



Corrigendum

Programme National Nutrition Santé – guidelines score 2 (PNNS-GS2): development and validation of a diet quality score reflecting the 2017 French dietary guidelines – CORRIGENDUM

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Original text

Table 1 – PNNS-GS2: Components and scoring

Dietary components	Recommendation	Criteria ^a	Score	
Fruits and vegetables (weight=3)	At least 5 servings/day, with 1 max as juice and 1 max as dried	[0 – 3.5[0	
		[3.5 – 5[0.5	
		[5 – 7.5[1	
		≥7.5	2	
	Prefer organic fruits	Most of the time	0.5	
		Occasionally	0.25	
		Never	0	
Prefer organic vegetables	Most of the time	0.5		
	Occasionally	0.25		
	Never	0		
Nuts (weight=1)	A handful/day	0	0	
]0 – 0.5[0.5	
		[0.5 – 1.5[1	
		≥1.5	0	
		0 /week	0	
Legumes (weight=1)	At least 2 servings/week]0 – 2[/week	0.5	
		≥2 /week	1	
		Most of time	0.5	
	Prefer organic legumes	Occasionally	0.25	
		Never	0	
		0	0	
Whole-grain food (weight=2)	Every day]0 – 1[0.5	
		[1 – 2[1	
		≥2	1.5	
		Most of the time	0.5	
	Prefer organic bread	Occasionally	0.25	
		Never	0	
		Prefer organic grains	Most of the time	0.5
			Occasionally	0.25
Never	0			
Milk and dairy products (weight=1)	2 servings/day]0 – 0.5[0	
		[0.5 – 1.5[0.5	
		[1.5 – 2.5[1	
		≥2.5	0	
		0	0	

Table 1 (Continued)

Dietary components	Recommendation	Criteria ^a	Score	
Red meat (weight=2)	Limit consumption	[0 – 500[g/week	0	
		[500 – 750[g/week	-1	
		≥750 g/week	-2	
Processed meat (weight=3)	Limit consumption	[0 – 150[g/week	0	
		[150 – 300[g/week	-1	
		≥300 g/week	-2	
		Prefer white ham over other processed meat ^b	Ratio <50%	0
		Ratio ≥50%	0.5	
Fish and seafood (weight=2)	2 servings/week	[0 – 1.5[servings/week	0	
		[1.5 – 2.5[servings/week	1	
		[2.5 – 3.5[servings/week	0.5	
		≥3.5 servings/week	0	
		Fatty fish 1 serving/week	[0 – 0.5[servings/week	0
		[0.5 – 1.5[servings/week	1	
Added fat (weight=2)	Avoid overeating	≥1.5 servings/week	0	
		>16% of EIWA ^c	0	
		≤16% of EIWA	1.5	
		Prefer ALA-rich and olive oil over other oils	Ratio <50%	0
		Ratio ≥50%	1	
		Prefer vegetal fat over animal fat	Ratio >50%	0
Sugary foods (weight=3)	Limit consumption	Ratio ≤50%	1	
		<10 % of EIWA	0	
		[10 – 15[% of EIWA	-1	
		≥15% of EIWA	-2	
Sweet-tasting beverages ^d (weight=3)	Limit consumption	0 mL/day	0	
]0 – 250[mL/day	-0.5	
		[250 – 750[mL/day	-1	
		≥ 750mL mL/day	-2	
Alcoholic beverages (weight=3)	Limit consumption	0 g/week	0.5	
]0 – 100[g/week	0	
]100 – 200[g/week	-1	
		>200 g/week	-2	
		Salt	Limit consumption	≤6 g/day
(weight=3)]6 – 8[g/day	0	
]8 – 10[g/day	-0.5	
]10 – 12[g/day	-1	
		>12 g/day	-2	

Principal recommendations are written in bold.

^a Servings per day unless otherwise stated

^b Conditional : the 0.5 bonus point only occurs if total processed meat consumption is more than 150 g/week

^c EIWA = energy intake without alcohol

^d Sweet-tasting beverages are specifically sugary beverages, artificially sweetened beverages and fruit juices

Correction

Table 1 – PNNS-GS2: Components and scoring

Dietary components	Recommendation	Criteria ^a	Score
Fruits and vegetables (weight=3)	At least 5 servings/day, with 1 max as juice and 1 max as dried	[0 – 3.5[0
		[3.5 – 5[0.5
		[5 – 7.5[1
		≥7.5	2
	Prefer organic fruits	Most of the time	0.5
		Occasionally	0.25
		Never	0
	Prefer organic vegetables	Most of the time	0.5
Occasionally		0.25	
Never		0	
0		0	
Nuts (weight=1)	A handful/day]0 – 0.5[0.5
		[0.5 – 1.5[1
		≥1.5	0



Table 1 (Continued)

Dietary components	Recommendation	Criteria ^a	Score
Legumes (weight=1)	At least 2 servings/week	0 /week	0
]0 – 2[/week	0.5
		≥2 /week	1
	Prefer organic legumes	Most of time	0.5
		Occasionally	0.25
		Never	0
Whole-grain food (weight=2)	Every day	0	0
]0 – 1[0.5
		[1 – 2[1
		≥2	1.5
	Prefer organic bread	Most of the time	0.5
		Occasionally	0.25
		Never	0
Milk and dairy products (weight=1)	2 servings/day	Most of the time	0.5
		Occasionally	0
		Never	0
]0 – 0.5[0
		[0.5 – 1.5[0.5
Red meat (weight=2)	Limit consumption	[1.5 – 2.5[1
		≥2.5	0
]0 – 500[g/week	0
		[500 – 750[g/week	–1
		≥750 g/week	–2
		≥300 g/week	–2
Processed meat (weight=3)	Limit consumption]0 – 150[g/week	0
		[150 – 300[g/week	–1
		Ratio <50%	0
		Ratio ≥50%	0.5
Fish and seafood (weight=2)	2 servings/week]0 – 1.5[servings/week	0
		[1.5 – 2.5[servings/week	1
		[2.5 – 3.5[servings/week	0.5
		≥3.5 servings/week	0
		Fatty fish 1 serving/week]0 – 0.5[servings/week
	[0.5 – 1.5[servings/week	1	
Added fat (weight=2)	Avoid overeating	≥1.5 servings/week	0
		>16% of EIWA ^c	0
		≤16% of EIWA	1.5
		Ratio <50%	0
		Ratio ≥50%	1
Sugary foods (weight=3)	Limit consumption	Ratio <50%	0
		Ratio ≥50%	1
		<10 % of EIWA	0
		[10 – 15[% of EIWA	–1
Sweet-tasting beverages ^d (weight=3)	Limit consumption	≥15% of EIWA	–2
		0 mL/day	0
]0 – 250[mL/day	–0.5
		[250 – 750[mL/day	–1
Alcoholic beverages (weight=3)	Limit consumption	≥ 750mL mL/day	–2
		0 g/week	0.5
]0 – 100[g/week	0
]100 – 150[g/week	–1
]150 – 200[g/week	–1.5
Salt (weight=3)	Limit consumption	>200 g/week	–2
		<6 g/day	1
		[6 – 8[g/day	0
		[8 – 10[g/day	–0.5
		[10 – 12[g/day	–1
	≥12 g/day	–2	

Principal recommendations are written in bold.

^a Servings per day unless otherwise stated^b Conditional : the 0.5 bonus point only occurs if total processed meat consumption is more than 150 g/week^c EIWA = energy intake without alcohol^d Sweet-tasting beverages are specifically sugary beverages, artificially sweetened beverages and fruit juices