

M. Maurizio¹, B. Romina¹

¹Psicoanalisi, Centro di Psicoanalisi LiberaParola, Modena, Italy

The anguish has moved from being a state of mind to be a curable disease using anxiolytics. Due to the economic crisis, anguish is become the affection that now permeates the social ties under different levels. The sense of insecurity, job loss and the disintegration of the community are behind this increase of anguish. The anguished subject (sleepless, with tachycardia, and with conversion disturbs) asks for help to the psychiatrist who does not have time to listen to his trauma. With the diagnosis of 'panic attack' freezes the anguish. It is the drop of therapeutic dialogue to increase the use of drugs for anxiety without the use of the words: under this respect, pharmacology creates a barrier that keeps the individual pain unexpressed. The patient has in his hands the diagnosis of *panic* and due to this he enters in condition of illness socially accepted and he ties his life to the use of drugs. As consequence of an abuse of diagnosis, lot of associations arise in the clinical context, which the promise of a ransom from social isolation. This causes an abuse of this label , because the doors are also open to patients with different psychiatric diseases who, in order to escape loneliness , finds moments of panic in his life. Both the medical field and the associative one are urgently call to give to the therapeutic dialogue .This concept will be accompanied by several clinical examples.