

## COLLABORATIVE TRAINEE-LED RESEARCH IN PSYCHIATRY IN EUROPE

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**Introduction:** Research is one of the most appealing fields for trainees in psychiatry and is an essential competency within curricula. Skills gained through research impact on clinical care and can be developed throughout the training of young psychiatrists. Since mobility is growing at different levels within psychiatry, giving rise to new challenges while requiring the *exchange of visions* and *know-how*, international collaborative research becomes crucial and should be promoted since the training.

**Objectives:** To share the experience of joint work and collaborative research done through joining professional associations, such as the European Federation of Psychiatric Trainees (EFPT) that provide opportunities for participating in research activities and establishing networks with others.

**Aims:** The interest for academic background and investigational activities are essential in psychiatry, being therefore crucial to share and promote discussion on the international research projects done in an international meeting point like this.

**Methods:** Assess the research projects done through time by the EFPT research group with special focus on the most recent ones.

**Results:** Since 2008 the EFPT started a research group with the aim of facilitating trainee-led collaborative studies. Over the years, several international research projects on training-related areas have been conducted and published in international peer-reviewed journals.

**Conclusions:** The research projects done will be briefly presented, showing that trainees can have the possibility to participate in all the phases of the projects as national coordinators and share with other colleagues their research competencies, having the possibility at times to rely on supervision by internationally renowned experts.