



obituaries



David Stafford-Clark

Formerly Director of the York Clinic at Guy's

David Stafford-Clark, who died aged 83, was in his day, one of the foremost psychiatrists in the country. He was Physician-in-Charge of the Department of Psychological Medicine and Director of the York Clinic at Guy's, as well as Consultant at the Institute of Psychiatry, University of London. But this summary sells him short: David brought to psychiatry a lively intelligence, humour, a lack of pomposity, but above all, an exemplary compassion and concern for the individual. His contribution to clinical psychiatry contrasted with the therapeutic inertia and detachment that pervaded psychiatry at the time. He was also a gifted teacher. His clinical lectures at Guy's were always packed to the doors by students who regarded most lectures as risible.

He qualified in medicine in 1939 at Guy's. He had been advised to study medicine there by the family doctor, after leaving Felsted – and that was that. He remained loyal to Guy's for life.

During the war he served as a doctor in the RAF, attaining the rank of Squadron Leader. His wartime career included being one of the last members of the British Expeditionary Force to leave France, in a collier, one jump ahead of the Wehrmacht. He returned to Bomber Command, where his work on morale in air crews stimulated an interest in psychiatry which had started in his student days, when he was appalled by seeing mental hospital patients paraded in front of medical students like freaks in a circus in the name of 'teaching'. In addition, he became a medical parachutist. He volunteered and flew as a doctor, was mentioned twice in dispatches, and inhaled poison gases at Porton Down. The legacy from this was asthma, from which he suffered for the rest of his life, culminating in a near fatal

attack which led to early retirement on health grounds, at the summit of his career.

He had returned to Guy's after the war, and later started his postgraduate training in psychiatry at the Institute of Psychiatry, where he caught the eye of Sir Aubrey Lewis. After a spell as a teaching Fellow at Harvard and the Massachusetts General Hospital, he returned to the Maudsley as Chief Assistant to the Professorial Unit. During this period he carried out electro-encephalogram studies on alleged murderers on remand; work which highlighted the unrecognised incidence of psychiatric disorder and epilepsy in those potentially facing the death sentence by hanging. A career in forensic psychiatry was aborted by his becoming the Director of the York Clinic at Guy's. Sir Aubrey Lewis had long since spotted that David was a populist, and he recommended him to Sir Allen Lane of Penguin, as being someone best qualified to write *Psychiatry Today*, the highly successful book which was translated into 12 languages.

David's ability to communicate and clarify the supposed arcana of psychiatry was masterly, and he inspired enthusiasm for the speciality among students and doctors deterred by its obscure terminology and vagueness. His interest and influence were founded on simple clinical principles. For David, psychiatry was a speciality never to be divorced from medicine. It should be practised in the general hospital away from the isolation of the mental hospital: when psychiatry left medicine, it ceased to be psychiatry. Proper history-taking and examination and assessment of the person's mental status were summarised in a clinical formulation aimed at dealing with and relieving the patient's distress. David encouraged students to develop a proper concern for the relief of human suffering. These concerns took precedence over lofty generalisation and speculation about the relevance of social and obscure psychological factors. Regard for, and empathy with, the individual and their problem and how that person is feeling, was, for David, where psychiatry must start and end. He was against the prevailing teaching hospital ethos of tweedy philistinism in which psychiatry was regarded with poorly disguised contempt. David did much to dispel this in a positive fashion, by encouraging the practice of a medically-based discipline founded on compassionate understanding and respect for the patient. His ability to communicate this philosophy of medicine and psychiatry found expression in radio and television, in particular in the television series *Lifeline*, which ran from 1957

to 1963. It was a pioneering endeavour in the communication of the problems of psychiatric and allied disorders, and set an example at a time when public presentations were regarded as revolutionary, if not dangerous, by the more conservative members of the profession. The ensuing popular appeal incurred him ill-feeling and envy among certain members of the medical establishment. But David could handle criticisms of his public appearances, his exuberant personality, and his espousal of controversial causes. David's concerns spread into areas which counted for little among those anti-intellectual colleagues who found some of his opinions not to their liking. He had better things to do than worry over such trivia. He was always fun to be with.

In the York Clinic, he promoted an atmosphere in which everyone felt enthusiastic; a feeling that spread throughout the staff, producing a community atmosphere that will be long remembered. He leaves a widow, Dorothy, whom he married in 1941, a daughter and three sons, one, Max, the renowned theatre director.

James Willis

Henry Walker Brosin

Formerly Professor University of Arizona College of Medicine, USA

Dr Brosin, a Tucson resident since 1969 and Professor of Psychiatry at the University of Arizona Medical School for 24 years, died on 3 July 1999, three days short of his 95th birthday. Dr Brosin was born in Blackwood, Virginia, the son of German immigrants. He received his AB from the University of Wisconsin in Madison in 1927, and his MD from the same university in 1933. He did his residency training in Psychiatry at the University of Colorado from 1934 to 1937 with other illustrious psychiatrists including John Romano and Jack Ewalt. Dr Brosin trained as a psychoanalyst at the Chicago Institute from 1937 to 1941. He served as a colonel in the US Army during the Second World War, and was decorated with the Legion of Merit.

Dr Brosin was a member of the Faculty of the University of Chicago from 1937 until 1946 as a professor and from 1946 until 1950 as Chairman of the Department of Psychiatry. In 1950, he joined the University of Pittsburgh as Chairman of the Department of Psychiatry and Director of the Western Psychiatric



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Institute and Clinics and served in these capacities until his first, official retirement in 1969.

After moving to Tucson, Dr Brosin joined the faculty of the Department of Psychiatry at the University of Arizona College of Medicine. He taught medical students and residents until his retirement in 1994, at the age of 90.

Dr Brosin was known internationally for his contributions to psychiatry in general and to psychoanalysis in particular. He published numerous scientific articles in academic journals, focusing on a wide

variety of topics ranging from eating disorders to organic cerebral diseases. His main interest was in individual psychotherapy, psychosomatics and physicians/psychiatrists education. His influence over innumerable psychiatrists who studied under him is legendary. He was a teacher and a mentor *par excellence*. He was a voracious reader and possessed a library of over 5000 volumes.

Dr Brosin received wide acclaim from his colleagues as attested to by his numerous awards. He was elected President of such

prestigious organisations as the American Psychiatric Association, the Group for Advancement of Psychiatry and the American College of Psychiatrists.

He was elected to the honorary fellowship of the Royal College of Psychiatrists in the UK.

He will be missed by his family and students and colleagues worldwide as a great guiding influence, a clear thinker, a gifted healer and a humble but powerful student of human behaviour.

Jose Santiago

miscellany

The Retired Psychiatrists Group of the Scottish Division of the Royal College of Psychiatrists

The Retired Psychiatrists Group of the College's Scottish Division has been in existence for over 16 months and has held a series of successful and enjoyable meetings. Retirement means different things to different people, with some taking up new interests and activities and some remaining active in psychiatry. However, most people like to keep in touch with former colleagues, compare notes about their lives and enjoy their company. The Retired Psychiatrists Group seeks to meet this need. Meetings have been held in Glasgow, Edinburgh and Perth and most speakers so far have been members of the group who have a remarkable range of interests and knowledge. The Group aims to include a wide variety of topics in their programme, but will leave the more technical aspects of psychiatry to the main College meetings. Possible future activities include visits to sites of historical interest, hill-walking and golf. A total of 42 Scottish psychiatrists joined the group in the first year. For further details, please contact Karen Addie, Royal College of Psychiatrists, 9 Queen Street, Edinburgh EH2 1JQ (telephone: 0131 220 2910).

Flexible Working/Job-Sharing National Register

The Women in Psychiatry Special Interest Group have set up a national register which hopes to fulfil the following functions: document the number of psychiatrists in training who are currently working flexibly or in a job-share; document the number of consultants who are currently working flexibly or in a job-

share; and identify psychiatrists who may be interested in job-sharing or in splitting posts into flexible jobs who can be matched on a database with psychiatrists who are interested in the same speciality and a post in the same area.

In order to achieve the above, the group would be grateful if anyone considering flexible training, even if they are not considering a job-share or part-time work at present, registered on the database so that the information provided by the group can be up to date and accurate. Following registration, changes must be communicated so that the information is kept up to date. The database is confidential and only the names of those who have expressed an interest in job-shares to potential matches who are also on the database will be circulated. Those who request information from the database will be expected to provide feedback on the outcome of their approaching potential matches. It is hoped that the database will provide information on areas where it is easier to work part-time or to share a job, and also to demonstrate inequalities across the country, thus providing valuable information about how to address potential imbalances. To register on the database, please contact Dr Moira Livingston, Database Coordinator, Women in Psychiatry Special Interest Group, Ash Court, North Tyneside General Hospital, Rake Lane, North Shields, Tyne & Wear NE29 8NH (telephone/fax: 0191 293 2749).

Psychiatrist for the Mbarara University of Science and Technology, Uganda

The Department of Psychiatry of the Mbarara University of Science and Technology is looking for a psychiatrist to head the department, train medical students and coordinate and supervise

the mental health team and activities. Mbarara is a small University with a Faculty of Medicine, Science Education and Development Studies. The medical curriculum emphasises community oriented learning to train doctors suitable to work in rural Africa. Resources in terms of personnel, equipment and drugs are often limited. The Department of Psychiatry, with a small multi-disciplinary team, runs an in-patient unit of 20 beds, extensive out-patient services and training programmes for medical students. The mental health programme, which has been supported by Oxfam, includes the following: training and supervision of health care workers in the district and neighbouring districts since 1991; assisting traumatised, displaced people and refugees in various areas, through various interventions; collaborating with traditional healers and the counsellors training programme. For further details of this vacancy, please contact Professor Eldryd Parry at The Tropical Health and Education Trust (THET), 24 Eversholt Street, London NW1 1AD (telephone: 0171 611 8705/6; fax: 0171 611 0683).

New publication

Butterworth-Heinemann are the publishers of *Psychotherapy in Practice: A Life in the Mind*, by Jennifer Stein and Samuel M. Stein. This collection of interviews provides valuable insights into the work and lives of a number of leading practitioners in psychotherapy. Various questions and problems, which practitioners often come across, but which tend to remain unresolved throughout their careers, form the subject of these enlightening and thought-provoking discussions. The book shows how these psychotherapists have approached different problems, how they worked through them with service users and their