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- Goel V, Cheema SK, Agellon LB, Ooraikul B & Basu TK (1999) Dietary rhubarb (*Rheum rhabarbarum*) stalk fibre stimulates cholesterol 7 α -hydroxylase gene expression and bile acid excretion in cholesterol-fed C57BL/6J mice. *Br J Nutr* **81**, 65–71.
- Jenkins DJ, Kendall CW, Marchie A, *et al.* (2003) The effect of combining plant sterols, soy protein, viscous fibres, and almonds in treating hypercholesterolemia. *Metabolism* **52**, 1478–1483.
- Brandtzaeg P (2003) Role of local immunity and breast-feeding in mucosal homeostasis and defence against infections. In *Nutrition and Immune Function*, pp. 273–320 [PC Calder, CJ Field and HS Gill, editors]. Wallingford, Oxon: CAB International.
- Stock M & Rothwell NJ (1982) *Obesity and Leanness: Basic Aspects*. London: John Libbey.

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Contents

Postprandial metabolic events and fruit-derived phenolics: a review of the science. <i>B. Burton-Freeman</i>	S1–S14
Fruit polyphenols, immunity and inflammation. <i>J. González-Gallego, M. V. García-Mediavilla, S. Sánchez-Campos & M. J. Tuñón</i>	S15–S27
Fruit polyphenols and CVD risk: a review of human intervention studies. <i>M. F.-F. Chong, R. Macdonald & J. A. Lovegrove</i>	S28–S39
The impact of fruit flavonoids on memory and cognition. <i>J. P. E. Spencer</i>	S40–S47
Colonic metabolites of berry polyphenols: the missing link to biological activity? <i>G. Williamson & M. N. Clifford</i>	S48–S66
Berry flavonoids and phenolics: bioavailability and evidence of protective effects. <i>D. D. Rio, G. Borges & A. Crozier</i>	S67–S90
The future of flavonoid research. <i>C. D. Kay</i>	S91–S95