



Regular Article

Infant epigenetic aging moderates the link between Black maternal childhood trauma and offspring symptoms of psychopathology

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Abstract

Although offspring of women exposed to childhood trauma exhibit elevated rates of psychopathology, many children demonstrate resilience to these intergenerational impacts. Among the variety of factors that likely contribute to resilience, epigenetic processes have been suggested to play an important role. The current study used a prospective design to test the novel hypothesis that offspring epigenetic aging – a measure of methylation differences that are associated with infant health outcomes – moderates the relationship between maternal exposure to childhood adversity and offspring symptomatology. Maternal childhood adversity was self-reported during pregnancy via the ACEs survey and the CTQ, which assessed total childhood trauma as well as maltreatment subtypes (i.e., emotional, physical, and sexual abuse). Offspring blood samples were collected at or shortly after birth and assayed on a DNA methylation microarray, and offspring symptomatology was assessed with the CBCL/1.5–5 when offspring were 2–4 years old. Results indicated that maternal childhood trauma, particularly sexual abuse, was predictive of offspring symptoms ($ps = 0.003–0.03$). However, the associations between maternal sexual abuse and offspring symptomatology were significantly attenuated in offspring with accelerated epigenetic aging. These findings further our understanding of how epigenetic processes may contribute to and attenuate the intergenerational link between stress and psychopathology.

Keywords: intergenerational; trauma; child psychopathology; epigenetic aging

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Introduction

Exposure to childhood trauma is a prominent risk factor for the development of psychopathology (Cicchetti & Toth, 2005), and recent evidence suggests that the risk conferred by childhood trauma may even carry into future generations (Plant et al., 2018). At the same time, there are significant individual differences in people's susceptibility to childhood or intergenerational trauma. Among youth exposed to childhood trauma or other adverse childhood experiences, less than 20% go on to develop posttraumatic stress disorder (PTSD; Alisic et al., 2014) and less than 30% go on to develop depression (Vibhakar et al., 2019). However, the biological factors that contribute to these differences in susceptibility remain unclear. To better understand potential risk versus protective mechanisms, the present study examines how epigenetic changes that reflect differences in biological aging may confer vulnerability or protection against the intergenerational impacts of maternal childhood trauma and adverse childhood experiences (ACEs).

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Intergenerational impacts of childhood adversity

A broad body of literature has examined the detrimental impacts of childhood trauma – comprising experiences of maltreatment (i.e., emotional, physical, and sexual abuse) and neglect – as well as ACEs, which include non-traumatic stressors such as family dysfunction (e.g., parental substance abuse and parental incarceration). Trauma and adversity during childhood have prolonged consequences that not only increase risk for psychopathology in the individual but also in their offspring (Su et al., 2022). Offspring of mothers who experienced childhood trauma demonstrate increased risk for psychopathology across multiple levels of analysis, ranging from emotional and behavioral symptomatology (Plant et al., 2018) to physiological alterations that characterize mood, trauma, and stress-related disorders (e.g., Buss et al., 2017; Daskalakis et al., 2021). Similarly, maternal ACEs have been significantly associated with both symptoms of psychopathology (e.g., negative emotionality, behavioral dysregulation, internalizing, and externalizing symptoms) and physiological correlates of psychopathology (e.g., cortisol, inflammatory cytokines, and HPA-axis functioning) in offspring (Cooke et al., 2021; Zhang et al., 2022). As such, it has been proposed that this intergenerational risk may be transmitted through alterations to the mother's physiological stress response, which in turn influences the fetal development of her offspring's stress



response to increase their sensitivity to environmental stressors and their risk for psychopathology (Babenko *et al.*, 2015; Buss *et al.*, 2017). Additionally, mothers with a history of childhood adversity have higher rates of perinatal psychopathology (e.g., depression and PTSD), which can influence mother-child attachment, parenting practices, and offspring exposure to childhood adversity, all of which likewise confer risk for the development of psychopathology in offspring (Plant *et al.*, 2018).

Evidence from intra-generational studies suggests that the mechanisms underlying the links between childhood adversity and the development of psychopathology may differ according to the type of trauma exposure. For example, while childhood emotional, physical, and sexual abuse often co-occur and have generalized effects on the physiological mechanisms that confer risk for psychopathology (Cassier *et al.*, 2018; Finkelhor *et al.*, 2007; Noll, 2021), there is also increasing evidence that trauma subtypes differentially impact physiological and behavioral outcomes. Neuroendocrine studies, for instance, have found that different forms of childhood maltreatment are associated with different patterns of HPA-axis activation. Findings from a recent study demonstrated that physical abuse was associated with greater HPA-axis activation following a stressor, while emotional abuse was associated with lower activation but a longer recovery to baseline (Kuhlman *et al.*, 2015). The authors posited that physical abuse may cause HPA-axis adaptations that make an individual more sensitive and reactive to threats in the environment, while emotional abuse may result in adaptations that lead to a more subtle but chronically activated stress response, which in turn may confer greater risk for depression and other psychopathology (Kuhlman *et al.*, 2015). In line with this interpretation, some studies have demonstrated that childhood emotional abuse is more strongly associated with depressive symptoms compared to physical or sexual abuse (Infurna *et al.*, 2015; Mandelli *et al.*, 2015; Paul & Eckenrode, 2015). However, the literature is mixed, as other studies have found that physically and sexually abused children are at a greater risk for depression (Cicchetti & Valentino, 2006). Moreover, no studies to date have examined the differential impact of trauma subtypes on *intergenerational* outcomes. This is an important next step given the shared social and physiological mechanisms underlying intra- and intergenerational transmission (Babenko *et al.*, 2015; Buss *et al.*, 2017).

Individual differences in intergenerational transmission

Despite the increased risk conferred by maternal childhood trauma exposure, not all offspring of trauma-exposed mothers develop symptomatology. One factor that may contribute to these individual differences is offspring sex. Population studies show that many trauma-related outcomes – including depression, anxiety, and PTSD – are more prevalent in females than males (Kessler *et al.*, 2005; Perkonig *et al.*, 2000), and evidence suggests that this is particularly the case in the context of childhood trauma (Breslau *et al.*, 1997). However, a recent review found that male offspring may be more sensitive to maternal stress and/or HPA-axis dysregulation during fetal development compared to female offspring (Sutherland & Brunwasser, 2018). Although a dearth of studies has examined offspring sex differences in the context of maternal trauma exposure prior to pregnancy, it has been recognized as an important area for future research (Buss *et al.*, 2017).

There is increasing evidence that epigenetic factors may also influence susceptibility to childhood trauma exposure. Epigenetic

factors refer to environmentally sensitive molecular changes that alter the expression of genes without changing the genetic sequence itself (Goldberg *et al.*, 2007). These changes include histone modifications, changes to non-coding RNAs, and, most widely studied, DNA methylation at specific sites (referred to as CpG sites) that impact gene transcription. A variety of environmental factors have been shown to modify DNA methylation including nutrition, physical health, ecological exposures, and even psychological stressors such as trauma (Quach *et al.*, 2017; Zannas *et al.*, 2016). While former studies have examined epigenetic mechanisms as a potential molecular pathway linking childhood trauma exposure to the development of psychopathology (Daskalakis *et al.*, 2021; Nöthling *et al.*, 2020; Yehuda & Lehrner, 2018), more recent research has proposed that epigenetics may also *moderate* the link between maternal trauma and offspring psychopathology (Al Jowf *et al.*, 2021; Conrath, 2017; Smeeth *et al.*, 2021). In other words, differences in the epigenome may influence an offspring's susceptibility to maternal childhood trauma, such that offspring with certain epigenetic signatures may be more resilient to the impacts of intergenerational trauma than others. The current study aims to better understand this potential buffering role.

Although no studies to date have examined whether epigenetic factors moderate the intergenerational association between maternal childhood adversity and offspring psychopathology, findings from studies of maternal prenatal stress provide preliminary support for the moderating role of epigenetic factors. For example, one study found that infants' DNA methylation differences in the glucocorticoid receptor gene, *NR3C1*, moderated the relationship between maternal prenatal depression and infant self-regulation and health outcomes. Specifically, infants with high levels of methylation at a specific *NR3C1* CpG site were susceptible to maternal prenatal depression, while infants with low levels of methylation were protected (Conrath *et al.*, 2013). Given the potential role of *NR3C1* in the development of psychopathology following maternal childhood trauma (Bowers & Yehuda, 2016), it is possible that similar effects may be demonstrated in the context of intergenerational trauma.

Epigenetic age acceleration

The above-noted findings highlight the importance of considering epigenetic factors when evaluating susceptibility to maternal childhood trauma. However, based on evidence from genome-wide association studies that psychopathology stems from variation across hundreds (if not thousands) of genes (Duncan *et al.*, 2018), the significance of epigenetic variation within a single candidate gene is disputed. As such, researchers are increasingly turning to epigenome-wide measures to more robustly assess the interplay between environmental and epigenetic factors. One such measure is epigenetic age, also referred to as DNA methylation age (DNAm age), which uses DNA methylation patterns across hundreds of CpG sites to estimate biological aging. Interestingly, the discrepancy between an individual's chronological age and their biological (i.e., epigenetic) age – often referred to as epigenetic age acceleration (EAA) – has been demonstrated as an informative biomarker of health and development (Horvath & Raj, 2018). While the majority of EAA studies have focused on predictors of adult health outcomes (e.g., GrimAge; Lu *et al.*, 2019), recent studies have determined that infant DNA methylation patterns associated with length of gestation (i.e., DNAm gestational age) are a useful predictor of infant health and early development. Contrary

to adult studies, where epigenetic age acceleration has been associated with a variety of negative health outcomes (Oblak et al., 2021), studies of infants indicate that epigenetic age acceleration is often predictive of *better* outcomes such as higher birth weight and fewer socioemotional problems (Knight et al., 2016; Simpkin et al., 2017; Suarez et al., 2018), although it is important to note that some birth weight studies have found null or opposite findings (Girchenko et al., 2017; Khouja et al., 2018). As such, it is possible that infant epigenetic age acceleration may be protective against exposures that are known to contribute to developmental delays and adverse psychosocial outcomes, such as maternal stress. Together, these findings highlight the potential utility of using DNAm gestational age to more robustly assess how epigenetic factors may influence early developmental outcomes in the context of maternal childhood trauma.

Sociocultural considerations

Finally, epidemiological research indicates that Black Americans are disproportionately exposed to and impacted by childhood trauma and adversity (Mersky & Janczewski, 2018; Roberts et al., 2011). This can be attributed to a conglomeration of compounding factors stemming from systemic racism, spanning chronic daily and lifetime stressors as well as lower access to preventative factors and mental healthcare resources (Cooper et al., 2002; Williams, 2018). Further, due to socioeconomic and racial inequities, Black American women are disproportionately impacted by factors that are negatively associated with infant epigenetic health, such as maternal prenatal stress and preterm birth (Purisch & Gyamfi-Bannerman, 2017; Suarez et al., 2018; Szyf, 2021). As such, while we would not expect the mechanisms underlying the intergenerational impacts of maternal childhood adversity to differ for individuals of different racial/ethnic identities, we might expect these associations to differ according to moderators that vary for individuals of different backgrounds. In turn, focusing on the experiences of Black American women and offspring is important for better understanding the intergenerational impacts of maternal childhood trauma and how epigenetic factors may contribute to offspring resilience.

The present study

The present study used a prospective, longitudinal design leveraging data from three related projects that comprise a sample of Black American mother-child dyads followed from pregnancy through three years postpartum: 1) The Pregnancy Study (Corwin et al., 2017), which examines the impact of social and environmental exposures on maternal and infant birth outcomes, 2) the Maternal Stress and Infant Microbiome Study (Brennan et al., 2019), which focuses on maternal stress and the infant gut-brain axis in the perinatal period; and 3) our local cohort of the Environmental Influences on Child Health Outcomes Study (ECHO; Gillman & Blaisdell, 2018), which examines how biological, behavioral, and social factors relate to developmental outcomes in early childhood. We hypothesized that:

Hypothesis 1: Maternal childhood adversity – examined as childhood trauma and ACEs, separately – would be positively associated with offspring symptomatology (i.e., internalizing, externalizing, and posttraumatic stress symptoms).

Hypothesis 1.1 (exploratory): Subtypes of maternal childhood maltreatment (i.e., physical, sexual, and emotional abuse) would demonstrate differential impacts on offspring symptomatology.

Hypothesis 1.2 (exploratory): The association of maternal adversity and offspring symptomatology would be moderated by offspring sex.

Hypothesis 2: Offspring epigenetic aging would be negatively associated with offspring symptomatology. In other words, epigenetic age acceleration in infancy would predict lower symptomatology in early childhood.

Hypothesis 3: Significant associations between maternal adversity and offspring symptomatology would be moderated by offspring epigenetic aging, such that the impact of maternal childhood adversity on offspring symptomatology would be greater in offspring with decelerated (i.e., lower) epigenetic aging and attenuated in offspring with accelerated epigenetic aging.

Methods

Participants

Pregnant Black American women were initially recruited from prenatal clinics at public and private hospitals within a large metropolitan city in the southeastern United States. Mothers first enrolled in the Pregnancy Study, where data was collected at two prenatal visits (typically during 8–14- and 24–30-weeks' gestation). After delivery, participants were invited to enroll in the Maternal Stress and Infant Microbiome Study, where an infant blood sample was collected shortly after birth or at roughly 41-weeks gestational age. When the child reached two years of age, participants were invited to enroll in the ECHO Study, which conducted annual follow-up visits from ages two to five years. Inclusion criteria for the three studies included: 1) Black/African American race (via self-report); 2) Maternal age of 18–40 years; 3) Singleton pregnancy (verified by clinical record); 4) Maternal comprehension of written and spoken English; and 5) Absence of infant congenital disorders. Additional inclusion criteria for the current study included: 6) Completion of at least one Pregnancy Study visit, 7) Completion of an ECHO Study visit at 2-, 3- or 4-years, and 8) Availability of infant methylation data. This resulted in a final sample of 80 mother-child dyads. Sample characteristics are shown in Table 1.

Procedure

Study procedures were approved by Emory University's Institutional Review Board and informed consent was obtained for each participant prior to enrollment in the Pregnancy Study, the Infant Microbiome Study, and the ECHO Study. Data collection was conducted by trained laboratory staff in participants' homes or a clinical or laboratory setting. At the pregnancy visit, mothers self-reported on experiences of childhood adversity. At or shortly after birth, blood samples were collected from offspring, which were later assayed on a DNA methylation microarray. At the toddlerhood visits, mothers reported on offspring socioemotional and behavioral symptomatology. Covariates relevant to intergenerational adversity and child development (e.g., maternal socioeconomic status, child age, and child sex) were collected at all relevant time points.

Measures

Maternal exposure to adversity

Childhood Trauma. Maternal childhood trauma was measured using the short form of the Childhood Trauma Questionnaire (CTQ; Bernstein et al., 2003). The CTQ has 28 items that are used to compute a total score and maltreatment subscale scores including emotional abuse, physical abuse, and sexual abuse. Responses are

Table 1. Sample characteristics and descriptive statistics ($n = 80$)

<i>Sociodemographic characteristics</i>	
Maternal age	
Mean	24.5
Median [Min, Max]	24.50 [18, 39]
Maternal education	
Some high school	20 (25%)
Graduated high school or GED	33 (41%)
Some college or technical school	20 (25%)
Graduated college	6 (8%)
Some graduate work or degree	1 (1%)
Child gestational age at birth (weeks)	
Mean	38.17
Median [Min, Max]	39 [34, 41]
Child sex	
Male	35 (44%)
Female	45 (56%)
Child age at CBCL (years)	
Mean	3.04
Median [Min, Max]	3 [1.96, 4]
Descriptives	
Maternal CTQ total	
Mean	46.01
Median [Min, Max]	39 [25, 116]
Maternal emotional abuse	
Mean	8.25
Median [Min, Max]	6.00 [5, 25]
Maternal physical abuse	
Mean	7.88
Median [Min, Max]	6 [5, 25]
Maternal sexual abuse	
Mean	8.44
Median [Min, Max]	5 [5, 25]
Maternal ACE total	
Mean	2.13
Median [Min, Max]	2.00 [0, 9]
CBCL internalizing score	
Mean	6.3
Median [Min, Max]	4 [0, 23]
CBCL externalizing score	
Mean	9.68
Median [Min, Max]	7.5 [0, 40]
CBCL posttraumatic stress score	
Mean	3.06
Median [Min, Max]	2.00 [0, 13]

rated on a 5-point Likert scale ranging from “1 – Never True” to “5 – Very Often True.” Higher scores are associated with more severe neglect and abuse. The CTQ has been well-validated in

non-clinical and Black American samples (Liebschutz et al., 2018). Internal consistency for the CTQ total score in the current sample was high (Cronbach’s $\alpha = 0.89$), as were those for the CTQ subscale scores (Emotional Abuse: Cronbach’s $\alpha = 0.88$; Physical Abuse: Cronbach’s $\alpha = 0.78$; Sexual Abuse: Cronbach’s $\alpha = 0.91$).

Adverse Childhood Experiences. Maternal experiences of childhood adversity were measured using a shortened form of the Adverse Childhood Experiences questionnaire (ACEs; Felitti et al., 1998), which eliminates items that overlap with the CTQ. The shortened form consists of ten items assessing adversities related to family dysfunction (e.g., mental illness, substance abuse, or suicidality within the household), parental loss (e.g., through divorce, imprisonment, death, or abandonment), and other childhood adversities (e.g., experiences of homelessness or foster care). Responses are rated in a yes/no format and items are coded as “0 – Absent” or “1 – Present.” The total score is calculated by summing the items, with higher scores indicating more adverse experiences. Internal consistency in the current sample was adequate (Cronbach’s $\alpha = 0.71$).

Offspring Symptomatology. Internalizing, externalizing, and posttraumatic stress symptoms were measured using the Child Behavior Checklist for Ages 1.5–5 (CBCL/1.5–5), a standardized form in which mothers report their children’s behavioral and emotional symptoms (Achenbach & Ruffle, 2000). The CBCL/1.5–5 contains 100 items in which the mother indicates the option that best describes her child *now or within the past 2 months* with one of the following: 0 = *not true (as far as you know)*; 1 = *somewhat or sometimes true*; 2 = *very true or often true*. The internalizing symptoms score reflects the sum of 36 of these items, with possible scores ranging from 0 to 72, and the externalizing symptoms score reflects the sum of 24 items, with possible scores ranging from 0 to 48. The posttraumatic stress symptoms scale is based on a sum of 15 items (Dehon & Scheeringa, 2006), with scores ranging from 0 to 30. The CBCL is a well-established measure of child emotional and behavioral concerns and demonstrates strong test-retest reliability in ethnically- and socioeconomically-diverse samples (e.g., Ivanova et al., 2010).

Infant DNA Methylation and Epigenetic Age Acceleration (EAA). Infant blood samples were collected in one of two ways. For 53 offspring, blood spots were collected at birth according to standard procedures, described in detail by Schroeder et al. (2012). For 27 offspring, blood clots were collected from infants via heel stick at roughly 41-weeks-equivalent gestational age. For infants that were born full-term, blood clots were collected one week after birth; for infants that were born preterm, blood clots were collected one week after the expected due date. DNA was extracted, processed, and arrayed using the MethylationEPIC BeadChip (Illumina) at the Emory Integrated Genomics Core. Array chips were balanced according to offspring sex, gestational age at birth, and recruitment site (i.e., public vs. private hospital); preliminary analyses demonstrated no chip effects on epigenetic aging ($t = -1.00, p = 0.32$). Initial quality control was performed using R package *minfi* (Aryee et al., 2014), which removed probes and samples with low signal and missing data. Cross-reactive probes identified by McCartney and colleagues were removed (McCartney et al., 2016). Following quality control, the Noob normalization method implemented in *minfi* was used for dye bias equalization.

Epigenetic gestational age was calculated based on a weighted average of 148 CpG sites, according to procedures developed by Knight et al. (2016). The Knight epigenetic clock was selected for several reasons. First, it was developed and normed on a sample that focused on the developmental age of the current sample and is

shown to accurately predict gestational age at birth for neonates born between 24- and 44-weeks' gestation, a range that is broader than and encompasses that of the current sample (34- to 41-weeks' gestation). Moreover, the training and test samples for the Knight epigenetic clock represented a wide range of ancestries, and the measure did not demonstrate differences in predictive accuracy for infants of African ancestry. In line with expectations, we found that epigenetic gestational age using the Knight measure was positively correlated with clinically estimated gestational age (Pearson correlation $r = 0.45$, $p < 0.001$). The difference between epigenetic gestational age and clinically estimated gestational age (i.e., epigenetic age acceleration) was defined by taking the residual of a linear regression of epigenetic gestational age on clinically estimated gestational age.

To account for the potential effects of cell type heterogeneity in infant blood, cell type proportions were estimated for CD4+ T cells, natural killer cells, B cells, neutrophils, and monocytes.

Statistical analysis

Analyses were performed in R version 4.1.3. Complete data were available for all measures apart from the CTQ, which had missing data for five participants. This data was imputed using predictive mean matching via the MICE package (Van Buuren & Groothuis-Oudshoorn, 2011). All analyses adjusted for covariates that have been previously associated with intergenerational trauma and/or socioemotional development: offspring age at the time of CBCL collection, pre- or post-COVID-19 onset at the time of CBCL collection, offspring sex, and maternal socioeconomic status (SES; operationalized as a factor score comprised of maternal education, insurance status, marital status, and income). Analyses involving epigenetic age acceleration additionally adjusted for cell type proportions and maternal prenatal tobacco use. Biosample type (i.e., blood spot vs. blood clot) was not significantly associated with offspring epigenetic aging or symptomatology after adjusting for cell type proportions, so biosample type was not adjusted for in subsequent analyses. Multiple regressions were used to test our hypotheses that maternal childhood adversity would be positively associated with offspring symptoms (Hypothesis 1 and exploratory Hypothesis 1.1), that offspring epigenetic aging would be negatively associated with offspring symptoms (Hypothesis 2), and that offspring epigenetic aging (Hypothesis 3) and offspring sex (exploratory Hypothesis 1.2) would moderate the significant associations between maternal childhood adversity and offspring symptoms. Power analyses indicated that the analyses were adequately powered to detect medium and large effects but potentially underpowered to detect small effects ($f^2 > 0.078$, power = 0.8, $p = 0.05$). The Benjamini-Hochberg procedure was used to adjust for multiple comparisons (Thissen et al., 2002).

Results

Descriptive statistics and bivariate correlations for the primary variables are displayed in Tables 1 and 2, respectively. Bivariate correlations indicated that maternal childhood trauma was moderately correlated with maternal ACEs ($r = .43$, $p < 0.001$), and childhood maltreatment subtypes were highly correlated with each other ($r_s = .67$ to $.83$, $p_s < 0.001$). Offspring internalizing, externalizing, and posttraumatic stress symptoms were also highly intercorrelated ($r_s = .79$ to $.83$, $p_s < 0.001$). Maternal childhood adversity measures were not associated with moderator variables (i.e., offspring sex and epigenetic aging), other than a small

correlation between maternal childhood emotional abuse and offspring sex ($r = -0.22$, $p = 0.047$) such that male offspring had mothers with higher scores.

With respect to main effects, maternal childhood trauma was significantly correlated with offspring internalizing, externalizing, and posttraumatic stress symptoms ($r_s = .22$ to $.39$, $p_s = 0.001$ to 0.049), as were maternal sexual and emotional abuse ($r_s = .27$ to $.39$, $p_s = 0.001$ to 0.01). Maternal physical abuse was only significantly correlated with offspring internalizing symptoms ($r = .27$, $p = 0.01$). Offspring sex was significantly correlated with offspring externalizing symptoms, such that males demonstrated higher symptoms ($r = -.22$, $p = 0.048$); offspring sex was not correlated with internalizing or posttraumatic stress symptoms. Offspring epigenetic aging was significantly correlated with offspring externalizing ($r = -.26$, $p = 0.02$) and posttraumatic stress ($r = -.24$, $p = 0.03$) symptoms, and demonstrated a trend with internalizing symptoms ($r = .21$, $p = 0.06$).

Finally, with respect to potential confounders, maternal SES was significantly and negatively correlated with maternal childhood trauma, maternal childhood emotional abuse, and offspring internalizing symptoms. Pre/post-COVID, a binary variable that represented whether the CBCL was administered prior to or after March 2020, was significantly associated with offspring internalizing ($r = -.35$, $p = 0.002$), externalizing ($r = -.23$, $p = 0.04$), and posttraumatic stress ($r = -.27$, $p = 0.01$) symptoms such that offspring assessed after the onset of the pandemic ($n = 59$) were reported as demonstrating higher symptoms. As such, these variables were included as covariates in all appropriate regression analyses.

Intergenerational association of maternal adversity and offspring symptomatology

First, we examined whether maternal experiences of childhood adversity were intergenerationally associated with offspring symptomatology, after adjusting for maternal SES, pre/post-COVID, offspring age, and offspring sex. Results indicated that maternal ACEs were not significantly associated with any offspring outcomes and maternal childhood trauma was not significantly associated with offspring externalizing or posttraumatic stress symptoms (Table 3). However, maternal childhood trauma was significantly positively associated with offspring internalizing symptoms ($\beta = 0.24$, $p = 0.03$). To further examine the impact of maternal childhood trauma, we then examined the individual contributions of maltreatment subtypes (i.e., emotional, physical, and sexual abuse). Results indicated that maternal experiences of childhood sexual abuse were associated with offspring internalizing ($\beta = 0.29$, $p = 0.003$) and externalizing ($\beta = 0.22$, $p = 0.02$) symptoms, with a trend for posttraumatic stress symptoms ($\beta = 0.18$, $p = 0.09$). Maternal childhood experiences of physical and emotional abuse were not significantly associated with offspring outcomes, although maternal emotional abuse demonstrated a trend ($p_s < 0.1$). All regression results are presented in Table 3.

Association of offspring sex and early childhood symptomatology

Results indicated a significant sex difference for externalizing symptoms ($\beta = -0.24$, $p = 0.03$), such that males exhibited greater externalizing symptoms than females. No sex differences were demonstrated for internalizing symptoms (Table 3).

Table 2. Bivariate correlations

	Maternal CTQ Total	Maternal CTQ EA	Maternal CTQ PA	Maternal CTQ SA	Maternal ACES	Offspring sex	Offspring EAA	Offspring internalizing	Offspring externalizing	Offspring post-traumatic stress
Maternal CTQ EA	0.76									
	$p < 0.001$									
Maternal CTQ PA	0.83	0.76								
	$p < 0.001$	$p < 0.001$								
Maternal CTQ SA	0.8	0.67	0.76							
	$p < 0.001$	$p < 0.001$	$p < 0.001$							
Maternal ACES	0.43	0.42	0.35	0.3						
	$p < 0.001$	$p < 0.001$	$p = 0.001$	$p = 0.01$						
Offspring Sex	-0.14	-0.22	-0.09	-0.15	-0.04					
	$p = 0.2$	$p = 0.047$	$p = 0.41$	$p = 0.18$	$p = 0.71$					
Offspring EAA	-0.07	0.002	0.07	-0.06	-0.07	0.18				
	$p = 0.51$	$p = 0.99$	$p = 0.54$	$p = 0.62$	$p = 0.54$	$p = 0.11$				
Offspring internalizing symptoms	0.39	0.32	0.27	0.39	0.06	-0.18	-0.21			
	$p < 0.001$	$p = 0.003$	$p = 0.01$	$p < 0.001$	$p = 0.61$	$p = 0.12$	$p = 0.06$			
Offspring externalizing symptoms	0.22	0.29	0.12	0.3	0.02	-0.22	-0.26	0.79		
	$p = 0.049$	$p = 0.01$	$p = 0.31$	$p = 0.006$	$p = 0.88$	0.048	$p = 0.02$	$p < 0.001$		
Offspring posttraumatic stress symptoms	0.27	0.3	0.22	0.27	0.1	-0.07	-0.24	0.82	0.83	
	$p = 0.02$	$p = 0.01$	$p = 0.052$	$p = 0.01$	$p = 0.38$	$p = 0.51$	$p = 0.03$	$p < 0.001$	$p < 0.001$	
Maternal SES	-0.28	-0.28	-0.14	-0.14	-0.001	0.15	0.17	-0.26	-0.21	-0.21
	$p = 0.01$	$p = 0.01$	$p = 0.21$	$p = 0.21$	$p = 0.99$	$p = 0.18$	$p = 0.13$	$p = 0.02$	$p = 0.06$	$p = 0.06$
Offspring age	-0.13	0.01	-0.11	0.02	-0.08	-0.08	0.13	-0.16	-0.12	-0.08
	$p = 0.26$	$p = 0.93$	$p = 0.32$	$p = 0.87$	$p = 0.49$	$p = 0.5$	$p = 0.27$	$p = 0.17$	$p = 0.28$	$p = 0.46$

Note. CTQ = Childhood Trauma Questionnaire; EA = Emotional Abuse; PA = Physical Abuse; SA = Sexual Abuse; EAA = Epigenetic Age Acceleration.

Table 3. Main effect of maternal childhood adversity on offspring symptomatology

	Internalizing symptoms			Externalizing symptoms			Posttraumatic Stress Symptoms		
	β	SE	p -value	β	SE	p -value	β	SE	p -value
<i>Block 1 (Covariates)</i>									
Maternal SES	-0.22	0.11	0.04	-0.16	0.11	0.16	-0.17	0.12	0.14
Offspring sex	-0.18	0.11	0.09	-0.24	0.11	0.03	-0.08	0.11	0.46
Offspring age	-0.06	0.12	0.63	-0.63	0.13	0.62	0.01	0.13	0.96
Pre/Post-COVID	-0.32	0.12	0.01	-0.23	0.13	0.07	-0.27	0.13	0.04
<i>Block 2 (Maternal Adversity)</i>									
Childhood trauma	0.24	0.11	0.03	0.1	0.12	0.38	0.17	0.12	0.16
Emotional abuse	0.19	0.11	0.09	0.19	0.11	0.1	0.22	0.12	0.07
Physical abuse	0.15	0.11	0.16	0.01	0.11	0.92	0.13	0.11	0.25
Sexual abuse	0.29	0.1	0.005	0.22	0.11	0.045	0.18	0.11	0.09
Adverse childhood experiences (ACEs)	0.01	0.11	0.96	-0.26	0.11	0.81	0.06	0.11	0.56

Note. Separate regressions were conducted for each form of maternal adversity. Results are presented together for consolidation purposes. **Bold** indicates statistical significance.

Table 4. Interaction of maternal childhood trauma (top) and maternal childhood sexual abuse (bottom) with offspring sex to predict offspring symptomatology

	Internalizing symptoms			Externalizing symptoms			Posttraumatic stress symptoms		
	β	SE	<i>p</i> -value	β	SE	<i>p</i> -value	β	SE	<i>p</i> -value
<i>Block 1 (Covariates)</i>									
Maternal SES	-0.31	0.11	0.01	-	-	-	-	-	-
Offspring age	-0.21	0.11	0.06	-	-	-	-	-	-
<i>Block 2 (Main effects)</i>									
Maternal childhood trauma	0.27	0.11	0.02	-	-	-	-	-	-
Offspring sex	-0.18	0.11	0.09	-	-	-	-	-	-
<i>Block 3 (Maternal adversity \times Offspring sex)</i>									
Childhood trauma \times sex	-0.2	0.35	0.57	-	-	-	-	-	-
<i>Block 1 (Covariates)</i>									
Maternal SES	-0.31	0.11	0.01	-0.24	0.12	0.04	-	-	-
Offspring age	-0.21	0.11	0.06	-0.17	0.11	0.15	-	-	-
<i>Block 2 (Main effects)</i>									
Maternal childhood sexual abuse	0.33	0.1	0.002	0.27	0.11	0.01	-	-	-
Offspring sex	-0.18	0.11	0.09	-0.24	0.11	0.03	-	-	-
<i>Block 3 (Maternal adversity \times Offspring sex)</i>									
Sexual abuse \times sex	-0.18	0.31	0.55	-0.72	0.32	0.03	-	-	-

Note. **Bold** indicates statistical significance.

Does offspring sex moderate associations between maternal adversity and offspring symptomatology?

We then examined whether the significant intergenerational associations between maternal adversity and offspring symptoms differed across male and female offspring. Results demonstrated a significant interaction between maternal childhood sexual abuse and offspring sex to predict offspring externalizing symptoms ($\beta = -0.72$, $p = 0.03$; Table 4). The interaction survived correction for multiple testing using the Benjamini-Hochberg procedure ($i = 3$, $m = 6$, $Q = 0.05$, $p < 0.035$). Upon further probing, results indicated that the significant association between maternal childhood sexual abuse and offspring externalizing symptoms was driven by male offspring, and there was no association for female offspring (Figure 1). No other moderating sex effects were found (Table 4).

Association of infant epigenetic aging and early childhood symptomatology

Next, we examined the main effects of offspring epigenetic aging on symptomatology. Although offspring epigenetic aging was initially correlated with offspring symptoms, regression results indicated that epigenetic aging was no longer significantly associated with internalizing, externalizing, or posttraumatic stress symptoms after adjusting for cell type proportions, maternal prenatal tobacco use, and other relevant covariates (Table 5).

Does infant epigenetic aging moderate associations between maternal adversity and offspring symptomatology?

Finally, we examined whether infant epigenetic aging moderated the significant associations between maternal adversity and

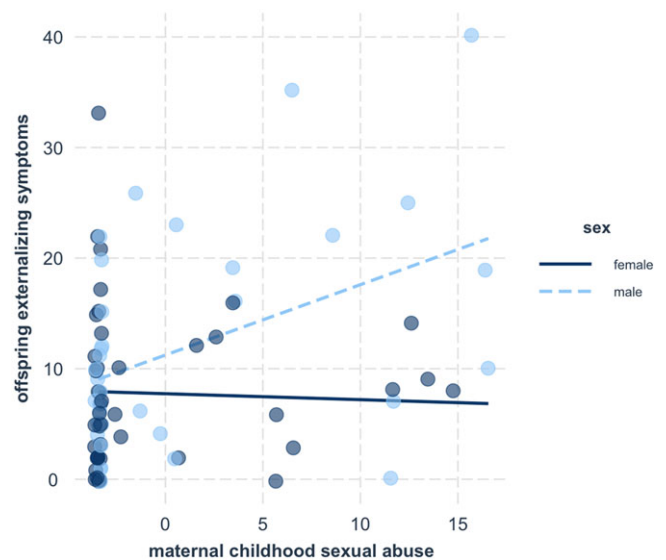


Figure 1. Male offspring demonstrated elevated externalizing symptoms in the context of maternal childhood sexual abuse, while female offspring did not.

offspring symptomatology (Table 6). Results indicated that epigenetic age acceleration attenuated the impact of maternal childhood sexual abuse on both offspring internalizing ($\beta = -0.31$, $p = 0.004$; Figure 2a) and externalizing ($\beta = -0.28$, $p = 0.01$; Figure 2b) symptoms. Both interactions survived correction for multiple testing using the Benjamini-Hochberg procedure ($i = 1$, $m = 6$, $Q = 0.05$, $p < 0.008$ for internalizing; $i = 2$, $m = 6$, $Q = 0.05$, $p < 0.02$ for externalizing). Post-hoc regions of significance tests

Table 5. Main effect of offspring epigenetic aging on offspring symptomatology

	Internalizing symptoms			Externalizing symptoms			Posttraumatic stress symptoms		
	β	SE	<i>p</i> -value	β	SE	<i>p</i> -value	β	SE	<i>p</i> -value
<i>Block 1 (Covariates)</i>									
Maternal SES	-0.26	0.11	0.03	-0.22	0.11	0.048	-0.21	0.12	0.09
Offspring sex	-0.18	0.11	0.11	-0.27	0.11	0.01	-0.1	0.11	0.36
Offspring age	-0.14	0.13	0.28	-0.19	0.12	0.13	-0.09	0.13	0.48
Pre/Post-COVID	-0.23	0.13	0.07	-0.07	0.12	0.59	-0.15	0.13	0.25
Maternal prenatal tobacco use	-0.02	0.11	0.87	0.17	0.1	0.12	0.17	0.11	0.14
CD4+ T cells	-0.17	0.38	0.66	-0.26	0.37	0.48	-0.23	0.39	0.56
Natural killer cells	0.2	0.12	0.09	0.24	0.11	0.04	0.19	0.12	0.12
B cells	-0.24	0.21	0.25	-0.42	0.2	0.04	-0.25	0.21	0.25
Monocytes	-0.07	0.13	0.61	-0.14	0.12	0.25	-0.1	0.13	0.48
Neutrophils	-0.48	0.51	0.35	-0.79	0.49	0.12	-0.67	0.53	0.21
Biosample source	-0.09	0.27	0.73	-0.28	0.26	0.29	-0.27	0.28	0.33
<i>Block 2 (Offspring EAA)</i>									
Epigenetic aging	-0.05	0.14	0.74	-0.12	0.13	0.37	-0.09	0.14	0.56

Note. **Bold** indicates statistical significance.

indicated that at high levels of maternal childhood sexual abuse (i.e., scores greater than 5.85 for internalizing symptoms and 5.93 for externalizing symptoms), offspring symptoms were significantly attenuated in offspring with epigenetic age acceleration. No other moderating effects of infant epigenetic aging were found.

Discussion

In the present study, we explored the intergenerational associations of different types of maternal childhood adversity with offspring behavioral outcomes and whether infant epigenetic aging might buffer these associations. We found that maternal experiences of childhood trauma were significantly associated with symptoms of psychopathology in her offspring, with particularly pronounced effects of sexual abuse on offspring symptoms. However, the intergenerational associations between maternal sexual abuse and offspring outcomes were attenuated in offspring with accelerated epigenetic aging at birth. These findings extend prior research demonstrating the differential impacts of childhood maltreatment subtypes not only on an individual's risk for developing psychopathology but also extending into future generations. Further, it provides novel preliminary evidence that epigenetic mechanisms may play an important role in moderating the association between intergenerational stress and early developmental outcomes.

Across both internalizing and externalizing symptoms, the associations between maternal sexual abuse and offspring symptomatology were significant for offspring with lower epigenetic aging at birth but were attenuated in offspring with accelerated epigenetic aging. While this was the first study to explore the moderating effect of epigenetic aging in the context of intergenerational trauma, these findings are consistent with theoretical and empirical evidence from intra-generational studies that epigenetic differences associated with psychopathology-related mechanisms (e.g., neuroendocrine reactivity) moderate the relationship between early life stress and psychopathology (Al Jowf et al., 2021; Conradt et al., 2013; Conradt, 2017; Smearman

et al., 2016; Smeeth et al., 2021). Prior studies suggest that epigenetic aging may reflect differences in neuroendocrine and inflammatory processes that in turn confer greater susceptibility to environmental stressors (Lu et al., 2019; Wolf et al., 2021). For example, epigenetic aging has been associated with methylation differences in the stress-regulatory gene *FKBP5* (Beach et al., 2022) as well as differential expression of inflammation genes (Wolf et al., 2021). Given that neuroendocrine and inflammatory pathways have been shown to mediate the intra-generational relationship between childhood maltreatment (including childhood sexual abuse; Nunes et al., 2010) and the development of depression and other psychopathology (McCrorry et al., 2012), it follows that differential expression of genes implicated in these pathways might influence an individual's susceptibility to maltreatment.

Importantly, similar mechanisms have been posited to mediate the *intergenerational* link between maternal maltreatment and offspring psychopathology. Evidence stemming from the fetal programming hypothesis has demonstrated that maternal experiences of adversity can cause alterations to her physiological stress response that then influence the development of her offspring's stress response during fetal development (Babenko et al., 2015; Buss et al., 2017). In turn, offspring of women who experienced maltreatment tend to demonstrate differences in fear and neuroendocrine systems that influence stress sensitivity and risk for psychopathology (Brand et al., 2010; Hendrix et al., 2020). Given these effects, it is possible that methylation differences that are reflected by infant epigenetic age acceleration may also be acting on neuroendocrine and inflammation mechanisms to buffer the impact of maternal maltreatment on the development of offspring psychopathology. However, these mechanisms are still poorly understood and future research is needed to better understand the physiological processes that relate to infant epigenetic aging and how those processes play a role in the intergenerational transmission of maltreatment.

Our findings corroborate prior evidence that maternal childhood trauma is associated with greater offspring symptomatology (Bush et al., 2023) and additionally suggest that different maltreatment

Table 6. Interaction of maternal childhood trauma (top) and maternal childhood sexual abuse (bottom) with offspring epigenetic aging to predict offspring symptomatology

	Initializing symptoms			Externalizing symptoms			Posttraumatic stress symptoms		
	β	SE	<i>p</i> -value	β	SE	<i>p</i> -value	β	SE	<i>p</i> -value
<i>Block 1 (Covariates)</i>									
Maternal SES	-0.26	0.11	0.03	-	-	-	-	-	-
Offspring sex	-0.18	0.11	0.11	-	-	-	-	-	-
Offspring age	-0.14	0.13	0.28	-	-	-	-	-	-
Pre/Post-COVID	-0.23	0.13	0.07	-	-	-	-	-	-
Maternal prenatal tobacco use	-0.02	0.11	0.87	-	-	-	-	-	-
CD4+ T cells	-0.17	0.38	0.66	-	-	-	-	-	-
Natural killer cells	0.2	0.12	0.09	-	-	-	-	-	-
B cells	-0.24	0.21	0.25	-	-	-	-	-	-
Monocytes	-0.07	0.13	0.61	-	-	-	-	-	-
Neutrophils	-0.48	0.51	0.35	-	-	-	-	-	-
Biosample source	-0.09	0.27	0.73	-	-	-	-	-	-
<i>Block 2 (Main effects)</i>									
Maternal childhood trauma	0.28	0.11	0.02	-	-	-	-	-	-
Offspring EAA	-0.05	0.13	0.72	-	-	-	-	-	-
<i>Block 3 (Maternal Adversity × Offspring sex)</i>									
Childhood trauma × EAA	-0.2	0.11	0.12	-	-	-	-	-	-
<i>Block 1 (Covariates)</i>									
Maternal SES	-0.26	0.11	0.03	-0.22	0.11	0.048	-	-	-
Offspring sex	-0.18	0.11	0.11	-0.27	0.11	0.01	-	-	-
Offspring age	-0.14	0.13	0.28	-0.19	0.12	0.13	-	-	-
Pre/Post-COVID	-0.23	0.13	0.07	-0.07	0.12	0.59	-	-	-
Maternal prenatal tobacco use	-0.02	0.11	0.87	0.17	0.1	0.12	-	-	-
CD4+ T cells	-0.17	0.38	0.66	-0.26	0.37	0.48	-	-	-
Natural killer cells	0.2	0.12	0.09	0.24	0.11	0.04	-	-	-
B cells	-0.24	0.21	0.25	-0.42	0.2	0.04	-	-	-
Monocytes	-0.07	0.13	0.61	-0.14	0.12	0.25	-	-	-
Neutrophils	-0.48	0.51	0.35	-0.79	0.49	0.12	-	-	-
Biosample source	-0.09	0.27	0.73	-0.28	0.26	0.29	-	-	-
<i>Block 2 (Main effects)</i>									
Maternal childhood sexual abuse	0.31	0.11	0.005	0.23	0.11	0.04	-	-	-
Offspring EAA	-0.21	0.13	0.87	-0.1	0.13	0.43	-	-	-
<i>Block 3 (Maternal Adversity × Offspring sex)</i>									
Sexual abuse × EAA	-0.31	0.1	0.004	-0.28	0.11	0.01	-	-	-

types confer differential risk for offspring psychopathology. The present study is the first to our knowledge that examines subtype differences in the association between maternal childhood maltreatment and offspring psychopathology, and it adds to the growing evidence that examining subtypes of childhood maltreatment is important for understanding long-term outcomes. Specifically, we found maternal experiences of childhood sexual abuse were associated with offspring internalizing and externalizing symptoms. Experiences of emotional abuse demonstrated a similar (albeit,

nonsignificant) trend, while experiences of physical abuse were not associated with any offspring outcomes. These results are consistent with evidence from intra-generational studies, which have found that sexual abuse may account for unique variation in adverse psychological and behavioral outcomes. For example, a systematic review of neuroimaging studies found that while some structural and connectivity differences are shared across all types of childhood maltreatment, sexual maltreatment confers unique risk for structural changes to reward circuitry (Cassier et al., 2018). These

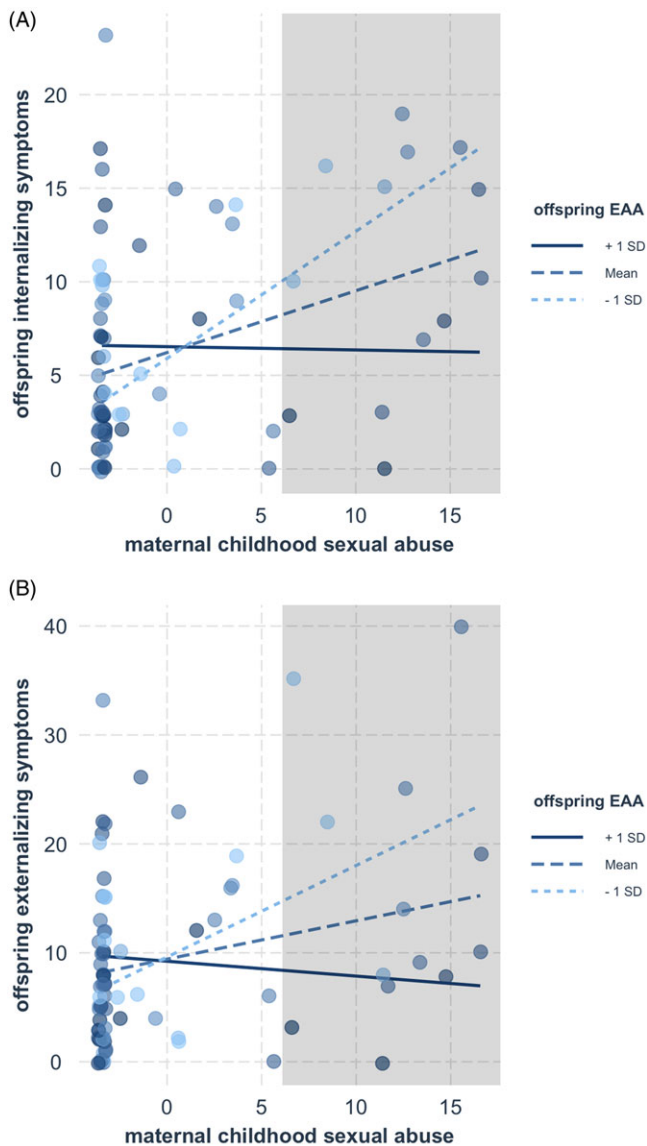


Figure 2. The associations between maternal childhood sexual abuse and offspring internalizing (A) and externalizing (B) symptoms were attenuated in offspring with accelerated epigenetic aging. The shaded regions indicate where the associations between maternal abuse and offspring symptoms significantly differed according to offspring epigenetic aging.

findings are interesting given the well-established role of reward circuits in the development of depression and other trauma-related psychopathology (Nestler & Carlezon, 2006). Similarly, Cassier *et al.* (2018) found that emotional abuse was uniquely associated with structural changes to fronto-limbic socioemotional networks, which have also been associated with the development of depression and other psychopathology (Du *et al.*, 2017). As such, it is possible that similar mechanisms could underlie the positive trend between maternal emotional abuse and offspring symptoms, particularly considering recent evidence that maternal childhood emotional (but not physical) neglect is associated with fronto-limbic connectivity in newborn offspring (Hendrix *et al.*, 2020). While it is important not to overinterpret these novel findings, together this evidence suggests that future research may benefit from examining the effects of maternal maltreatment subtypes on offspring neural circuitry.

It is also possible that experiences of maternal sexual (and potentially emotional) abuse confer offspring risk for psychopathology through the same mechanisms as other forms of maternal stress, but demonstrate a stronger association because they elicit a more chronic or severe stress response. For example, evidence from a recent review indicated that childhood sexual abuse confers the most unique risk (i.e., over and above the influence of other childhood adversities) for disorders characterized by HPA-axis dysregulation (Noll, 2022). As such, it is possible that mothers who experience sexual abuse during childhood develop more significant alterations to their HPA-axis that then disproportionately influence the fetal programming of their offspring's stress response. Additionally, studies have shown that emotional abuse is associated with more chronic activation of the stress response compared to physical abuse (Kuhlman *et al.*, 2015). In turn, it is possible that mothers who experience emotional abuse during childhood demonstrate more sustained changes to their HPA-axis that are then transferred to their offspring during pregnancy (Babenko *et al.*, 2015; Buss *et al.*, 2017). While these interpretations are speculative, our findings highlight the importance of better understanding how different forms of childhood maltreatment may also differentially influence the physiological (e.g., neuroendocrine) systems that contribute to intergenerational risk.

Finally, we found a moderating effect of sex such that male – but not female – offspring demonstrated elevated externalizing symptoms following maternal experiences of sexual abuse. It is possible that these sex differences are related to the higher prevalence of externalizing disorders among males (Leadbeater *et al.*, 1999), as we found a significant association between offspring sex and offspring externalizing symptoms such that males demonstrated greater symptoms. However, given that no other sex moderation effects were identified and a recent study in a larger sample ($n = 1,948$) found no sex differences in the intergenerational relationship between maternal childhood trauma and offspring behavioral outcomes (Bush *et al.*, 2023), this finding may have been a statistical artifact and requires replication.

Strengths and limitations

A notable strength of the current study is our focus on Black American women and children, which is important for several reasons. First, given that Black Americans are disproportionately exposed to and impacted by childhood trauma and adversity (Mersky & Janczewski, 2018; Roberts *et al.*, 2011), concentrating on Black women's and children's experiences increases the relative impact and practical utility of our findings. Second, given that Black Americans experience unique factors that influence risk and resilience to trauma, it is important to specifically examine intergenerational trauma among Black Americans rather than assuming that prior findings from predominantly White samples generalize to all individuals. Indeed, a recent multi-cohort study examining the impact of maternal childhood adversity on offspring symptoms of psychopathology found that intergenerational associations were similar across individuals of different racial, ethnic, socioeconomic, and regional backgrounds (Bush *et al.*, 2023), but the effect sizes were smaller for the cohort that was primarily comprised of Black women and children from the southeastern United States. The authors posited that these differences may be due to the presence of other adversities (e.g., racial stressors and neighborhood crime) that outweigh the impact of the measured stressors (Bush *et al.*, 2023). In the context of our study, this may explain why ACEs were not significantly associated

with offspring outcomes despite evidence from predominantly White samples that ACEs demonstrate an intergenerational impact (Cooke et al., 2021; Zhang et al., 2022). Alternatively, these lower intergenerational effects may be due to unmeasured protective factors within the Black community such as family and community support (Bush et al., 2023). While our study provides evidence that early epigenetic processes may serve as a protective factor, many other biological and psychosocial factors also contribute to resilience. Together, this evidence emphasizes the importance of continuing to increase representation of Black Americans in the realms of developmental, biological, and psychological research to better understand individual differences in risk and resilience.

Our findings must also be considered in light of several limitations. Most importantly, although power analyses indicated a sufficient sample size to detect medium effects, our sample size was limited, and we were underpowered to detect small effects. Given that we would expect small effect sizes for tests of moderation, it is possible that we did not capture significant relationships of smaller magnitudes. Moreover, the significant interaction effects that we did identify should be considered preliminary and require replication. In addition, while a strength of our study was its prospective design which provides some directionality for the relationship between maternal childhood trauma, infant epigenetic aging, and offspring outcomes, we cannot establish causality from the present study. Our study was also limited to using peripheral tissue (i.e., blood) to assess DNA methylation. Although there is evidence that methylation in peripheral tissue is reflective of systemic changes to inflammation and may be comparable to methylation of brain tissue (Braun et al., 2019; Smeeth et al., 2021; Smith et al., 2014), it may not accurately reflect DNA methylation within the central nervous system. Finally, we were not able to assess how the timing or severity of maternal childhood traumatic experiences may influence offspring psychopathology, and we relied solely on maternal report to assess childhood adversity and offspring symptomatology. Although the CTQ and CBCL are well-validated measures that have been shown to align with corroborating reports and behavioral observations, some studies have suggested that mothers' mental health can bias maternal reports (e.g., Kohen et al., 1997), albeit to a minimal degree (Olin et al., 2021). Given prior evidence that maternal psychopathology is one mechanism by which maternal childhood maltreatment confers risk for offspring outcomes, controlling for maternal mental health posed the risk of masking the effects we aimed to examine. As such, future research would benefit from including additional measures of offspring outcomes such as secondary reports, behavioral observations, or physiological measures (e.g., cortisol reactivity) to corroborate these findings. Moreover, it would be interesting for future longitudinal studies to examine whether and how infant epigenetic aging may moderate a more proximal relationship between maternal psychopathology and offspring symptomatology, particularly considering the bidirectional relationship between these factors (Bagner et al., 2013).

Conclusion

Experiences of childhood trauma confer intergenerational risk for psychopathology, and it is important to consider the type of maltreatment when assessing level of risk. Moreover, biological factors such as accelerated epigenetic aging may reduce a child's susceptibility to intergenerational trauma in early life. Better understanding the physiological processes that contribute to

“epigenetic resilience” against the prolonged outcomes associated with childhood trauma has the potential to deepen our understanding of developmental psychopathology and develop biologically informed intervention and prevention efforts.

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Competing interests. The authors declare none.

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