

P01-309 - **THE LIFE QUALITY OF THE RECEIVERS A YEAR AFTER RENAL TRANSPLANTATION**

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Objectives: End stage renal disease (ESRD) is a chronic disease that shortens the life span of individuals. Renal transplantation is accepted as good choice in the treatment of patients with ESRD. Many physical, psychological and social problems have been observed for many years in receivers after renal transplantation. The problems encountered after renal transplantation may adversely affect the life quality of the individuals. This study is carried out to define the life quality of the receivers after a year of renal transplantation.

Methods: 54 patients that were followed in a transplantation centre of a university hospital between January 2007 and January 2009 were included into the study. The data is obtained through personal data forms and SF-36 life quality scale.

Results: It was defined meaningful negative relation between the age and life quality of the receivers was found ($p < 0.00$), as the age increases the life quality of the receivers decreased, the life quality of women receivers and the ones living in large families was found to be lower.

Conclusions: The life quality of the receivers after a year of transplantation was good in low level. It is necessary that the receivers be cared with holistic approach and supported them to have quality life considering life quality of the individuals.

Keywords: End stage renal disease, renal transplantation, quality of life, consultation liaison psychiatry, nursing.