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Topic: 40 - Bipolar Disorders

MANIC EPISODE FOR CONSUMPTION OF ENERGY DRINKS

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Introduction and objectives: Description of a manic episode with psychotic symptoms in a patient by consumption of energy drinks.

Aims and methods: Literature review of the relationship between energy drink consumption and the possibility of suffering a manic episode and description of a clinical case.

Case: This case report describes a patient with no history of psychiatric interest suffers a manic episode with psychotic symptoms after consuming high amounts of energy drinks.

Results and conclusions: To my knowledge, this is one of the few cases that describe a manic episode in relation to the consumption of energy drinks, given this possibility, clinicians should consider asking about the consumption of energy drinks to young people without previous psychiatric history presenting a manic episode.