

come their anxiety over becoming involved and behaving humanly, and especially in feeling free to use their anger constructively as a source of control. If it is of any comfort to Mr. Cochrane, I remember only too well the anxiety and uncertainty I felt when I began to break away from the traditional pattern of detached neutrality and attempted to reconcile the contradiction of 'being myself' within a disciplined, professional relationship.

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THE FEMALE ORGASM

DEAR SIR,

In the October number of the *Journal* there was an unfavourable review of Seymour Fisher's book *The*

Female Orgasm. It is only fair to inform readers that Fisher has written his own condensed version of the larger study, only 255 pages long, entitled *Understanding the Female Orgasm* (Bantam Books, 1973, \$1.95). This is most readable. It contains a summary of the myths and facts about orgasm (p. 40); a discussion on the negative findings and correlations in this study (p. 66); a description of fantasies during intercourse (p. 142); comments on the possible advantages of not obtaining orgasm (p. 224); and many other illuminating passages.

I hope therefore that psychotherapists, taking heed of your reviewer's warnings, will read the smaller book rather than the large one. But they should not remain ignorant of this important work.

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