous immunoglobulin heavy chain (Igh) locus (96). The modified B cells retained their  
652 capacity to take part in humoral immune responses. Wild-type mice that received these edited B  
653 cells and were immunized with the corresponding antigen exhibited HIV-1-neutralizing bNAb  
654 titers sufficient to protect against infection, facilitating humoral immune responses that might be  
655 challenging to achieve through conventional immunization methods. This is a promising  
656 application where advanced gene editing is combined with immunology, creating a cutting-edge  
657 strategy in the fight against HIV infection.

658 Although effective gene editing approaches raise hope in the combat against HIV, challenges  
659 remain, such as HIV-1's high mutation rate, besides the common issues such as the off-target  
660 effects, immunogenicity, and delivery of the large CRISPR/Cas9 complex. The high specificity  
661 required for safely targeting HIV without compromising host cell integrity remains a significant  
662 technical barrier. The need to effectively target a sufficient number of cells to eliminate the disease  
663 makes this task more complex than treating conditions such as blood disorders. This incomplete  
664 targeting can allow residual viral reservoirs to persist, potentially leading to viral rebound if  
665 treatment is halted. Furthermore, the *in vivo* CRISPR editing strategies against HIV infection lead

666 to the prolonged presence and widespread distribution of genome-editing components, heightening  
667 the risk of unwanted edits and immune reactions. Participants in related trials will undergo long-  
668 term monitoring to assess any potential health effects associated with unintended DNA alterations  
669 (97, 98). Refining the specificity of guide RNAs and minimizing off-target activity through  
670 advanced editing technologies will be crucial for translating this approach into a safe and effective  
671 therapy for HIV.

672 **Lipid nanoparticle-mediated targeted delivery of genome editing tools against protein**  
673 **folding disease**

674 Transthyretin (TTR) is a transport protein found in both plasma and cerebrospinal fluid, dedicated  
675 to transporting the thyroid hormone thyroxine (T4) and retinol to the liver. TTR is released by the  
676 liver into the bloodstream, and to the cerebrospinal fluid by the choroid plexus. Transthyretin  
677 amyloidosis, also known as ATTR amyloidosis, is an uncommon, progressive, and fatal disease.  
678 Hereditary ATTR amyloidosis (ATTRv amyloidosis) arises when mutations in the *TTR* gene are  
679 present from birth, causing the liver to produce structurally abnormal TTR proteins tending to  
680 misfold (99). These faulty proteins accumulate as amyloid deposits throughout the body, resulting  
681 in severe complications affecting various tissues such as the heart, nerves, and the digestive  
682 system. ATTRv amyloidosis commonly presents as polyneuropathy (ATTRv-PN) causing nerve  
683 damage, or cardiomyopathy (ATTRv-CM) leading to heart failure. NTLA-2001 is an *in vivo* gene-  
684 editing tool targeting ATTR amyloidosis leveraging the CRISPR/Cas9 technology, to reduce  
685 serum TTR concentrations (Figure 8) (100). It is the first investigative CRISPR therapy candidate  
686 designed for systemic administration, delivered intravenously as a single-dose treatment to execute  
687 gene editing within the human body. Intellia's exclusive non-viral platform employs lipid  
688 nanoparticles for the targeted delivery of a two-part genome editing system to the liver. This

689 system includes customized gRNA designed for the disease-associated gene and messenger RNA  
690 encoding the Cas9 enzyme responsible for precise editing. Extensive preclinical data displays a  
691 significant and enduring reduction in TTR levels following *in vivo* inactivation of the target gene  
692 (101).

693 Conducted by Intellia and spanning sites in the EU, UK, and New Zealand, the trial initiated dosing  
694 its first participants in late 2020 and is bifurcated into two arms (102). One arm focuses on patients  
695 presenting neuropathy symptoms, while the other targets those with symptoms of cardiomyopathy.  
696 Across both arms, data has been collected from 27 participants receiving varying doses.  
697 Remarkably, even at the lowest treatment dosage, a substantial reduction (>85%) was reported in  
698 toxic protein levels in participants' bloodstreams, with those at the highest dose experienced a  
699 reduction exceeding 90%. Sustained reduction in TTR protein has been observed over time for all  
700 patients, including those for whom a year of findings has been disclosed. Given the correlation  
701 between TTR protein levels and disease severity, researchers hold optimistic expectations for  
702 participant outcomes. Although some infusion-related side effects were observed, they were  
703 temporary and of a non-severe nature (51, 102). The treatment's FDA clearance to start a pivotal  
704 Phase 3 trial of NTLA-2001 came in October 2023. In November 2023, the company shared  
705 updated data from over 60 patients included in the Phase I study; deep and durable serum TTR  
706 reduction was evident via a single dose of NTLA-2001, including the initial 29 patients, followed  
707 up for 12 months or longer. The drug was generally well-tolerated across both arms of trials. The  
708 company announced a redosing in June 2024 with a press release, stating a 90% median reduction  
709 in serum TTR levels at day 28 in three patients who received the lowest dose in the previous Phase  
710 1 dose-escalation. The company specifies that the MAGNITUDE trial (NCT06128629), which is

711 currently recruiting, will be conducted as a randomized, double-blind, placebo-controlled study to  
712 evaluate the safety and efficacy of the drug in 765 patients.

713 Although an effective strategy, additional research on the long-term safety and effectiveness of  
714 NTLA-2001, especially in higher-risk patients, is crucial. This includes continued monitoring to  
715 determine if knocking out the *TTR* gene with this approach leads to a sustained reduction of TTR  
716 levels over an extended period. Assessing the suitability of this technology for other eligible  
717 diseases will also be significant (103).

### 718 **Gene disruption technology to stop inflammatory disease**

719 In hereditary angioedema (HAE), individuals experience severe episodes of inflammation  
720 resulting in swelling, typically affecting the arms and legs, face, intestines, or airway. While  
721 intestinal swelling may lead to intense pain, nausea, and vomiting, swelling in the airway may  
722 present a life-threatening risk (104). HAE attacks typically begin during childhood and if left  
723 untreated, tend to reoccur every 1 to 2 weeks, each episode lasting for 3 to 4 days. It is a rare  
724 disease affecting approximately 1 in every 50,000 to 1 in every 100,000 individuals. Three distinct  
725 categories of HAE are acknowledged, and Types I and II are linked to genetic mutations that affect  
726 the production of the C1 inhibitor protein (C1-INH), a serine protease inhibitor that plays a critical  
727 role in regulating the kallikrein-kinin system (105). Type I HAE is caused by mutations in the  
728 *SERPING1* gene, leading to reduced levels of functional C1-INH protein. Type II HAE is also  
729 caused by *SERPING1* mutations, but results in normal or elevated levels of a dysfunctional C1-  
730 INH protein. Hereditary angioedema with normal C1 inhibitor (HAE-nC1-INH) is a form of HAE  
731 where the levels and function of C1-INH are normal. Unlike Type I and Type II HAE, which are  
732 caused by mutations in the *SERPING1* gene affecting C1-INH, HAE-nC1-INH is associated with

733 mutations in other genes that disrupt the regulation of bradykinin or related pathways. This  
734 includes subtypes associated with mutations in genes such as *FXII*, *PLG*, or *ANGPT1*, or cases  
735 without identified genetic mutations (106).

736 In individuals with a healthy immune system, precise coordination of proteins regulates  
737 inflammation, enabling the body to react effectively to threats and injuries. The C1 inhibitor  
738 protein plays a pivotal role in suppressing inflammation. However, when C1 inhibitor protein  
739 levels are reduced as in HAE, the bradykinin protein accumulates in the bloodstream. Excess  
740 bradykinin, in turn, causes fluid to escape from blood vessels into the body tissues, initiating HAE  
741 swelling attacks. Current treatment options include daily oral medications or administration via IV  
742 infusions or injections, sometimes needed as frequently as twice a week. Despite regular  
743 administration, individuals with HAE may still encounter occasional attacks. Similar to hATTR,  
744 angioedema can be acquired, but also may be inherited (107).

745 NTLA-2002 is a CRISPR drug candidate developed by Intellia Therapeutics for HAE, intended to  
746 target the *KLKB1* gene in liver cells to reduce kallikrein protein production (108). The excessive  
747 activity of kallikrein results in the overproduction of bradykinin, causing recurrent, severe, and  
748 potentially life-threatening swelling attacks in HAE. Reduced bradykinin levels provided via  
749 lowered kallikrein activity correlate with decreased inflammation and swelling. Administered  
750 through a single IV dose, the objective is gene disruption to halt the progression of the disease.  
751 Throughout the process, DSB damage is generated in the *KLKB1* target gene, and further mutations  
752 are initiated as the cell attempts to repair the damage without a corrected template. Severe damage  
753 in the gene ultimately may lead to cessation of protein production. In this trial, CRISPR-Cas9  
754 reagents are delivered via lipid nanoparticles to edit cells in the liver, leveraging the natural

755 tendency of lipid nanoparticles to accumulate in the liver, thus ensuring precise targeting. The  
756 NTLA-2002 therapy shows promise for Type I and II HAE but has limited applicability for HAE  
757 with normal C1-INH (e.g., HAE-FXII), as the applicability of this drug to nC1-INH HAE depends  
758 on whether kallikrein overproduction plays a significant role in the pathophysiology. Some  
759 patients with nC1-INH may not benefit if their swelling episodes are not driven by the kallikrein-  
760 bradykinin pathway.

761 In New Zealand, a range of three doses was administered to 10 participants, and the extended  
762 follow-up data has reached over two years in the earliest patients dosed. According to Intellia  
763 Therapeutics' update on June 2, 2024, the majority of the patients remained attack-free for over  
764 18 months or longer, with the longest attack-free interval reported as over 26 months for an  
765 individual patient post-application. Plasma kallikrein reduction was 60% for the low dose (25 mg),  
766 80% for the medium dose (50 mg), and 95% for the high dose (75 mg) NTLA-2002 application.  
767 The treatment has shown good tolerance across all dosage levels, with no severe adverse events  
768 (109). Intellia has recently (January 22, 2025) announced the dosing of the first subject in their  
769 Phase III trial of NTLA-2002. Termed "HAELO", this randomized, double-blind, placebo-  
770 controlled study aims to determine the safety and efficacy of the drug in 60 adults with Type I or  
771 Type II HAE. The five regulatory designations received by the drug at this time are listed as  
772 Orphan Drug (September 2022) and RMAT (March 2023) Designations by the FDA, the  
773 Innovation Passport by the UK Medicines and Healthcare products Regulatory Agency (MHRA)  
774 (January 2023), Priority Medicines (PRIME) Designation by the European Medicines Agency  
775 (October 2023), and Orphan Drug Designation by the European Commission (November 2023)  
776 (110).

777 While early results from these trials are encouraging, several challenges remain, including the  
778 conclusions yet driven from a small number of patients. The recently initiated Phase III trial,  
779 involving 60 patients, will provide safer conclusions to be drawn in this regard. Other risks include  
780 potential off-target effects and immune response to delivery methods like lipid nanoparticles  
781 (LNPs), which could impact efficacy or cause inflammation. The long-term safety of sustained  
782 kallikrein reduction is also unclear. Manufacturing scalability is another concern due to the  
783 complexity of mass-producing CRISPR components like Cas9 and guide RNA, coupled with high  
784 costs that may limit accessibility. Delivery poses challenges in ensuring precise targeting to the  
785 liver and addressing variability in patient factors such as liver health and genetics. Further  
786 optimization is needed to improve safety, delivery, affordability, and broader applicability (111).

### 787 **Bacteriophage therapy involving CRISPR-Cas3 for chronic infection**

788 Urinary tract infections (UTIs) are prevalent complications leading to more than 8 million  
789 healthcare provider visits annually. The primary culprit is typically *E. coli*, a common fecal  
790 bacterium. UTIs often present with symptoms such as a burning sensation during urination and  
791 frequent drives to urinate (112). In addition to causing discomfort, these infections can become a  
792 concern if they progress to affect the kidneys or if bacteria manage to enter the bloodstream. While  
793 most UTIs respond well to a brief antibiotic course, there are instances where antibiotics prove  
794 ineffective or the infection persists, referred to as chronic UTIs (113).

795 Bacteriophages, commonly called phages, are viruses that attack, infect and replicate in bacteria.  
796 Their typical mode of action involves injecting genetic material into bacteria and utilizing them as  
797 factories to generate more phages. Ultimately, the bacteria may undergo bursting, releasing  
798 additional copies of the phage. Phages are currently being explored for their potential use against

799 bacterial infections, gaining increased attention in response to the escalating threat of antibiotic  
800 resistance. Although the concept dates back about a century, the advent of antibiotics like penicillin  
801 and challenges in patenting phages impeded its therapeutic development.

802 Over the past few decades, phages have been utilized in "compassionate treatment", which  
803 involves the use of an unapproved drug or therapy to treat severely ill individuals when no other  
804 treatment options are available (114). Differing degrees of success were reported in around 25  
805 documented instances in the last 20 years, although clinical trials are required to evaluate safety  
806 and efficacy (114). Phages may offer a distinct advantage of targeting specific types of bacteria,  
807 while antibiotics can harm healthy bacteria without discrimination. Thus, phage therapy has the  
808 potential for more specific and accurate interventions.

809 The clinical trial ELIMINATE conducted by Kim et al. utilizes CRISPR technology to develop  
810 phage therapy against uncomplicated UTIs, as the first rigorously controlled trial in the field  
811 (NCT05488340) (115). In this innovative strategy involving the CRISPR-enhanced six-  
812 bacteriophage cocktail drug LBP-EC01, bacteriophages are modified to boost their effectiveness  
813 against *E. coli* via a CRISPR-Cas3 system incorporated into their genome for DNA-targeting  
814 activity. Experimental findings from animal models with urinary tract and other infections  
815 demonstrate that CRISPR-mediated modifications significantly enhance the phages' ability to  
816 eliminate *E. coli* (116). LBP-EC01 is carefully designed to target the genomes of three *E. coli*  
817 strains responsible for greater than 80% of UTIs, regardless of the antibiotic drug resistance status  
818 of the bacteria (115, 117).

819 During the phase 1 trial, Locus Biosciences administered the treatment directly to the bladder  
820 through a catheter. In February 2021, a Phase 1b trial was completed in the United States,

821 confirming the innovative therapy's safety and tolerability without any drug-related adverse effects  
822 (118). In 2022, Locus initiated the enrollment of participants for a phase 2/3 trial to test the  
823 preliminary efficacy of the drug, with the dosing of the first participant officially announced in  
824 September 2022. The aim is to recruit around 800 participants from the United States and the  
825 European Union (119). An update published by the researchers in the Lancet Infectious Diseases  
826 in December 2024 reported outcomes from the Part 1 dose regimen selection portion of a 2-part  
827 trial examining LBP-EC01, from 39 patients between the ages of 18 and 70, enrolled between  
828 August 2022 and August 2023 (117, 120). The trial was held in 6 private clinical sites in the USA.  
829 A treatment regimen involving 2 days of intraurethral LBP-ECO1 and 3 days of concurrent LBP-  
830 ECO1 intravenous administration along with the oral application of trimethoprim-  
831 sulfamethoxazole (TMP-SMX) twice a day was reported to have well-tolerated. Consistent  
832 pharmacokinetic profiles in blood and urine were specified in the report, with the treatment  
833 providing a fast and durable reduction of *E.coli* and the clinical symptoms eliminated in evaluable  
834 patients.

835 Although phage therapy is considered safe so far, evaluating possible side effects of phage  
836 accumulation will need more studies. Bacteria may possess various mechanisms for evading  
837 killing by the phages, though it is argued that bacterial mechanisms used for evasion of killing by  
838 bacteriophages may also have an overall reducing effect on their virulence and fitness in the  
839 patient. This may be a means of making these treatments successful even in the presence of  
840 resistance, and even “steering” these bacteria back to states of antibiotic susceptibility (121, 122).

841 **Editing genes for cardiovascular disease through genetic interruption**

842 Increased low-density lipoprotein cholesterol (LDL-C) has been strongly associated with  
843 cardiovascular diseases (CVDs) by many epidemiological and interventional studies as a major  
844 risk factor (123). The influence of genetics on cholesterol levels is evident in individuals with  
845 mutations in the proprotein convertase subtilisin/kexin type 9 (*PCSK9*) gene, leading to familial  
846 hypercholesterolemia (FH). FH is a hereditary condition characterized by dangerously high  
847 cholesterol levels irrespective of diet and exercise. As a result, plaque accumulates in the arteries  
848 leading to reduced blood flow or blockage (124). In 2022, Verve Therapeutics initiated a trial  
849 targeting patients who are heterozygous for a high-risk subtype of FH (HeFH), with established  
850 atherosclerotic cardiovascular disease (ASCVD) and uncontrolled levels of LDL-C, using a lipid  
851 nanoparticle (LNP)-delivered base editor system (NCT05398029) (125). In this specific trial, the  
852 *in vivo* liver base editing medicine (VERVE-101) is designed to introduce a single-letter change  
853 in the *PCSK9* gene to turn off the disease-causing gene permanently (126).

854 The initial participant in the phase 1b clinical trial Heart-1 received the treatment in July 2022,  
855 only 6 years after Harvard University researchers invented base editing (23, 125). Two more  
856 participants were dosed by October 2022, and no serious side effects have been noted (127).  
857 Meanwhile, the FDA has placed a clinical hold on the Investigational New Drug (IND) application  
858 for VERVE-101, thereby delaying the initiation of a clinical trial for this therapeutic. The FDA's  
859 directive was rooted in the need for Verve to furnish additional preclinical data concerning potency  
860 differences between human and non-human cells, potential risks associated with editing germline  
861 cells, as well as off-target studies in non-hepatocyte cell types, and available clinical data from the  
862 ongoing trial. Having met the requirements, the FDA lifted the clinical hold on VERVE-101 in  
863 October 2023 (128).

864 The company reported significant trial findings, indicating a time-averaged reduction in blood  
865 PCSK9 levels ranging from 39% to 84% across different doses. Patients in the two higher dose  
866 groups experienced treatment-related adverse effects, including infusion reactions (which were  
867 transient and ranged from mild to moderate), temporary asymptomatic increases in liver  
868 transaminases, below the upper normal limits of bilirubin, and serious cardiovascular events in  
869 those with severe underlying ASCVD. Thirteen patients were dosed in total with the 3 additional  
870 patients dosed in April 2024. In 2 patients with the longest follow-up in the higher dose cohorts,  
871 LDL-C reduction was maintained for 270 days, with the follow-up ongoing. However, Verve has  
872 decided to pause enrollment in the trial due to VERVE-101-associated laboratory abnormalities to  
873 conduct an investigation (129). The Clinical Trial Applications (CTAs) in the UK and New  
874 Zealand and the Investigational New Drug Application (IND) in the US were announced to be  
875 active.

876 Verve Therapeutics also reports a second *PCSK9* gene editor, VERVE-102, developed similarly  
877 for *PCSK9* inactivation like VERVE-101, but to be delivered using their proprietary GalNAc-LNP  
878 technology. This system allows access to the lipid nanoparticles to deliver the drug to liver cells  
879 via either the asialoglycoprotein receptor (ASGPR) or the low-density lipoprotein receptor  
880 (LDLR). It comprises an adenine base editor-expressing messenger RNA and an optimized RNA  
881 targeting *PCSK9*. The drug is currently tested in the Heart-2 open-label Phase 1b clinical trial in  
882 two patient populations: adults with heterozygous familial hypercholesterolemia (HeFH) and  
883 adults with premature coronary artery disease (CAD). In May 2024, the company announced the  
884 dosing of the first patient in the Heart-2 Phase 1b clinical trial where VERVE-102 is being  
885 evaluated. As of October 2024, the company already reported 7 participants dosed in the Heart-2  
886 clinical trial across two cohorts.

887 Verve Therapeutics' VERVE-201, on the other hand, is an investigational CRISPR base editing  
888 tool targeting the inactivation of the *ANGPTL3* gene in liver cells via alteration of a single DNA  
889 base, thus turning off its production by the liver to reduce LDL-C and triglyceride levels.  
890 Preclinical data reveals on-target precise and potent editing in primary human hepatocytes, *Ldlr*<sup>-/-</sup>  
891 and wild-type mice, and non-human primates, displaying its potential in treating severe or  
892 complete LDLR deficiency that is evident in homozygous FH (HoFH). The first participant in their  
893 clinical trial for VERVE-201 was recently announced to be dosed in November 2024 (130). The  
894 challenge with LNP-mediated delivery to the liver is a major problem for patients with HoFH due  
895 to complete deficiency in the low-density lipoprotein receptor (LDLR) in these patients. This  
896 problem is overcome by the use of GalNAc-lipid nanoparticles to enable non-LDLR-dependent  
897 hepatic delivery (131, 132).

## 898 **An Overall Look, Challenges, and Future Prospects**

899 Clinical trials of CRISPR-mediated gene editing represent a groundbreaking frontier in biomedical  
900 research, offering unprecedented potential for targeted treatments of genetic disorders and  
901 diseases. Various trials utilizing CRISPR for gene editing in therapeutic contexts have yielded  
902 promising results, culminating in the recent announcement of Casgevy as the first FDA-approved  
903 CRISPR-based medication (133). With extensive research in the field and ongoing clinical trials,  
904 many new drugs are expected to receive approval in the upcoming decades (134). Overall, gene  
905 editing-mediated clinical trials showcase diverse applications (Table 1). Of these, the most  
906 prominent CRISPR-mediated trials are discussed in the text in relevant sections. In this section we  
907 take an overall look with an emphasis on current challenges and possible solutions, recent  
908 advancements, and future prospects.

909 **New technology in progress**

910 *Prime editing and CRISPR-Cas effectors as next-generation CRISPR technologies.* Emerging  
911 technologies in genome editing are pushing the boundaries of genetic engineering, eliminating or  
912 reducing several limits associated with the therapeutic applicability of the conventional CRISPR  
913 technology, offering more precise, versatile, and efficient tools for manipulating genetic material.  
914 Among these innovations are prime editing (PE) and approaches involving CRISPR-Cas effectors  
915 such as Cas12 and Cas13, each representing a significant step forward in their respective fields.

916 PE is a breakthrough technology that goes beyond traditional CRISPR-Cas9 by offering  
917 unprecedented precision in genome editing (135). It is the first precise genome-editing approach,  
918 allowing all 12 possible base-to-base conversions, plus insertions or deletions, with minimized off-  
919 target effects (Figure 9). It directly rewrites the target DNA sequence without relying on double-  
920 strand breaks or donor DNA templates and functions without the need for a precisely positioned  
921 PAM sequence for nucleotide targeting, offering more flexible and precise editing (136). The PE  
922 guide RNA (pegRNA) not only guides Cas9 to the target DNA but also provides the necessary  
923 template for the insertion, deletion, or conversion of specific DNA sequences. Since the report of  
924 the initial version, several new generations and variants of PE have been developed to enhance  
925 efficiency through modification of the involved Cas9 and RT enzymes, the pegRNA/sgRNA  
926 combination, structure of the pegRNA, and host protein expression regulation via epigenetic  
927 mechanisms (137). Despite its precision, at its early stage of development PE still faces challenges  
928 in terms of efficiency and delivery, and a universal PE mechanism needs to be optimized. G1 state  
929 was shown to be the most suitable step for cell modification for the PE process. Adjusting the  
930 endogenous host factors to make the cells permissive for this editing is listed among the future  
931 challenges. Other challenges also remain, such as establishing an optimized universal vector for

932 the delivery of the large PE complexes along with the long pegRNAs and regulatory elements, and  
933 managing immunity, particularly against the pathogen-associated molecular patterns (PAMPs)  
934 possessed by the components of the PE machinery (137). Overall, PE is still a newer technology,  
935 relatively in its infancy, that may require additional optimization and expertise to be transferred  
936 fully and effectively into the clinic (135). The first clinical trial application involving a prime editor  
937 received FDA clearance in April 2024 (138, 139). The study is held by Prime Medicine, Inc., and  
938 is structured as an open-label, single-arm, multicenter Phase 1/2 study testing the efficacy and  
939 safety of the transplantation of *ex vivo*-modified prime edited autologous CD34+ stem cells  
940 (PM359) in autosomal recessive Chronic Granulomatous Disease (CGD) caused by *NCF1*  
941 (Neutrophil Cytosolic Factor 1) gene mutations (NCT06559176). The company is developing  
942 prime editing-based strategies for several other diseases including X-linked CGD, Wilson's  
943 disease, and cystic fibrosis, as specified in their pipeline.

944 In the realm of genome engineering, the term "CRISPR" or "CRISPR-Cas" is commonly employed  
945 as a broad reference encompassing various systems such as CRISPR-Cas9, Cas12, Cas13, and  
946 others. These systems are programmable to target specific genetic code stretches, enabling precise  
947 DNA editing and serving diverse purposes, including the development of new diagnostic tools  
948 with over 200 engineered variants currently present. Cas12 effectors (also known as Cpf1)  
949 exhibiting a variety of sizes, PAM requirements, substrate recognition patterns, and interference  
950 mechanisms, were classified as a unique type V CRISPR–Cas system following the discovery of  
951 the Cas12a nuclease as an alternative to Cas9 (140). More than a dozen distinct Cas12 subtypes  
952 were reported since (141). They share many features with Cas9 but have some key distinctions,  
953 such as the DNA-cutting mechanism. Unlike Cas9, which makes a blunt cut across both strands of  
954 DNA, Cas12 generates staggered (sticky) ends, which can facilitate more precise integration of

955 foreign DNA into the genome. This characteristic is particularly useful for certain types of  
956 genome-editing applications, such as gene knock-ins, where inserting a gene is more efficient with  
957 staggered cuts. Also, Cas12 recognizes a different protospacer adjacent motif (PAM) than Cas9;  
958 while Cas9 typically requires a 5'-NGG-3' PAM sequence, Cas12 recognizes a 5'-TTTV-3' PAM,  
959 where V is any base except for T. This expands the range of targetable genomic sequences, offering  
960 additional flexibility where Cas9 may not work as effectively. Cas12 exhibits higher specificity  
961 for its target DNA compared to Cas9, which can reduce off-target effects. Additionally, Cas12 has  
962 a collateral cleavage activity; once it cuts its target DNA, it can cleave single-stranded DNA non-  
963 specifically, which could have potential applications in diagnostics and biosensing. The Doudna  
964 lab employed Cas12a's non-specific single-stranded DNA degradation to establish the DNA  
965 Endonuclease Targeted CRISPR Trans Reporter method, referred to as DETECTR (142). It  
966 leverages the indiscriminate cleavage and degradation of nearby ssRNA and single-stranded DNA  
967 (ssDNA), which triggers the cleavage and activation of a reporter. The observable signal produced  
968 by this reporter can be assessed and measured, allowing for the identification and quantification  
969 of the presence of DNA, RNA, or a specific mutation. In summary, CRISPR-Cas12 expands the  
970 range of editable genomic sites and offers distinct advantages for precise DNA insertion and lower  
971 off-target effects, making it a promising tool for genome engineering, gene therapy, and synthetic  
972 biology, already utilized in various clinical trials (Table 1). While constituting a breakthrough in  
973 human gene editing, the immunogenicity of the Cas effectors remain a problem to be solved, via  
974 advanced protein engineering and/or improved delivery systems (74, 140).

975 CRISPR-Cas13 is a single-strand RNA-targeting genome-editing tool, distinguishing itself from  
976 other CRISPR systems like Cas9 and Cas12 which target DNA (143). It can be programmed to  
977 work on specific RNA molecules for degradation or modification without modifying the genomic

978 DNA, for induction of temporary changes to RNA or when DNA editing may be challenging. By  
979 enabling RNA-specific editing, CRISPR-Cas13 adds a new dimension to genetic engineering,  
980 allowing post-transcriptional alteration of gene expression to explore gene regulation mechanisms,  
981 developing RNA-based therapies and improving diagnostics. Through its *in vitro* collateral  
982 activity, Cas13 not only specifically cleaves its target RNA, but also indiscriminately degrades any  
983 nearby RNA, which makes it useful for diagnostic applications to develop quick and highly  
984 sensitive nucleic acid detection methods (144, 145). This has been used in various platforms for  
985 rapid and sensitive detection of RNA pathogens, such as viruses. The Zhang lab recently  
986 introduced the Specific High Sensitivity Enzymatic Reporter UnLOCKING methods, known as  
987 SHERLOCK and SHERLOCKv2, for *in vitro* precise diagnostics which aim to provide quick,  
988 multiplexed ultra-sensitive detection of RNA or DNA in relevant samples (144, 146). SHERLOCK  
989 uses the Type VI CRISPR system (Cas13a), while SHERLOCKv2 utilizes type III, V, and VI  
990 (Csm6, Cas12a, and Cas 13) for improved efficiency in a single reaction to detect four different  
991 DNA or RNA fragments (147). Furthermore, Cas13-mediated approaches are suitable for use in  
992 various treatment approaches. A CRISPR/Cas13-mediated RNA targeting therapy (HG202)  
993 against neovascular age-related macular degeneration (nAMD) is currently recruiting patients for  
994 an early phase 1 study (SIGHT-1; NCT06031727). Perturbation of vascular endothelial growth  
995 factor (VEGF) is given as the primary cause of nAMD, where overexpression of VEGF results in  
996 the abnormal growth of choroidal neovascularization (CNV). HG202 employs a single AAV  
997 vector to partially reduce VEGFA expression to inhibit CNV formation in AMD patients. Besides  
998 the great potential, unforeseen risks and effects remain, in relation to the collateral activity of  
999 Cas13. Other challenges include the requirement for optimization of delivery systems and potential

1000 immunotoxicity and off-target effects *in vivo* with long-term, constitutive expression of Cas13  
1001 proteins (148).

1002 *Advancements in High-Fidelity and PAM-Expanded Cas9 Variants for Precision Genome Editing:*  
1003 It is crucial in CRISPR approaches to minimize off-target effects while maintaining/elevating  
1004 gene-editing accuracy. To address this issue, High-Fidelity and Enhanced Specificity Variants  
1005 were produced by altering the protein's interactions with the target DNA, thus increasing  
1006 specificity without compromising efficiency. Recently, SpCas9-HF1 (High-Fidelity 1) was  
1007 designed to address off-target effects observed with the wild-type SpCas9, which occasionally  
1008 binds and cleaves DNA sequences with partial mismatches (149). Four key mutations (N497A,  
1009 R661A, Q695A, and Q926A) were introduced into the REC1 and RuvC nuclease domains to  
1010 weaken hydrogen bonds with the DNA backbone, reducing non-specific interactions between Cas9  
1011 and the target DNA, and enhancing the requirement for perfect base-pairing between the guide  
1012 RNA (gRNA) and target DNA by increasing the stringency of DNA binding. SpCas9-HF1 retains  
1013 high on-target cleavage efficiency similar to wild-type SpCas9 and significantly reduces off-target  
1014 activity across various genomic loci, suitable for precision genome editing as well as for high-  
1015 specificity studies in functional genomics to minimize unintended gene perturbations.

1016 Another high-fidelity Cas9 variant is the Enhanced Specificity Cas9 (eSpCas9), which bears three  
1017 mutations (K848A, K1003A, and R1060A) that destabilizes the R-loop formation to weaken the  
1018 interaction between Cas9 and the non-target DNA strand, thus increasing the dependency on  
1019 precise base pairing between gRNA and the target DNA (150). eSpCas9 offers increased  
1020 specificity compared to the wild-type SpCas9 without compromising on-target efficiency, and  
1021 reduces off-target effects. Serving for the same purpose, Hyper-Accurate Cas9 (HypaCas9) was

1022 engineered to further improve specificity by altering the conformational dynamics of the HNH  
1023 nuclease domain (151). Mutations (N692A, M694A, Q695A, and H698A) impact the HNH  
1024 domain responsible for cleaving the target DNA strand, increasing the requirement for perfect  
1025 gRNA-DNA matching for HNH domain activation. It provides superior specificity compared to  
1026 both SpCas9-HF1 and eSpCas9, maintains robust on-target activity, and is highly effective in  
1027 minimizing off-target cleavage across complex genomes.

1028 PAM-Expanded Variants, on the other hand, expand the range of targetable genomic sites by  
1029 recognizing alternative PAM sequences, increasing the flexibility of CRISPR-Cas9 systems.  
1030 SpCas9-NG was developed to recognize a more permissive PAM, overcoming the limitation of  
1031 wild-type SpCas9's strict requirement for the 5'-NGG-3' PAM sequence (152). Engineered through  
1032 structure-guided mutagenesis, SpCas9-NG alters residues in the PAM-interacting domain to  
1033 tolerate base variations at the third PAM position. As a result, it recognizes the 5'-NG-3' PAM  
1034 (e.g., NGA, NGC, NGT), expanding the targetable genomic sites by fourfold. xCas9 was  
1035 developed to recognize an even wider range of PAMs while maintaining high specificity and  
1036 reduced off-target effects (153). It recognizes the 5'-NG, GAA, GAT-3' PAM, allowing targeting  
1037 at sites with NG, GAA, or GAT PAMs. Engineered through directed evolution and high-  
1038 throughput screening, xCas9 features mutations in the PAM-interacting domain that enhance  
1039 flexibility, enabling it to recognize non-canonical PAMs while retaining high specificity. It offers  
1040 an expanded target range with improved specificity and reduced off-target activity compared to  
1041 wild-type SpCas9. xCas9 is suitable for genome editing in PAM-restricted regions and for  
1042 therapeutic gene editing with enhanced specificity.

1043 Recently reported Cas9 variants engineered through extensive mutagenesis and structural analyses  
1044 with relaxed PAM requirements include SpG-Cas9 (SpG) and SpRY-Cas9, the nearly PAM-less  
1045 variant (SpRY)(154). These variants are capable of targeting almost any genomic sequence. SpG  
1046 recognizes the 5'-NGN-3' PAM, allowing broad targeting at sites with any third base, while SpRY  
1047 is nearly PAM-less, with minimal constraints, enabling targeting at virtually any sequence. These  
1048 variants are particularly useful for editing in genomic regions with restrictive PAM availability  
1049 and for complex genetic modifications, including multiplexed genome editing, as well as for  
1050 functional genomics and therapeutic applications. Future developments are likely to focus on  
1051 further enhancing specificity and minimizing off-target effects, expanding PAM compatibility for  
1052 unrestricted genome targeting, and improving delivery systems for safe and efficient therapeutic  
1053 applications.

1054 *Epigenetic regulation, multiple gene editing, and large-scale gene screening via CRISPR*  
1055 *technologies.* Various innovations associated with CRISPR technologies such as epigenetic  
1056 regulation, multiple gene editing, and large-scale gene screening hold immense promise for  
1057 transforming medicine and synthetic biology. CRISPR tools can activate (CRISPRa) or interfere  
1058 with the function of genes (CRISPRi) via transcriptional modulation without altering the DNA  
1059 sequence (155). Catalytically inactive Cas9 (dCas9), when fused with effector domains, enables  
1060 precise activation or repression of target genes. These approaches can be utilized to investigate  
1061 and modify epigenetic states, providing valuable insights into gene regulation and cellular  
1062 reprogramming thus holding great potential for treating diseases with an epigenetic component,  
1063 including cancer (156). Reactivating silenced tumor suppressor genes or suppressing oncogenes  
1064 will be valuable in designing new therapeutic strategies. Epigenetic regulation via CRISPR  
1065 approaches also enable the reprogramming of cells into desired types, aiding in regenerative

1066 medicine and the development of personalized therapies. While the forced ectopic expression of  
1067 transcription factors are frequently associated with off-target effects and heterogeneous  
1068 reprogramming, activation of endogenous pluripotency factors via CRISPRa technology may be  
1069 effective in reduction of heterogeneity as well as providing a highly efficient reprogramming  
1070 process (157).

1071 The integration of multiple CRISPR-based technologies will open up new possibilities. Combining  
1072 epigenetic modulation with multiple gene editing may intricately rewire gene networks, paving the  
1073 way for more advanced synthetic biology applications and therapeutic treatments. Employing  
1074 CRISPR for gene editing and regulation in organoids will create more precise models of human  
1075 diseases, advancing drug discovery and personalized medicine. The potential of artificial  
1076 intelligence to boost gRNA design for precision to cut off-target effects is also remarkable (158).  
1077 CRISPR-based gene screening has revolutionized functional genomics, and future advancements  
1078 will improve its scale, resolution, and efficiency. Developing more comprehensive gRNA libraries  
1079 will enable genome-wide studies to uncover gene functions, pathways, and therapeutic targets.  
1080 Furthermore, combining CRISPR screening with single-cell sequencing technologies will offer  
1081 unique insights into gene function at the cellular level, enabling researchers to explore tissue  
1082 heterogeneity and disease variations. Also, advancements in inducible CRISPR systems will  
1083 enable researchers to study gene function in a dynamic manner, facilitating time-resolved and  
1084 tissue-specific gene screening. These technologies have already been used in genetic screens to  
1085 explore gene functions and identify genes involved in various biological pathways. This approach  
1086 aids in decoding genetic networks and offers crucial insights into severe diseases, with the goal of  
1087 discovering new treatments through gene and cell therapies (159).

**1088 An overview of the challenges associated with CRISPR technologies**

1089 While genome editing tools like CRISPR-Cas have revolutionized our ability to target and modify  
1090 specific genomic sequences, their application is not without challenges, as we also specified in  
1091 relevant sections throughout the text. Overall, reducing off-target effects, refining delivery systems  
1092 for better efficiency and accuracy, and enhancing the safety of applications are issues that still need  
1093 to be addressed, along with ethical considerations. Also, possible variability in editing efficiencies  
1094 and the complexities of certain genomic regions mean that not all sequences can be easily or  
1095 reliably manipulated.

1096 *Off-target effects: still an issue.* Of all the current challenges in gene editing, precise targeting and  
1097 minimizing or eliminating off-target effects through advanced techniques is considered the most  
1098 crucial. Off-target effects refer to unintended genetic modifications that occur when genomic  
1099 regions other than the actual target are edited, which can have serious implications in terms of  
1100 safety and ethics. Disruption of vital genes or regulatory regions, that may lead to unforeseen  
1101 diseases or functional impairments, may occur. When germline editing may be targeted, the risk  
1102 of passing harmful mutations to future generations due to off-target functioning of the editing  
1103 machinery is a major concern. In fact, bioethical concerns regarding germline editing focus on two  
1104 different topics, depending on successful or failed editing (160). In case of successful germline  
1105 editing applications, using genome editing for nontherapeutic purposes for eugenics or  
1106 enhancement is a major concern (161). Critics warn that this could lead to the commercialization  
1107 of human life, widen social inequalities, or spark genetic competition. It also brings out the concern  
1108 regarding the source or entity from which informed consent will be obtained for these  
1109 modifications. On the other hand, in case of failed germline editing, including creation of serious  
1110 off-target effects, the biggest concern is the risk of transferring the deleterious mutations and

1111 undesirable changes to next generations. One other significant consequence in this scenario is  
1112 mosaicism, arising when the nuclease is not able to edit all copies of the target gene or the cells  
1113 begin to divide before the genome editing process is finished. This may cause major unwanted  
1114 alterations, complicating outcomes (160).

1115 Overall, off-target effects are addressed by different strategies to minimize undesired byproducts  
1116 in CRISPR-Cas-mediated genome editing, including the use of biased and unbiased *in silico* off-  
1117 target detection tools, modification and engineering of gRNA, utilization of improved Cas variants  
1118 and engineering (e.g., high-fidelity Cas9), employing delivery methods that restrict Cas9 activity  
1119 to the target tissue, and utilization of newer approaches such as base editing and prime editing (1,  
1120 162). The use of anti-CRISPR proteins is also claimed to reduce off-target modifications without  
1121 affecting on-target action (163, 164). DNA repair challenges in CRISPR/Cas9 editing are  
1122 addressed via engineering of the repair pathways by modulating endogenous mechanisms with  
1123 small molecules or gene editing to enhance HDR efficiency or mitigate NHEJ activity. Temporal  
1124 control can be achieved by designing delivery systems that synchronize Cas9 activity with the cell  
1125 cycle to maximize HDR usage (165). The use of alternative editing systems, such as BEs and PEs  
1126 avoids reliance on DSBs and, consequently, on NHEJ or HDR. Additionally, combinatorial  
1127 approaches, including cell-type-specific delivery and HDR enhancers, optimize editing outcomes  
1128 for therapeutic applications.

1129 *Advances and Challenges in CRISPR Delivery Systems.* Overcoming the challenges associated  
1130 with delivering CRISPR components to target tissues will be necessary for advancing translational  
1131 research and clinical applications in gene editing. Several informative reviews focus on *in vivo*  
1132 delivery systems in preclinical and clinical CRISPR gene editing approaches (Figure 3) (33-35).

1133 Here we briefly go over the selected viral and nonviral methods for the delivery of CRISPR  
1134 machinery to human cells. Viral vectors, with the advantages of high transduction efficiency and  
1135 stable gene expression, are widely preferred for this purpose (166). One of the most commonly  
1136 used viral vectors in CRISPR-mediated approaches is the non-pathogenic adeno-associated viruses  
1137 (AAVs), which can infect both dividing and non-dividing cells, and provide long-term gene  
1138 expression through an episomal genome, reducing the risk of insertional mutagenesis. However,  
1139 using AAV vectors for efficient *in vivo* delivery is a challenging task. First of all, their small cargo  
1140 capacity (~4.7 kb) limits the ability to deliver large Cas proteins, like SpCas9, along with guide  
1141 RNAs. Also, although AAVs generally have low immunogenicity, one other limitation of AAVs  
1142 as gene editing vectors is that host immune response may create neutralizing antibodies against  
1143 the viral capsid even at low titers (1:5-1:7), blocking target cell entry (167). Besides, depending  
1144 on the serotype and the analyzed cohort, AAV seropositivity among humans is given as between  
1145 30-80% (168). Overall, strategies to overcome various obstacles in delivering CRISPR-Cas-based  
1146 genome editing treatments using AAV vectors include developing smaller payloads and regulatory  
1147 elements, advancing new sequencing strategies for vector characterization, and engineering novel  
1148 capsids with enhanced potency, tissue-selectivity, and ability to evade pre-existing antibodies  
1149 (169).

1150 Lentiviral vectors (LVs) are also among the first viral systems that were adapted for genome-  
1151 editing applications with proven efficiency and improved safety, as well as a larger cargo capacity  
1152 than AAVs (170). In fact, an all-in-one vector design expressing both Cas9 and sgRNAs was  
1153 quickly established following reports of CRISPR/Cas system functioning in human cells (171).  
1154 One of the issues associated with the use of LV vectors for the delivery of CRISPR components is  
1155 the relatively elevated levels of off-target effects due to permanent expression of the CRISPR/Cas9

1156 tools provided by the integrating LVs, besides the oncogenic potential. In fact, integrating LVs are  
1157 more frequently preferred in *ex vivo* applications, such as editing stem cells or T cells before  
1158 transplantation. As a safer alternative with a very weak integration capability and a similar  
1159 transduction efficiency, use of integrase-deficient lentiviral systems (IDLVs) has been associated  
1160 with much lower frequency of indel formation and other off-target effects in CRISPR/Cas9-  
1161 mediated gene editing (172, 173).

1162 Adenoviruses are very well-studied viruses both biologically and clinically, which can carry large  
1163 payloads and provide high transduction efficiencies as vectors (174). Adenoviral vectors (AdVs)  
1164 have been successfully used as non-integrating delivery systems in gene editing strategies, bearing  
1165 a reduced risk of off-target effects and insertional mutagenesis, and offering a reliable delivery  
1166 mechanism for large transgenes such as designer nucleases in a transient pattern (175-177). All  
1167 customized CRISPR machinery could be delivered by a single high capacity gutless AdV (HC-  
1168 AdVs) (178). However, adaptive immune responses against the vector and Cas9 remain an issue,  
1169 as it lowers the effective viral titer and necessitates higher vector doses, which further amplifies the  
1170 immune response (177, 179). Furthermore, the percentage of pre-existing antibodies in human  
1171 populations is given as around 90% (180). Possible solutions include employing non-human AdV  
1172 vectors, using viruses with low seroprevalence, vector engineering through copolymer  
1173 encapsulation, and altering the vector genome for lowering of immunogenicity and unwanted  
1174 surface interactions (181).

1175 Thus, while viral vectors are a preferred means of delivery for CRISPR components, each vector  
1176 is associated with certain challenges that need to be overcome for optimal efficiency and safety.  
1177 Producing viral vectors at clinical grade and scale is also costly and complex, with batch-to-batch

1178 variability impacting consistency and safety. Engineering tissue-specific promoters or modifying  
1179 capsids can enhance targeting, but achieving precise *in vivo* delivery remains challenging.  
1180 Nonviral delivery systems may overcome many limitations associated with viral vectors. Chemical  
1181 and physical systems are explored. Of the chemical approaches, nanoparticles are frequently  
1182 preferred, as nano-scale materials (1-100 nm) with distinctive biological features due to their size  
1183 and surface properties. They are favored for their modifiable surface and high targeting ability, as  
1184 well as their biological safety and high packaging capacity (182). They are suitable to be utilized  
1185 as vectors for CRISPR systems, as the large size and negative charge of the Cas9 RNP complex  
1186 hinder its efficient transport across the negatively charged mammalian cell membranes (183).  
1187 Cationic lipid nanoparticles condense the anionic cargo through electrostatic interactions, forming  
1188 lipid nanoparticles (LNPs) that can promote endocytosis across the cell membrane (184). LNPs  
1189 are utilized in a wide variety of studies as synthetic carriers that encapsulate nucleic acids (e.g.,  
1190 mRNA encoding Cas proteins or guide RNAs) which are able to carry large payloads (181).  
1191 Composed of ionizable lipids, cholesterol, phospholipids, and polyethylene glycol (PEG)-lipids  
1192 that self-assemble into stable nanoparticles, LNPs avoid risks associated with viral vectors such as  
1193 insertional mutagenesis and viral immunogenicity. Delivery efficiency can be increased via  
1194 chemical modifications to enhance stability, targeting specificity, and endosomal escape.  
1195 However, LNPs are often taken up non-specifically by the liver and spleen due to their interaction  
1196 with serum proteins, limiting their use for tissue-specific editing. Ongoing research aims to  
1197 improve the properties of LNPs in terms of cell-penetration, precise tissue targeting, endosome  
1198 escape, toxicity reduction, prevention of degradation, and improved long-term storage stability  
1199 (182).

1200 Other chemical approaches for the efficient delivery of CRISPR components include hybrid  
1201 nanoparticles that enhance stability, cargo capacity, loading efficiency, and tissue-specific  
1202 targeting by combining lipid and polymeric materials (185, 186). These agents can be customized  
1203 to respond to stimuli such as pH or temperature, improving controlled release. Extracellular  
1204 vesicles (e.g., exosomes) offer biocompatible and efficient delivery. They can be engineered to  
1205 carry CRISPR components and target specific tissues by modifying surface proteins. These  
1206 emerging strategies offer improved specificity, efficiency, and biocompatibility, but challenges  
1207 related to scalability, cost, and regulatory approval remain.

1208 Physical methods such as electroporation, microinjection, and hydrodynamic injection employ  
1209 physical forces to aid in the intracellular delivery of CRISPR/Cas9 machinery through disruption  
1210 of the host cellular and nuclear membranes. Electroporation, which is widely used in *in vitro* and  
1211 *ex vivo* approaches, uses electrical pulses to create temporary pores in the cell membrane, allowing  
1212 CRISPR components to enter the cell (187). However, although highly efficient in controlled  
1213 laboratory settings, achieving targeted *in vivo* delivery via electroporation is challenging; the  
1214 requirement for specialized equipment, its invasive nature with cell-damaging effects, and  
1215 technical limitation of scalability and administration skills limit its clinical use. This approach is  
1216 typically preferred in *ex vivo* applications, such as editing hematopoietic stem cells or T cells,  
1217 which are then reintroduced into patients with reduced off-target effects due to transient expression  
1218 (182, 188, 189). Thus, despite advancements, several challenges hinder the efficient clinical  
1219 translation of CRISPR delivery systems, with standardization of the production processes,  
1220 ensuring batch consistency, and meeting regulatory requirements still posing significant hurdles  
1221 to outcome (190).

1222 *Other challenges.* One important issue in clinical trials involving gene editing approaches is the  
1223 requirement for careful identification of the causes of problematic outcomes. A sample case is a  
1224 27-year-old Duchenne Muscular Dystrophy (DMD) patient who was treated with recombinant  
1225 adeno-associated virus (rAAV) serotype 9 dSaCas9 (“dead” *Staphylococcus aureus* Cas 9, with  
1226 inactivated nuclease activity) fused to VP64, which, as a custom CRISPR-transactivator treatment,  
1227 was designed to upregulate cortical dystrophin (191). Mild cardiac dysfunction and pericardial  
1228 effusion, followed by acute respiratory distress syndrome (ARDS) was evident, leading to cardiac  
1229 arrest 6 days following the application, and death of the patient 2 days later. Researchers correlate  
1230 the death to an innate immune reaction leading to ARDS following the application of a high-dose  
1231 rAAV gene therapy for advanced DMD, rather than a response against the CRISPR/Cas9 system  
1232 itself or the transgene (192). The preexisting disease underlying the treatment is given as the most  
1233 likely reason for the fatal AAV toxicity (193). In the case of AAV, as may be valid for other certain  
1234 delivery systems as well, while studies in mice showed promising results, findings from human  
1235 studies thus indicate that high-dose systemic AAV administration and related complications  
1236 constitute an additional challenge to AAV-CRISPR approaches that need deeper consideration and  
1237 thorough analysis (194).

1238 Edited cells' long-term stability and behavior, including the risk of malignant transformation,  
1239 require thorough investigation to guarantee sustained therapeutic benefits. Additionally, scalability  
1240 poses a significant challenge for CRISPR-based treatments, as producing enough of the treatment  
1241 to meet the needs of a large population is complex (195). This challenge arises due to technical  
1242 hurdles in creating personalized therapies and implementing the treatment regimen and associated  
1243 costs. Vertex announced a wholesale acquisition cost of 2.2 million USD for Casgevy in the United  
1244 States. Most individuals affected by SCD or BT cannot access this treatment due to its prohibitive

1245 cost and restricted availability (196). Consequently, high costs will likely limit the accessibility of  
1246 gene-editing drugs to only a handful of medical centers globally.

1247 With the advancements and extensive ongoing research in gene editing, an even greater  
1248 understanding and management of human diseases will soon be possible. From inherited disorders  
1249 like sickle cell disease and cystic fibrosis to complex conditions such as cancer, researchers harness  
1250 the power of CRISPR technologies to explore personalized therapeutic interventions. Treatments  
1251 will be tailored to individual genetic profiles for enhanced efficacy and reduced side effects. New  
1252 applications in the field also bring out ethical and regulatory considerations, such as equitable  
1253 access to innovative therapies and the potential for germline alterations. Continued discussions on  
1254 the ethical implications of gene editing will be essential for formulating guidelines and regulations  
1255 to ensure responsible and safe applications. Maintaining public trust through transparent  
1256 communication about CRISPR's risks and benefits is crucial, as there is a risk of these technologies  
1257 to be misused to damage the environment and the society. Legal insights and regulations of genome-  
1258 editing differ in various countries (197). As these technologies move closer to widespread clinical  
1259 adoption, regulatory agencies such as the FDA (United States), EMA (Europe), NMPA (China),  
1260 and others will play a crucial role in setting guidelines for safety, efficacy, and ethical compliance.  
1261 Standardizing global regulations and ensuring a balanced approach between innovation and human  
1262 benefit, patient safety, and ethical responsibility will be essential for the successful integration of  
1263 these technologies into wide clinical practice (198). Engaging a diverse group of participants, such  
1264 as researchers, ethicists, lawmakers, and the general public, is essential to guarantee the  
1265 responsible application of CRISPR technology (199).

1266 In time, the field will likely witness diverse applications with increased collaborations, which will  
1267 continue leading to the translation of groundbreaking discoveries into brilliant clinical and  
1268 practical solutions. Ideal therapies will demonstrate long-term safety and efficacy, as well as being  
1269 easy to manufacture and administer, making them accessible to more patients. Addressing the  
1270 current concerns in the field through comprehensive research, clinical validation, robust regulatory  
1271 frameworks, and international collaboration is imperative to harness the full potential of CRISPR-  
1272 mediated gene editing technology in the near future.

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1276 **AUTHOR CONTRIBUTIONS**

1277 BC, FE, ADS, and SS drafted the article, SS designed the figures, and YE composed them. All  
1278 authors commented on the article and approved the final version.

1279 **CONFLICTS OF INTEREST**

1280 None declared.

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1283

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1776

1777 **Figure and Table Legends:**

1778 **Figure 1.** The structure and mechanism of action of the most commonly used programmable  
1779 nucleases (3). **A.** Zinc-Finger Nucleases (ZFNs). **B.** Transcription Activator–Like Effector  
1780 Nucleases (TALENs). **C.** Clustered Regularly Interspaced Short Palindromic Repeats and  
1781 CRISPR-Associated protein 9 (CRISPR-Cas9).

1782 **Figure 2. The potential applications of CRISPR-Cas systems for editing genomes and base**  
1783 **editing technology** (200, 201). Panel A: CRISPR-Cas9 functions via a guide RNA molecule to  
1784 target specific DNA sequences and a Cas9 protein to cleave the DNA at those target sites. This  
1785 process allows for precise genome editing by either inducing DNA repair mechanisms to create  
1786 mutations or by facilitating the insertion of new genetic material at the targeted location. Genome  
1787 modification through CRISPR-Cas systems relies on the two primary pathways for repairing  
1788 double-strand breaks (DSBs). Indel mutations and gene deletions result from the predominant  
1789 nonhomologous end-joining (NHEJ) repair pathway. On the other hand, gene insertion, correction,  
1790 and replacement occur through the homology-directed repair (HDR) pathway, utilizing a DNA  
1791 donor template. Panel B: Base Editing Technology. The mechanism of Cytosine Base Editor  
1792 (CBE) is outlined, with key components labeled in text boxes. In the presence of the optional uracil  
1793 glycosylase inhibitor (UGI), the U•G intermediate is safeguarded against excision by uracil DNA  
1794 glycosylase (UDG), enhancing the efficiency of the final base-edited DNA outcome. The nickase  
1795 version of Cas9 (Cas9n) induces a nick on the top strand (indicated by the blue arrow), while the  
1796 cytidine deaminase transforms cytosine into uracil. The comprehensive conversion of a C•G to  
1797 T•A base pair is accomplished through the specified steps. The mechanism of Adenine Base Editor  
1798 (ABE) mirrors that of CBE, with the distinction that the UGI domain is not included in the ABE  
1799 architecture. ABE-mediated editing leads to the conversion of an A•T to G•C base pair through an

1800 inosine-containing intermediate. Key elements include guide RNA (gRNA), protospacer adjacent  
1801 motif (PAM), target A (desired base substrate for ABE), and target C (desired base substrate for  
1802 CBE). PAM sequence is representatively shown as 3 bp. dsDNA: double-stranded DNA, ssODN:  
1803 single-stranded oligodeoxynucleotide.

1804 **Figure 3: Strategies for gene modification therapies in humans.** This figure illustrates two key  
1805 approaches for therapeutic gene editing as *ex vivo* and *in vivo*. *Ex vivo* gene editing involves the  
1806 isolation and modification of patient cells using CRISPR/vector technology within a controlled *in*  
1807 *vitro* environment. The genetically modified cells undergo proliferation before being transplanted  
1808 back into the patient. In contrast, *in vivo* gene editing directly administers therapeutic genes using  
1809 viral or non-viral vectors through intravenous or intraocular injection. The depicted gene editing  
1810 methods include ribonucleoprotein (RNP), non-viral vectors (nanoparticles and plasmids), and  
1811 viral vectors (adenovirus, lentivirus, and adeno-associated virus), showcasing the diverse  
1812 strategies employed in the pursuit of targeted gene modifications.

1813 **Figure 4. CRISPR-based gene editing strategies to correct beta hemoglobinopathies such as**  
1814 **sickle cell disease (SCD) and beta-thalassemia (BT)**

1815 CASGEVY, developed by Vertex and CRISPR Therapeutics, entails the genetic modification of a  
1816 patient's own hematopoietic stem and progenitor cells (HSPCs) via CRISPR/Cas9 and SPY101  
1817 single guide RNA (133). This modification aims to disrupt the GATA1 transcription factor binding  
1818 domain of the B-cell lymphoma/leukemia 11A (BCL11A) gene erythroid enhancer through *ex vivo*  
1819 editing. BCL11A, a known suppressor of fetal hemoglobin (HbF) expression, presents a target for  
1820 intervention. Consequently, this disruption leads to a significantly increased HbF expression,  
1821 effectively correcting the deficient production of adult beta hemoglobin (Panel A). Another notable  
1822 approach (EDIT-301) developed by Editas Medicine involves targeting the promoters of the  $\gamma$ -

1823 globin genes [*HBG1* ( $A\gamma$ ) / *HBG2* ( $G\gamma$ )], introducing distinct sequence alterations to interfere with  
1824 BCL11A binding sites, leading to enhanced production of HbF (Panel B) (202). This alteration is  
1825 accomplished by employing the AsCas12a protein, which is well-known for its superior efficiency  
1826 and specificity in gene editing. The CRISPR base editors are also the subject of intense interest  
1827 with two primary methods developed by the BEAM Therapeutics for addressing  
1828 hemoglobinopathies (Panel C). The first one, BEAM-101, involves performing an A-G transition  
1829 in the BCL11A binding regions located in the promoter regions of gamma-globin genes to prevent  
1830 the binding of BCL11A, thereby increasing gamma-globin expression (57). The preclinical  
1831 BEAM-102, the latter of the two, involves converting adenine to guanine at the specific point in  
1832 the mutant beta-globin gene responsible for sickle cell formation (59). Due to this process, the  
1833 hemoglobin produced, known as Hemoglobin Makassar, inhibits the formation of sickle cells.  
1834 Other clinical trials, such as those involving the replacement of the mutated beta-globin gene  
1835 through CRISPR-Cas9 knock-in (CRISPR\_SCD001) and the correction of mutations in HBB to  
1836 restore normal hemoglobin expression (GPH101), are omitted for clarity.

1837 **Figure 5. Distinctive design of allogeneic CAR T-cells modified using CRISPR technology.**

1838 CTX110 is a chimeric antigen receptor T-cell (CAR-T) therapy developed by CRISPR  
1839 Therapeutics (67). It is designed to target and treat cancers by modifying a patient's T cells to  
1840 recognize and attack cancer cells expressing the CD19 antigen. CTX110 uses CRISPR gene  
1841 editing technology to precisely modify T cells to express a synthetic receptor (CAR) that targets  
1842 CD19, allowing the modified T cells to recognize and destroy cancer cells expressing this antigen.  
1843 CTX110 is currently being investigated in clinical trials for the treatment of various hematologic  
1844 malignancies, including non-Hodgkin lymphoma and chronic lymphocytic leukemia. CTX120 and

1845 CTX130 employ a similar CRISPR-edited allogeneic T cell framework, differing in their CAR  
1846 targets and, in the case of CTX130, incorporating additional editing.

1847 **Figure 6. A gene-editing approach for genetic blindness.** EDIT-101 is a novel gene therapy  
1848 developed by Editas Medicine, aimed at treating Leber congenital amaurosis 10 (LCA10), a rare  
1849 genetic form of blindness (84). It utilizes CRISPR-Cas9 gene editing technology to correct  
1850 mutations in the *CEP290* gene, responsible for the LCA10 phenotype. An AAV5 vector was used  
1851 to deliver the *Staphylococcus aureus* Cas9 (SaCas9) and CEP290-specific guide RNAs (gRNAs)  
1852 to photoreceptor cells by subretinal injection. By targeting and repairing the faulty genetic  
1853 sequence, EDIT-101 aims to restore vision in affected individuals. The therapy is administered  
1854 through intraocular injection, directly into the eye, allowing it to target retinal cells. U6: human  
1855 U6 polymerase III promoter; 323: gRNA; CEP290-323; 64: gRNA CEP290-64; hGRK1: human  
1856 G protein-coupled receptor kinase 1 promoter; SV40 SD/SA: simian virus 40-splice donor and  
1857 splice acceptor containing intronic sequence.

1858 **Figure 7. Schematic representation of VC-02 Macroencapsulation Device** (87). The VC-02  
1859 macroencapsulation device is designed to encapsulate and protect insulin-producing cells for  
1860 transplantation into individuals with type 1 diabetes (T1D). The encapsulation provided by the  
1861 VC-02 device helps to maintain the viability and function of the transplanted cells. This can lead  
1862 to more stable and consistent insulin production, which aids in better controlling blood sugar levels  
1863 in individuals with type 1 diabetes. By providing immune protection, the VC-02 device may reduce  
1864 or eliminate the need for immunosuppressive drugs, typically required to prevent rejection in  
1865 traditional islet cell transplantation.

1866 **Figure 8. The mechanism of *in vivo* gene editing for Transthyretin Amyloidosis** (102). NTLA-  
1867 2001 employs a lipid nanoparticle (LNP) as its carrier system. The active ingredients of NTLA-

1868 2001 consist of a human-optimized messenger RNA (mRNA) molecule encoding the  
1869 *Streptococcus pyogenes* (Spy) Cas9 protein and a single guide RNA (sgRNA) molecule targeting  
1870 the human gene responsible for transthyretin (TTR) production. After NTLA-2001 is administered  
1871 intravenously and enters the bloodstream, the LNP becomes opsonized by apolipoprotein E  
1872 (ApoE) and is then transported through the systemic circulation directly to the liver. The NTLA-  
1873 2001 lipid nanoparticle (LNP) is absorbed by hepatocytes via the surface LDL receptors and  
1874 undergoes endocytosis. Subsequent to the breakdown of the LNP and the disruption of the  
1875 endosomal membrane, the active constituents, namely the TTR-specific single guide RNA  
1876 (sgRNA) and the messenger RNA (mRNA) encoding Cas9, are liberated into the cytoplasm. The  
1877 Cas9 mRNA is then translated via the standard ribosomal process, leading to the generation of the  
1878 Cas9 endonuclease enzyme. The TTR-specific sgRNA engages with the Cas9 endonuclease,  
1879 thereby forming a CRISPR–Cas9 ribonucleoprotein complex. The Cas9 ribonucleoprotein  
1880 complex is targeted for nuclear import, and it subsequently enters the nucleus. The 20-nucleotide  
1881 sequence at the 5' end of the sgRNA binds to the target DNA, enabling the CRISPR-Cas9 complex  
1882 to access the gene and induce precise DNA cleavage at the TTR sequence through conformational  
1883 changes and nuclease domain activation. Endogenous DNA repair mechanisms then join the cut  
1884 ends, potentially causing insertions or deletions of bases (indels). The formation of an indel may  
1885 lead to reduced levels of functional mRNA for the target gene due to missense or nonsense  
1886 mutations, ultimately resulting in decreased production of the target protein.

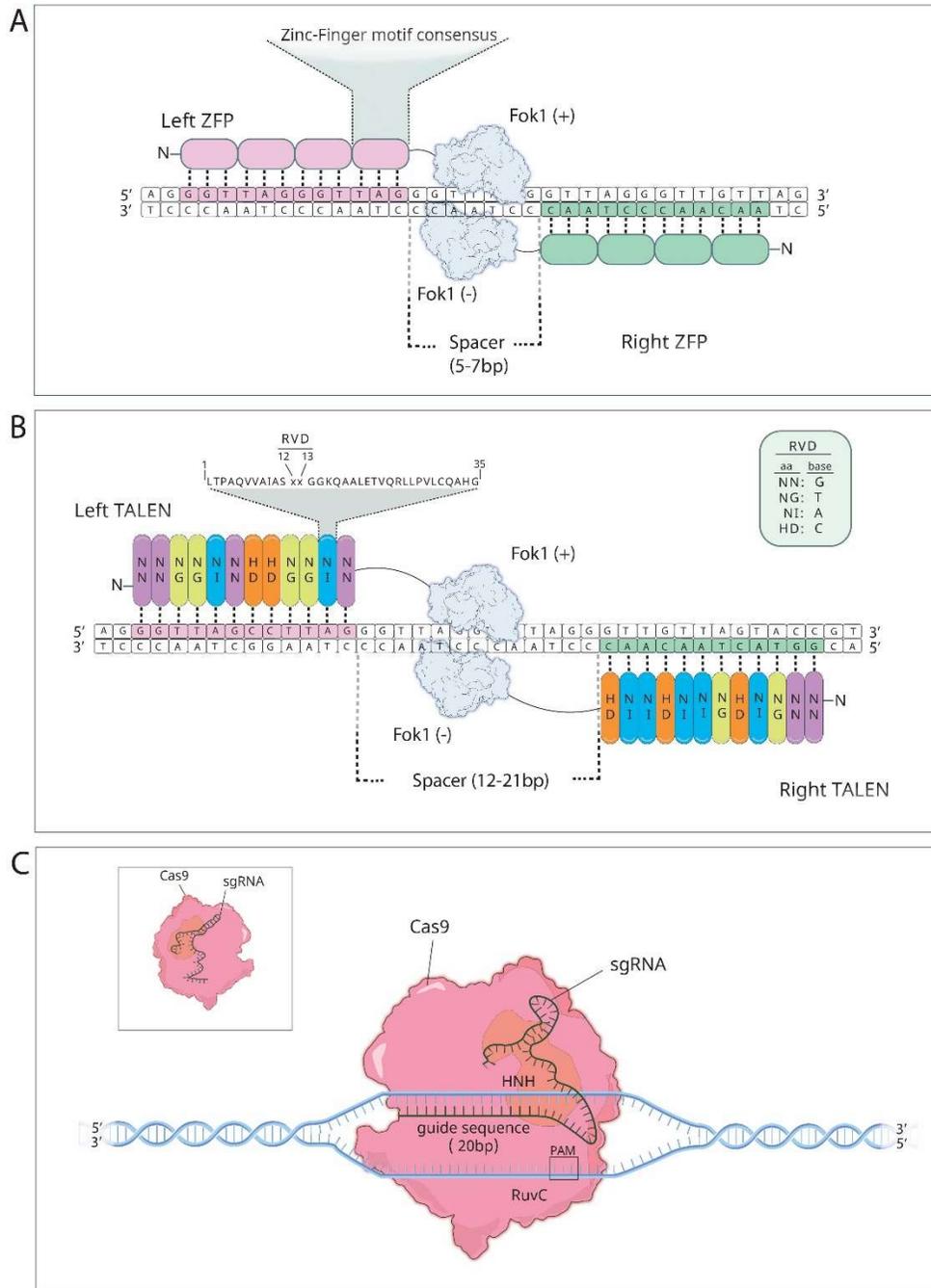
1887 **Figure 9. Mechanism of Prime Editing Approach** (135). Cell transfection involves introducing  
1888 both the pegRNA and the fusion protein for genomic editing. This is typically achieved by  
1889 delivering vectors into the cells. Once inside, the fusion protein initiates genomic editing by  
1890 cleaving the target DNA sequence, revealing a 3'-hydroxyl group. This group serves as the starting

1891 point (primer) for the reverse transcription of the RT template section of the pegRNA. This process  
1892 gives rise to an intermediate structure that branches out, featuring two DNA flaps: a 3' flap  
1893 containing the freshly synthesized (edited) sequence and a 5' flap holding the unnecessary,  
1894 unedited DNA sequence. Subsequently, structure-specific endonucleases or 5' exonucleases  
1895 cleave the 5' flap. This sequential process facilitates the ligation of the 3' flap, resulting in a  
1896 heteroduplex DNA comprised of one edited strand and one unedited strand. The reannealed  
1897 double-stranded DNA exhibits nucleotide mismatches at the editing site. To rectify these  
1898 mismatches, cells utilize the inherent mismatch repair mechanism, which leads to two potential  
1899 outcomes: (i) the information in the edited strand is replicated into the complementary strand, thus  
1900 permanently incorporating the edit; (ii) the original nucleotides are reintegrated into the edited  
1901 strand, effectively excluding the edit.

1902 **Table 1. Gene editing-based clinical trials** (203, 204). Information was gathered from  
1903 [clinicaltrials.gov](https://clinicaltrials.gov) accessed on 10 January 2025. “NCT Number” column provides the unique  
1904 identifier assigned to the clinical trial on [clinicaltrials.gov](https://clinicaltrials.gov).

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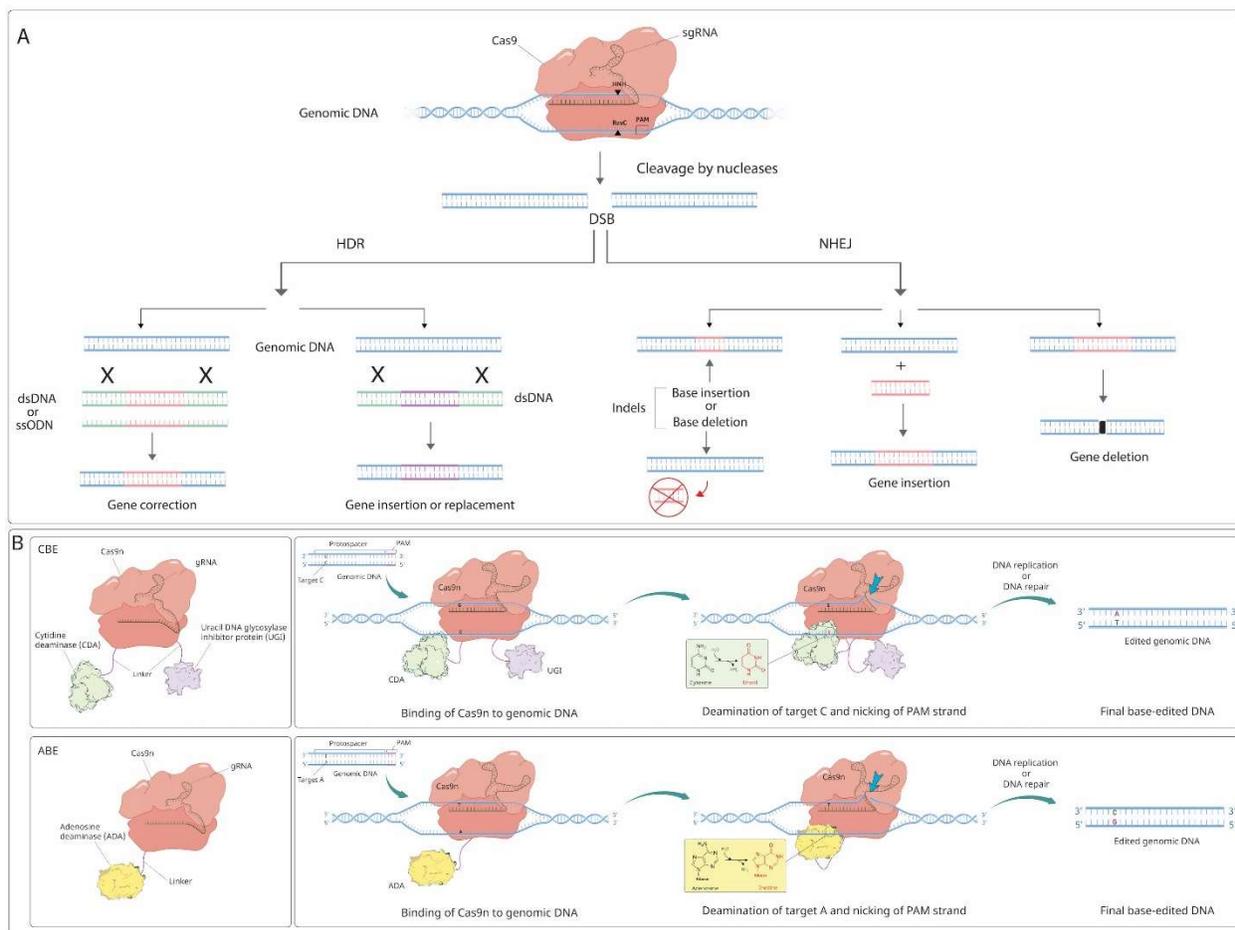
1906 Figure 1



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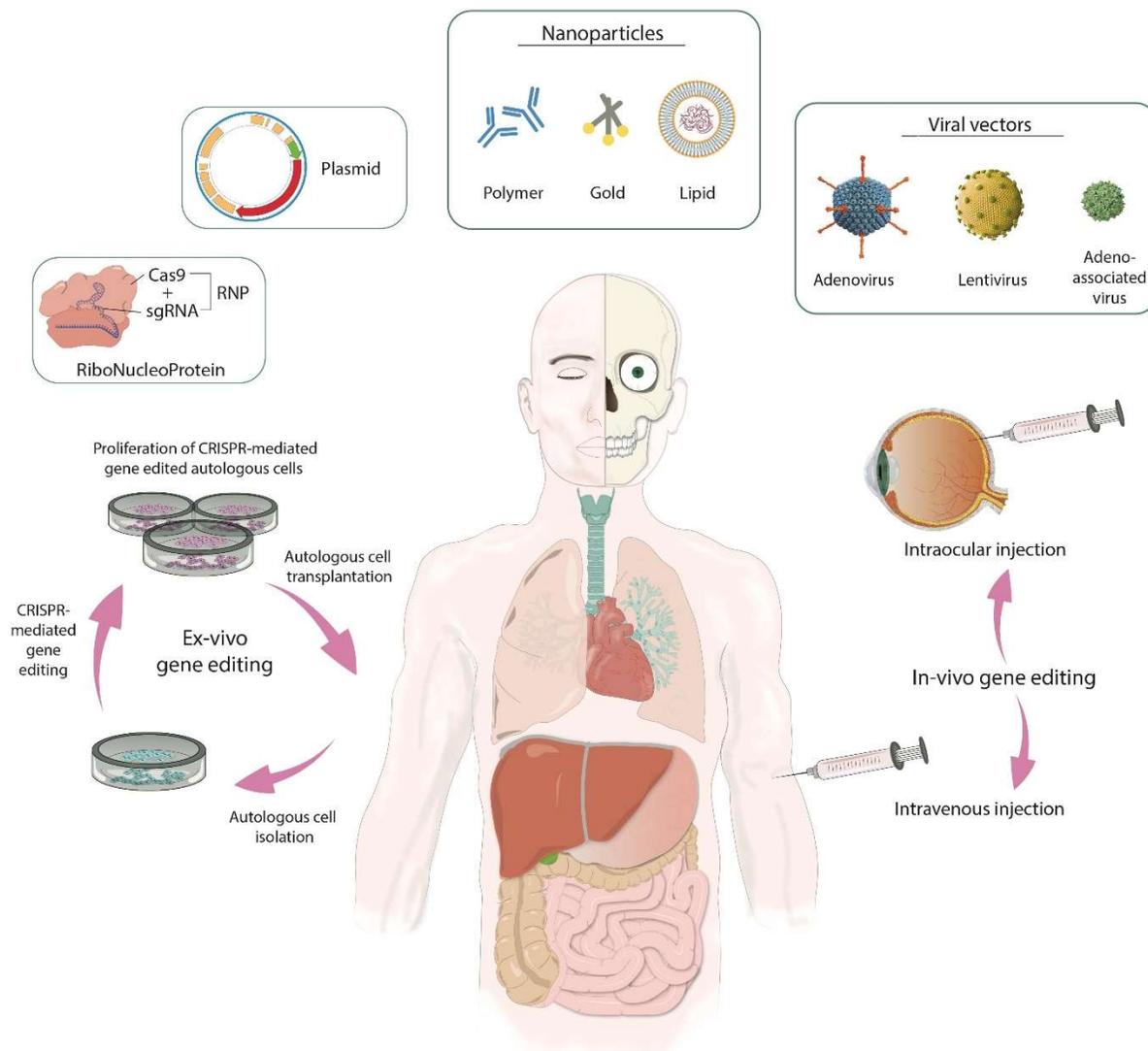
1909 Figure 2



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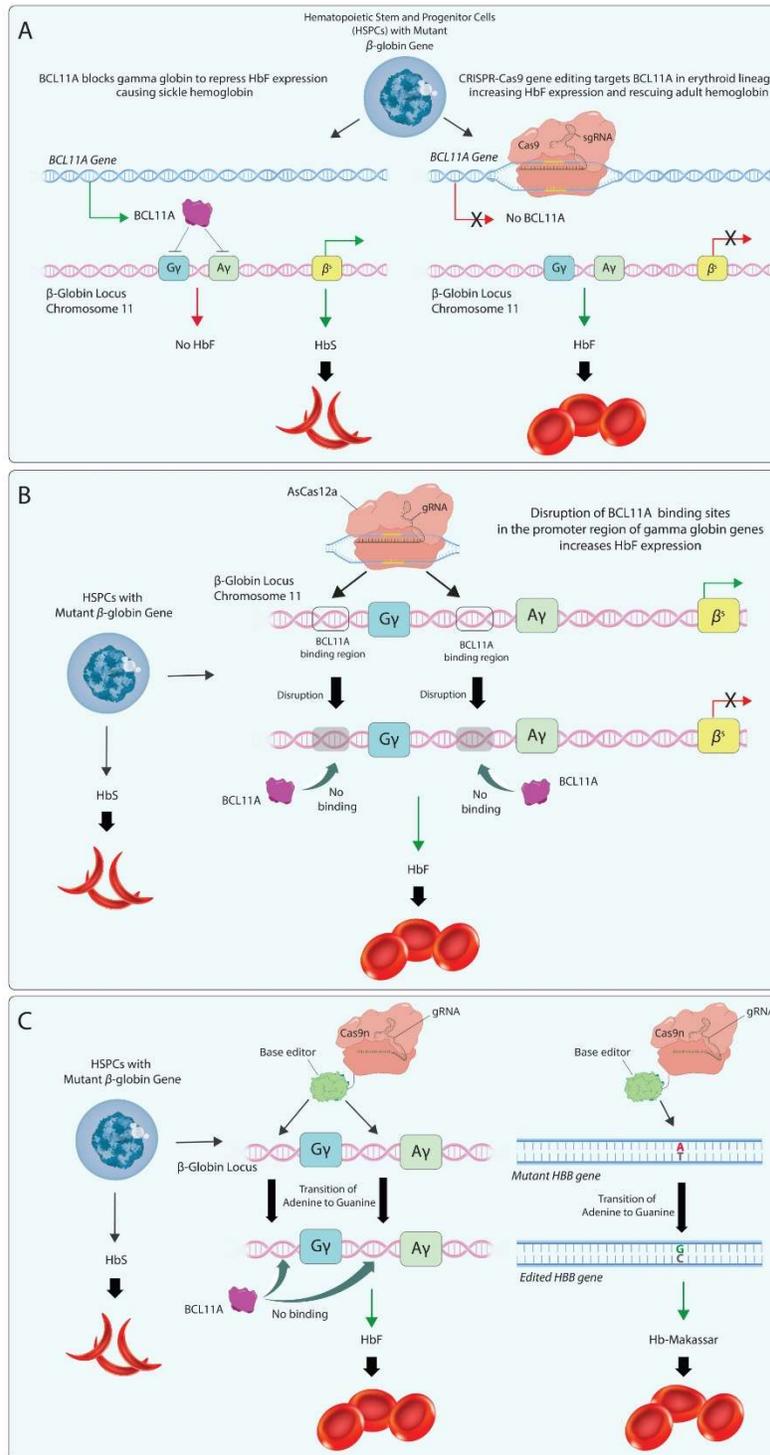
1912 Figure 3



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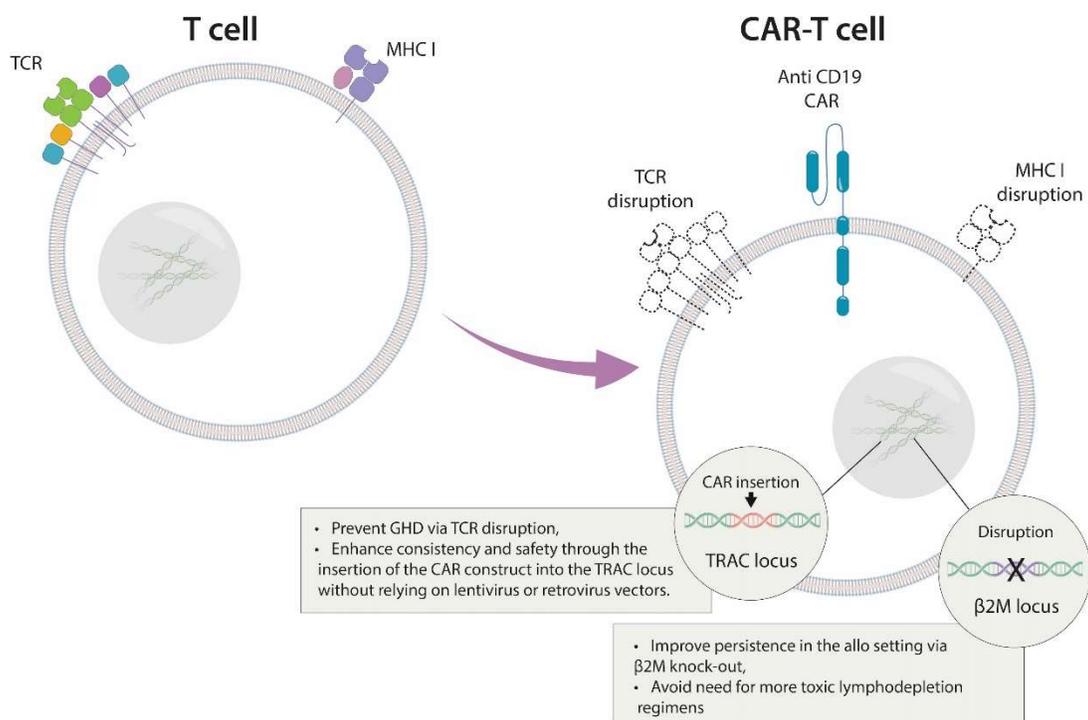
1915 Figure 4



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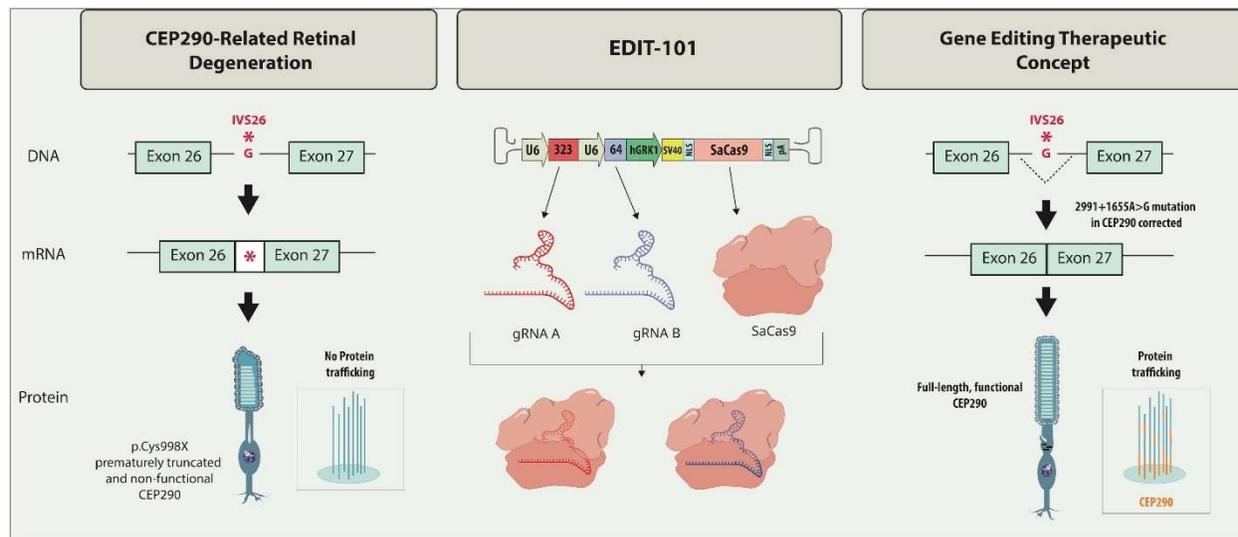
1918 Figure 5



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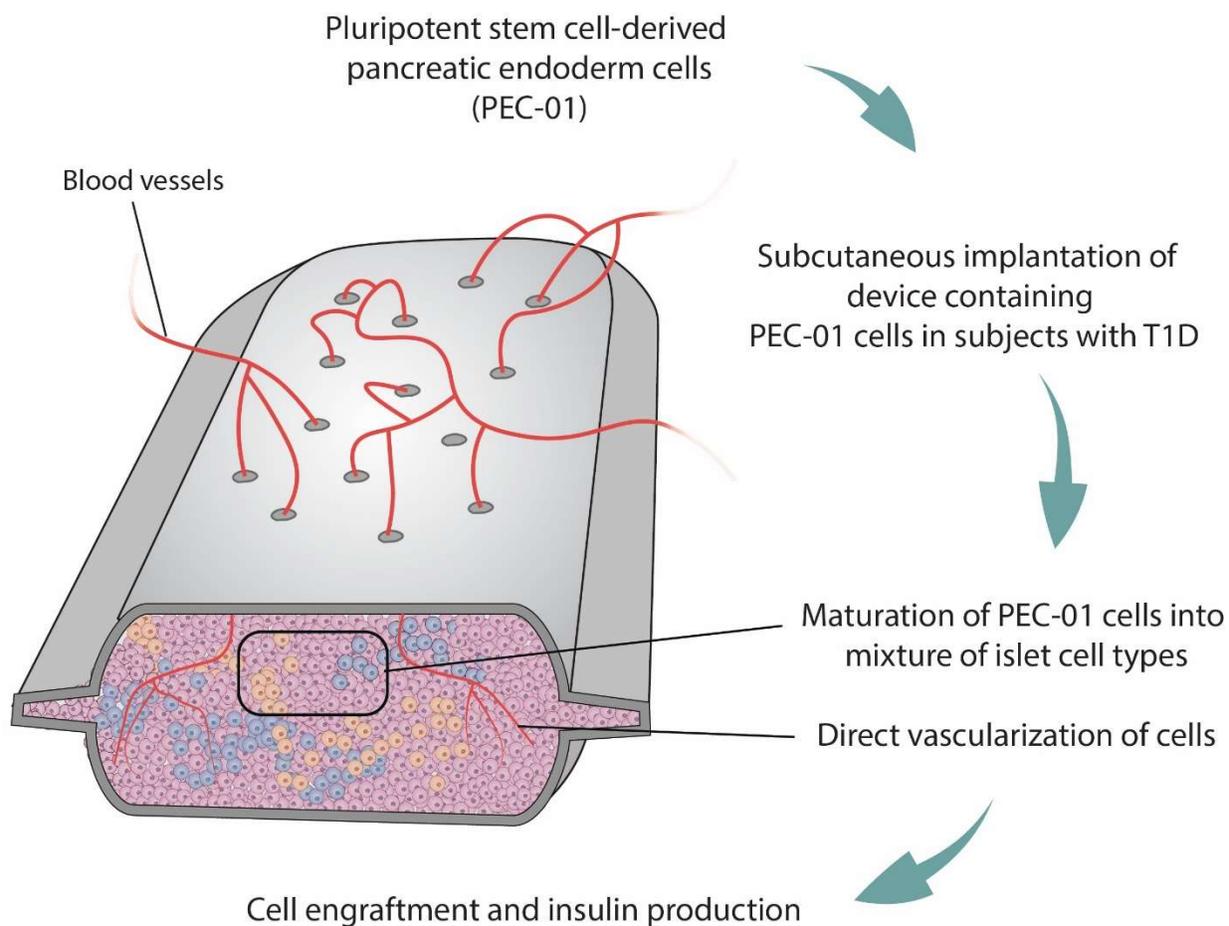
1921 Figure 6



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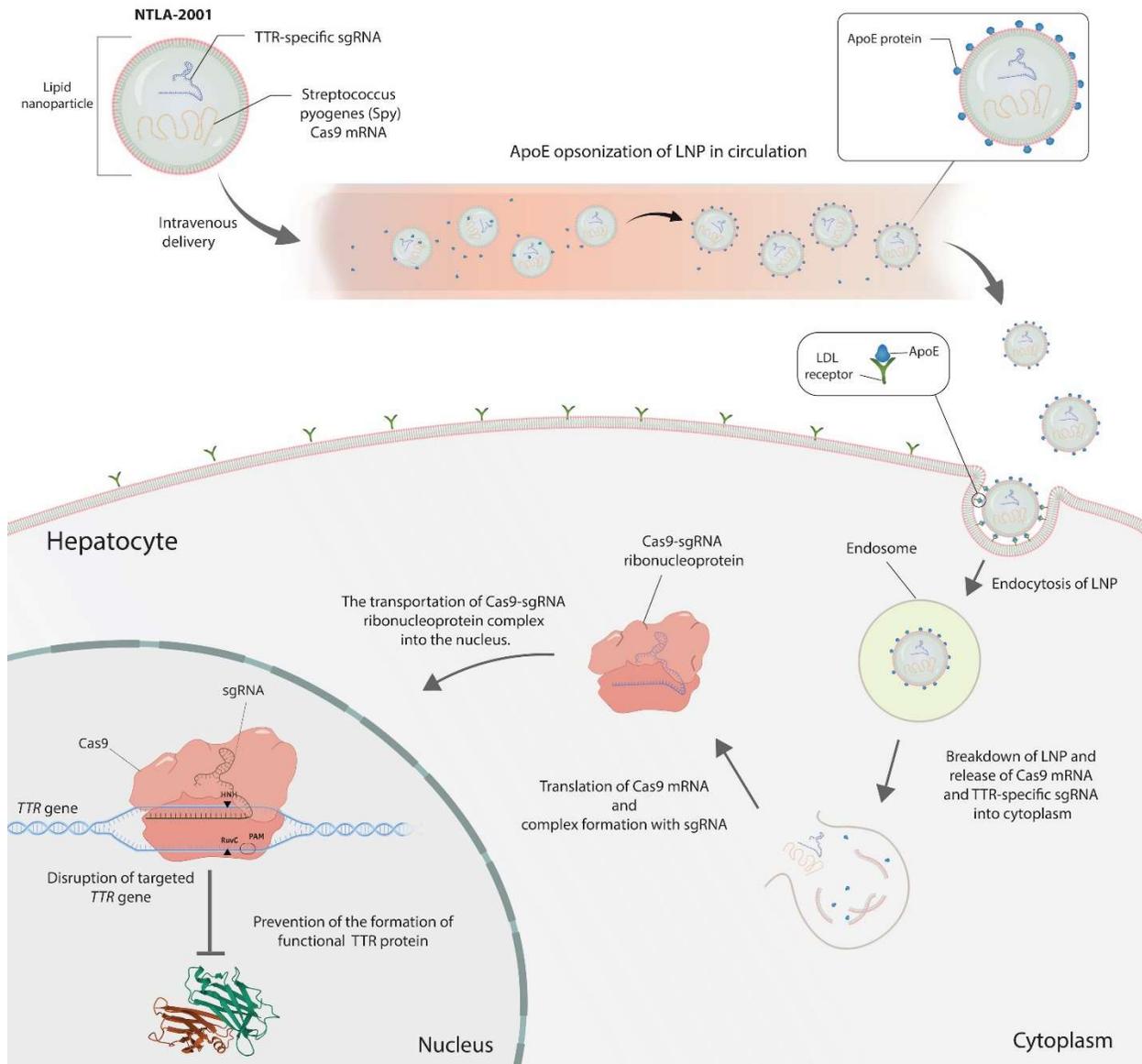
1924 Figure 7



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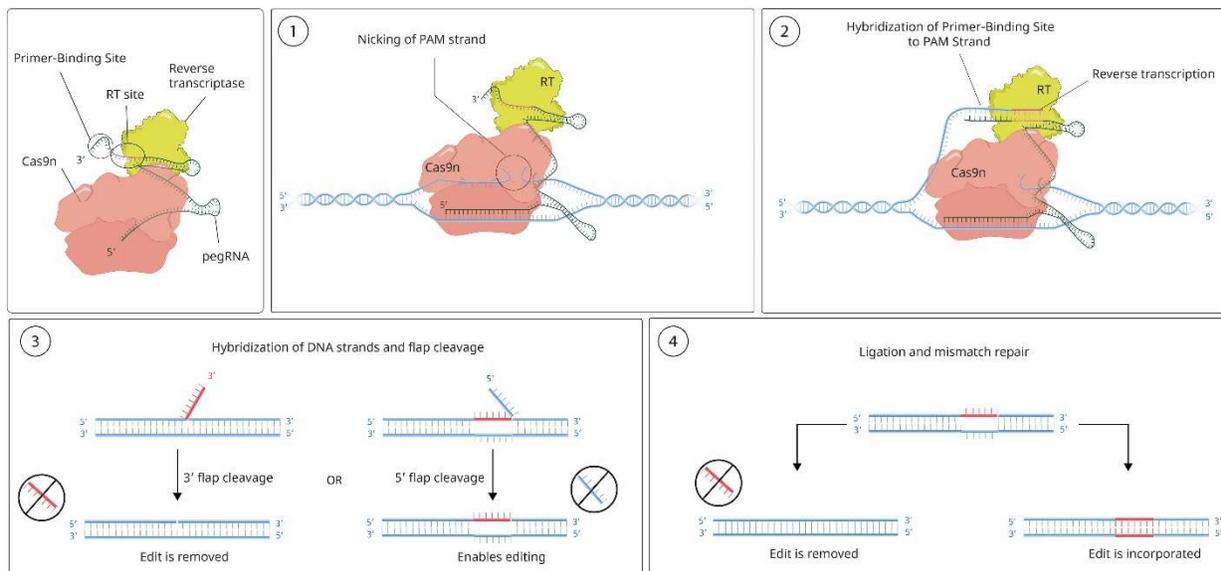
1927 Figure 8



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1930 Figure 9



1933 Table 1

Disease Area	Condition	Trial ID	Treatment Details	Sponsor	Phase	Status
Autoimmune Diseases	Kabuki Syndrome 1	NCT03855631	CRISPR-Cas9: <i>Ex vivo</i> therapy targeting KMT2D via correction to address developmental anomalies in Kabuki syndrome.	Montpellier Hospital	Not Applicable	Completed
	Type 1 Diabetes	NCT05210530	CRISPR-Cas9: <i>Ex vivo</i> therapy targeting pancreatic beta cells via gene correction to restore insulin production.	CRISPR Therapeutics AG	Phase 1	Completed
		NCT05565248	VCTX211: <i>Ex vivo</i> CRISPR-Cas9-modified PEC211 pancreatic endoderm cells for immune evasion, delivered via a perforated cell-retention device.	CRISPR Therapeutics AG	Phase 1/2	Recruiting
Cardiovascular Diseases	Hypercholesterolemia	NCT05398029	VERVE-101, a base-editing therapy targeting the PCSK9 gene in the liver to reduce LDL-C and PCSK9 levels. Open-label, single-ascending dose Phase 1b study.	Verve Therapeutics, Inc.	Phase 1	Active
		NCT06164730	VERVE-102: <i>In vivo</i> adenine base editing therapy targeting PCSK9 via gene knockout to reduce LDL cholesterol levels.	Verve Therapeutics	Phase 1	Recruiting
		NCT06451770	VERVE-201: <i>In vivo</i> adenine base editing therapy targeting ANGPTL3 to inactivate gene expression and lower circulating LDL cholesterol (LDL-C).	Verve Therapeutics	Phase 1	Recruiting
Genetic Disorders	Alpha-1 Antitrypsin Deficiency	NCT06622668	NTLA-3001: <i>In vivo</i> CRISPR-Cas9 therapy targeting SERPINA1 to knock out mutant alpha-1 antitrypsin protein production, aiming to prevent lung damage.	Intellia Therapeutics	Phase 1	Recruiting
	Eye Diseases	NCT03872479	EDIT-101: <i>In vivo</i> therapy targeting CEP290 via correction to restore photoreceptor function.	Editas Medicine Inc	Phase 1/2	Ongoing
		NCT06031727	HG202: CRISPR/Cas13 RNA-editing therapy for treating Neovascular Age-related Macular Degeneration (nAMD) by knocking down	HuidaGene Therapeutics Co., Ltd.	Phase 1	Recruiting

			VEGFA expression to inhibit CNV formation.			
		NCT05805007	EDIT-103: <i>In vivo</i> CRISPR-Cas9 therapy targeting RHO gene mutations to prevent retinal degeneration and preserve vision in patients with Retinitis Pigmentosa.	Editas Medicine	Early Phase 1	Recruiting
	Chronic Granulomatous Disease (CGD)	NCT06559176	PM359: Prime Editing gene therapy for CGD caused by NCF1 gene mutations. Autologous CD34+ cells are edited <i>ex vivo</i> to correct the delGT mutation.	Prime Medicine, Inc.	Phase 1/2	Recruiting
Hematological Disorders	Severe Sickle Cell Disease	NCT04774536	CRISPR-SCD001: <i>Ex vivo</i> CRISPR-Cas9 therapy targeting hematopoietic stem cells to reactivate fetal hemoglobin (HbF) and alleviate symptoms of sickle cell disease.	Mark Walters, MD	Phase 1/2	Recruiting
		NCT05456880	BEAM-101: Autologous CD34+ HSPCs edited via base editing to increase fetal hemoglobin (HbF).	Beam Therapeutics Inc.	Phase 1/2	Recruiting
		NCT05329649	CTX001: <i>Ex vivo</i> CRISPR-Cas9 therapy using autologous modified CD34+ human hematopoietic stem and progenitor cells (hHSPCs) to evaluate safety and efficacy in Pediatric Participants With Severe Sickle Cell Disease (SCD).	Vertex Pharmaceuticals	Phase 3	Recruiting
		NCT03745287	CTX001: <i>Ex vivo</i> CRISPR-Cas9 therapy using autologous CD34+ hHSPCs modified at the erythroid lineage-specific enhancer of the BCL11A gene to evaluate safety and efficacy in subjects with SCD.	Vertex Pharmaceuticals	Phase 2/3	Active
		NCT05951205	Exa-cel (CTX001): <i>Ex vivo</i> CRISPR-Cas9 therapy using autologous CD34+ hematopoietic stem and progenitor cells (hHSPCs) in Participants With Severe Sickle Cell Disease, $\beta$ S/ $\beta$ C Genotype.	Vertex Pharmaceuticals	Phase 3	Ongoing

		NCT06287099	BRL-101: <i>Ex vivo</i> CRISPR-Cas9 therapy using autologous CD34+ hematopoietic stem and progenitor cells (hHSPCs) to evaluate safety and efficacy of Sickle Cell Disease.	BioRay Laboratories	Not Applicable	Ongoing
		NCT03653247	BIVV003: Autologous HSC transplantation using gene-edited cells; Plerixafor and Busulfan used for conditioning.	Sangamo Therapeutics	Phase 1/2	Active
		NCT04443907	OTQ923: <i>Ex vivo</i> CRISPR-Cas9 therapy targeting BCL11A in hematopoietic stem and progenitor cells (HSPCs) to increase fetal hemoglobin (HbF) and reduce sickling complications.	Novartis Pharmaceuticals	Phase 1	Active
		NCT06565026	CS-206: Autologous CD34+ cells edited via in vitro base editing targeting BCL11A to restore HbF.	CorrectSequence Therapeutics Co., Ltd	Phase 1	Recruiting
	Sickle Cell Disease and Beta Thalassemia	NCT05477563	CTX001: <i>Ex vivo</i> CRISPR-Cas9 therapy using autologous CD34+ hematopoietic stem and progenitor cells (hHSPCs) to evaluate safety and efficacy in Participants With Transfusion-Dependent $\beta$ -Thalassemia and Severe Sickle Cell Disease	Vertex Pharmaceuticals	Phase 3	Recruiting
	Beta-Thalassemia	NCT03432364	ST-400: Autologous hematopoietic stem cells edited with ZFN to disrupt the BCL11A enhancer, boosting fetal hemoglobin (HbF). Patients undergo conditioning chemotherapy before infusion.	Sangamo Therapeutics	Phase 1/2	Completed
		NCT03728322	iHSCs: Gene-corrected patient-specific induced hematopoietic stem cells (iHSCs) using CRISPR/Cas9 to correct HBB mutations. The safety and efficacy of transplantation are being investigated.	Allife Medical Science and Technology Co., Ltd.	Phase 1	Unknown
		NCT05444894	EDIT-301: <i>Ex vivo</i> CRISPR-Cas12a therapy using autologous CD34+ hematopoietic stem and progenitor cells (HSPCs) to evaluate safety,	Editas Medicine	Phase 1/2	Recruiting

			tolerability, and efficacy.		
	NCT06041620	VGB-Ex01: <i>Ex vivo</i> CRISPR-Cas12b therapy editing the HBG1/2 promoter to reactivate gamma-globin, induce fetal hemoglobin (HbF), and reduce anemia symptoms.	Institute of Hematology & Blood Diseases Hospital, China	Not Applicable	Recruiting
	NCT04390971	ET-01: <i>Ex vivo</i> CRISPR-Cas9 therapy targeting the BCL11A enhancer in autologous CD34+ HSPCs to increase fetal hemoglobin (HbF) and reduce transfusion needs.	Institute of Hematology & Blood Diseases Hospital, China	Not Applicable	Recruiting
	NCT05577312	BRL-101: <i>Ex vivo</i> CRISPR-Cas9 therapy using autologous CD34+ hematopoietic stem and progenitor cells (hHSPCs) to evaluate safety and efficacy.	Bioray Laboratories	Phase 1	Active
	NCT03655678	CTX001: <i>Ex vivo</i> CRISPR-Cas9 therapy targeting the BCL11A enhancer in CD34+ HSPCs to increase fetal hemoglobin (HbF) levels. (Casgevy)	Vertex Pharmaceuticals Incorporated	Phase 2/3	FDA Approved
	NCT04925206	ET-01: <i>Ex vivo</i> CRISPR-Cas9 therapy using autologous CD34+ HSPCs to disrupt the BCL11A enhancer, increasing fetal hemoglobin (HbF) levels.	EdiGene (GuangZhou) Inc.	Phase 1	Active
	NCT05356195	TX001: <i>Ex vivo</i> CRISPR-Cas9 therapy using autologous CD34+ HSPCs to disrupt the BCL11A enhancer, increasing fetal hemoglobin (HbF) levels.	Vertex Pharmaceuticals Incorporated	Phase 3	Recruiting
	NCT06065189	CS-101: <i>Ex vivo</i> base editing therapy using autologous CD34+ hematopoietic stem cells to disrupt BCL11A, increase fetal hemoglobin (HbF), and reduce transfusion needs	Institute of Hematology & Blood Diseases Hospital, China	Phase 1	Recruiting

		NCT063 28764	CS-101: <i>In vitro</i> tBE (Targeted Base Editing) therapy targeting the BCL11A binding site in the HBG promoter to increase fetal hemoglobin (HbF) production and compensate for deficient adult hemoglobin (HbA).	CorrectSe quence Therapeu tics Co., Ltd	Phase 1	Active
		NCT060 24876	CS-101: <i>In vitro</i> tBE (Targeted Base Editing) therapy targeting the BCL11A binding site in the HBG promoter to increase fetal hemoglobin (HbF) levels.	CorrectSe quence Therapeu tics Co., Ltd	Phase 1	Recru iting
		NCT062 91961	CS-101: <i>In vitro</i> base editing therapy targeting the BCL11A binding site in the HBG promoter to reactivate $\gamma$ -globin production, increase fetal hemoglobin (HbF), and reduce anemia symptoms.	CorrectSe quence Therapeu tics Co., Ltd	Phase 1	Recru iting
	Hereditary Angioedema (HAE)	NCT066 34420	NTLA-2002: CRISPR-Cas9 to knock out the KLKB1 gene in the liver, reducing plasma kallikrein production to lower the frequency and severity of HAE attacks.	Intellia Therapeu tics	Phase 3	Recru iting
		NCT051 20830	NTLA-2002: <i>In vivo</i> CRISPR-Cas9 therapy delivered via lipid nanoparticles to knock out the KLKB1 gene, reducing bradykinin production.	Intellia Therapeu tics	Phase 1/2	Active
Infectious Diseases	COVID-19 Respiratory Infection	NCT049 90557	PD-1 and ACE2 Knockout T Cells: <i>Ex vivo</i> CRISPR-Cas9 therapy targeting PDCD 1 (PD-1) and ACE2 genes in CD8+ T cells to reverse T-cell exhaustion and enhance long-term immunity.	Mahmoud Ramadan Mohamed Elkazzaz, Kafrelshei kh University	Phase 1/2	Unkno wn
	Herpes Simplex Virus Infection	NCT045 60790	BD111: <i>In vivo</i> CRISPR-Cas9 mRNA therapy administered via corneal injection to target HSV-1, aiming to clear viral infection and prevent corneal blindness.	Shanghai BDgene Co.	Not Applic able	Compl eted

	HIV/AIDS	NCT03164135	CRISPR-Cas9 CCR5 Knockout: <i>Ex vivo</i> CRISPR-Cas9 therapy targeting CCR5 gene in CD34+ hematopoietic stem cells to confer resistance to HIV-1 infection.	Affiliated Hospital to Academy of Military Medical Sciences	Not Applicable	Unknown
		NCT05144386	EBT-101: <i>In vivo</i> CRISPR-Cas9 therapy delivered via intravenous (IV) infusion to target and excise HIV-1 proviral DNA from infected cells.	Excision BioTherapeutics	Phase 1/2	Active
		NCT02388594	ZFN-mediated CCR5 gene knockout in CD4+ T cells to reduce HIV susceptibility, with or without prior cyclophosphamide conditioning.	University of Pennsylvania	Phase 1	Completed
	HPV-Related Malignant Neoplasm	NCT03057912	TALEN and CRISPR/Cas9 targeting HPV16/18 E6/E7 oncogenes to disrupt DNA, induce apoptosis, and inhibit cell growth.	Sun Yat Sen University Hospital	Phase 1	Unknown
	HPV16-Positive Cervical Intraepithelial Neoplasia (CIN)	NCT03226470	TALEN (T512) targeting HPV16 E6 and E7 oncogenes to disrupt DNA, decrease E6/E7 expression, and induce apoptosis.	Huazhong University of Science and Technology	Phase 1	Unknown
Neurological Disorders	Duchenne Muscular Dystrophy	NCT05514249	CRD-TMH-001: <i>In vivo</i> CRISPR-Cas9 therapy via IV infusion to repair a rare DMD gene mutation and restore dystrophin	Cure Rare Disease	Phase 1	Unknown
		NCT06594094	HG302: <i>In vivo</i> CRISPR-hfCas12Max therapy delivered via AAV vector to edit exon 51 splice donor site, restoring dystrophin expression.	HuidaGene Therapeutics Co., Ltd.	Not Applicable	Recruiting
		NCT06392724	GEN6050X: <i>In vivo</i> base editing therapy delivered via dual AAV9 vectors to skip exon 50, restoring dystrophin expression.	Peking Union Medical College Hospital	Phase 1	Recruiting
	MECP2 Duplication Syndrome	NCT06615206	HG204: <i>In vivo</i> CRISPR-hfCas13Y RNA-editing therapy delivered via intracerebroventricular injection to knock down MECP2 mRNA, reducing protein levels and improving symptoms.	HuidaGene Therapeutics Co., Ltd.	Not Applicable	Recruiting

Oncology	Mesothelin Positive Tumors	NCT03747965	CRISPR-Cas9 edited CAR-T cells with PD-1 gene knockout, targeting mesothelin, combined with paclitaxel and cyclophosphamide preconditioning.	Chinese PLA General Hospital	Phase 1	Unknown
		NCT03545815	CRISPR-Cas9 edited CAR-T cells with PD-1 and TCR gene knockout, targeting mesothelin to enhance anti-tumor immunity and persistence.	Chinese PLA General Hospital	Phase 1	Unknown
		NCT03747965	PD-1 Knockout CAR-T Cells: <i>Ex vivo</i> CRISPR-Cas9-engineered chimeric antigen receptor (CAR-T) cells targeting mesothelin, combined with paclitaxel and cyclophosphamide to modulate the tumor microenvironment.	Chinese PLA General Hospital	Phase 1	Completed
		NCT03545815	CRISPR-Cas9 edited CAR-T cells: Targeting mesothelin with PD-1 and TCR gene knockout to enhance immune response and tumor clearance.	Chinese PLA General Hospital	Phase 1	Unknown
	Relapsed/Refractory Multiple Myeloma	NCT05722418	CB-011: Allogeneic CRISPR-Cas9-engineered CAR-T cells targeting B cell maturation antigen (BCMA) to enhance anti-tumor activity.	Caribou Biosciences, Inc.	Phase 1	Recruiting
	Esophageal Cancer	NCT03081715	PD-1 Knockout T Cells: <i>Ex vivo</i> CRISPR-Cas9 engineered autologous T cells with PD-1 gene knockout, infused to enhance immune response against cancer.	Hangzhou Cancer Hospital	Not Applicable	Completed
	Breast Cancer	NCT05812326	AJMUC1: <i>Ex vivo</i> CRISPR-Cas9-engineered CAR-T cells with PD-1 gene knockout, targeting MUC1, to improve immune response and tumor clearance	Sun Yat-Sen Memorial Hospital	Phase 1/2	Completed
		NCT05812326	AJMUC1 PD-1 gene knockout anti-MUC1 CAR-T cells targeting aberrantly glycosylated MUC1. Dose escalation to identify MTD/MAD.	Sun Yat-Sen Memorial Hospital of Sun Yat-Sen University	Phase 1/2	Completed

HPV-Related Cervical Intraepithelial Neoplasia I	NCT03057912	TALEN and CRISPR-Cas9: Genome editing therapies targeting HPV16 and HPV18 E6/E7 DNA to decrease oncogene expression, induce apoptosis, and inhibit lesion growth.	Sun Yat-Sen Memorial Hospital	Phase 1	Unknown
Relapsed/Refractory Hematologic Malignancies	NCT06492304	CTX131: <i>Ex vivo</i> CRISPR-Cas9-engineered allogeneic CAR-T cells targeting CD70, designed to enhance tumor clearance and immune response.	CRISPR Therapeutics AG	Phase 1/2	Recruiting
Relapsed/Refractory B-cell Malignancies	NCT05643742	CTX112: <i>Ex vivo</i> CRISPR-Cas9-engineered allogeneic CAR-T cells targeting CD19, designed to enhance immune-mediated tumor clearance.	CRISPR Therapeutics AG	Phase 1/2	Recruiting
Relapsed/Refractory Solid Tumors	NCT05795595	CTX131: <i>Ex vivo</i> CRISPR-Cas9-engineered allogeneic CAR-T cells targeting CD70, designed to enhance tumor clearance and immune response.	CRISPR Therapeutics AG	Phase 1/2	Recruiting
Relapsed/Refractory B-cell Non-Hodgkin Lymphoma	NCT04637763	CB-010: <i>Ex vivo</i> CRISPR-edited allogeneic CAR-T cells targeting CD19, combined with cyclophosphamide and fludarabine lymphodepletion.	Caribou Biosciences, Inc.	Phase 1	Recruiting
Relapsed/Refractory CD19+ Leukemia or Lymphoma	NCT04037566	XYF19 CAR-T Cells: <i>Ex vivo</i> CRISPR-edited autologous CAR-T cells targeting CD19 with HPK1 gene knockout to enhance anti-tumor activity, combined with cyclophosphamide and fludarabine preconditioning.	Xijing Hospital	Phase 1	Recruiting
Pleural Malignant Tumors	NCT06726564	MT027: Locoregional delivery of CRISPR-Cas9 engineered CAR-T cells targeting B7H3, administered via intrapleural injection to enhance tumor clearance.	Suzhou Maximum Bio-tech Co., Ltd.	Phase 1	Recruiting
Brain, Meninges, and Spinal Cord Metastatic Tumors	NCT06742593	MT027: Off-the-shelf CRISPR-engineered allogeneic CAR-T cells targeting B7H3, administered via intraventricular or intrathecal injection to reduce tumor burden	Suzhou Maximum Bio-tech Co., Ltd.	Phase 1	Not Yet Recruiting

		and minimize host immune reactions.			
Metastatic Gastrointestinal Epithelial Cancer	NCT04426669	CRISPR-Cas9 edited Tumor-Infiltrating Lymphocytes (TIL): Targeting CISH gene knockout to enhance T-cell anti-tumor activity, combined with cyclophosphamide, fludarabine, and aldesleukin.	Intima Bioscience, Inc.	Phase 1/2	Recruiting
Advanced Hepatocellular Carcinoma	NCT04417764	PD-1 Knockout T Cells: <i>Ex vivo</i> CRISPR-Cas9-engineered autologous T cells with PD-1 gene knockout, infused via percutaneous liver puncture. Administered in combination with transarterial chemoembolization (TACE).	Central South University	Phase 1	Recruiting
Metastatic Non-Small Cell Lung Cancer	NCT05566223	CISH Inactivated TILs: <i>Ex vivo</i> CRISPR-Cas9-engineered Tumor-Infiltrating Lymphocytes (TILs) with CISH gene knockout, combined with fludarabine and cyclophosphamide.	Intima Bioscience, Inc.	Phase 1/2	Not Yet Recruiting
Recurrent or Progressive High-Grade Glioma	NCT06737146	MT027: Locoregional delivery of CRISPR-engineered allogeneic CAR-T cells targeting B7H3, administered in escalating doses to evaluate safety and efficacy.	Suzhou Maximum Bio-tech Co., Ltd.	Phase 1	Not Yet Recruiting
Esophageal Cancer	NCT03081715	PD-1 Knockout T Cells: <i>Ex vivo</i> CRISPR-Cas9-engineered autologous T cells with PD-1 gene knockout, administered in two cycles to enhance immune response.	Hangzhou Cancer Hospital	N/A	Completed
B Acute Lymphoblastic Leukemia	NCT04557436	PBLT52CAR19: Allogeneic CRISPR-Cas9-engineered CAR-T cells targeting CD19+ leukemia, engineered to knock out CD52 and TRAC loci for enhanced efficacy.	Great Ormond Street Hospital for Children NHS Foundation Trust	Phase 1	Active

B Cell Leukemia, B Cell Lymphoma	NCT033 98967	Allogeneic CAR-T cells targeting CD19 and CD20 or CD22, engineered via CRISPR-Cas9 to enhance anti-tumor activity.	Chinese PLA General Hospital	Phase 1	Unknown
	NCT031 66878	Allogeneic CD19-directed CAR-T cells (UCART019) engineered via CRISPR-Cas9 to disrupt TCR and B2M genes, reducing GVHD and enhancing persistence.	Chinese PLA General Hospital	Phase 1/2	Unknown
Metastatic Non-small Cell Lung Cancer	NCT027 93856	PD-1 Knockout T Cells: <i>Ex vivo</i> CRISPR-Cas9 engineered autologous T cells with PD-1 gene knockout, combined with cyclophosphamide to enhance immune response.	Sichuan University and Chengdu MedGenCell Co., Ltd.	Phase 1	Completed
EBV-Associated Advanced Malignancies	NCT030 44743	PD-1 Knockout EBV-CTLs: Autologous CRISPR-Cas9-engineered T cells targeting PD-1 to enhance anti-tumor immunity in EBV-associated malignancies.	Yang Yang	Phase 1/2	Completed
Relapsed/Refractory Acute Myeloid Leukemia	NCT061 28044	CB-012: Allogeneic CRISPR-Cas9-engineered CAR-T cells targeting C-type lectin-like molecule-1 (CLL-1) to enhance anti-tumor activity.	Caribou Biosciences, Inc.	Phase 1	Recruiting
	NCT056 62904	Donor-derived CD34+ HSC with CRISPR/Cas9-mediated CD33 deletion: Designed to enhance resistance to CD33-directed immunotherapy	German Cancer Research Center	Phase 1	Not Yet Recruiting
	NCT031 90278	UCART123v1.2 : T-cell therapy targeting CD123 in AML. Administered via intravenous infusion, dose escalation is used.	Collectis S.A.	Phase 1	Recruiting
Relapsed/Refractory B-cell Non-Hodgkin Lymphoma (B-NHL)	NCT056 07420	TALEN-engineered UCART20x22 cells administered intravenously; dose-finding and dose-expansion to determine MTD and RP2D.	Collectis S.A.	Phase 1/2	Recruiting
Stargardt Disease, Cone-Rod Dystrophy, Juvenile Macular Degeneration	NCT064 67344	ACDN-01: Base-editing therapy administered as a single subretinal injection. Open-label, single ascending dose study to evaluate safety	Ascidian Therapeutics, Inc	Phase 1/2	Recruiting

		and preliminary efficacy.			
Relapsed/Refractory B-cell ALL	NCT04150497	UCART22: Allogeneic T-cell therapy targeting CD22, intravenous infusion, dose escalation.	Collectis S.A.	Phase 1/2	Recruiting
Cervical Intraepithelial Neoplasia (CIN)	NCT02800369	ZFN-603 and ZFN-758: ZFN targeting HPV16/18 E7, inducing DNA cleavage and apoptosis in HPV-positive cells.	Huazhong University of Science and Technology	Phase 1	Active
T-Cell Acute Lymphoblastic Leukemia (T-ALL), T-Cell Lymphoblastic Lymphoma (T-LL)	NCT05885464	BEAM-201: Multiplex base-edited, allogeneic anti-CD7 CAR-T cells, targeting CD7 in T-ALL and T-LL.	Beam Therapeutics Inc.	Phase 1/2	Active

1934