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AUGMENTATION MAMMOPLASTY AND SEXUALITY

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The interest in breasts in our society can hardly escape the attention of even a casual observer. It has been found that women with larger breasts than the average were considered to be more physically attractive and have greater social outcomes.

Some women consider themselves less beautiful or feminine because of the lack of "ideal" size and shape. This feeling of inadequacy may lead to lowered levels of self-esteem and sexuality.

Although not extensively researched, psychologic factors have attributed to the dramatic increase in the number of performed breast augmentation procedures. As this number continues to rise it is important that healthcare providers comprehend the degree to which sexuality may affect their patients' outcomes.

This review is designed to provide an overview of the psychological and sexuality literature on cosmetic breast augmentation. It seems to exist a positive effect of breast augmentation surgery on woman's sexuality, as well in other psychological aspects. This relation needs to be explored further in future studies.